

Voters unseat two incumbents

Wilmington Housing Authority Chairman George Hooper and Selectmen John Imbimbo were both defeated in re-election attempts on Saturday.

Hooper lost by more than 1000 votes to former selectman Dan Gillis. Hooper and other housing authority members have been at odds with a group of citizens for nearly three years. The Concerned Citizens of Wilmington formed when the housing authority announced plans for housing units near Wilmington Plaza. Gillis has been a leader among the Concerned Citizens, and was supported by many people from that group. Now he will replace Hooper on the authority. A third candidate, Elmer Parker drew 271 votes.

Less resounding was the defeat of Selectman John Imbimbo. A veteran of two terms, he was the "odd man out" in a three-way race for two seats. Incumbent Dan Ballou topped the selectmen's ticket with 2022 votes, followed by challenger Robert Doucette with 1817. Imbimbo received 1373 votes.

A close school committee race was decided by a margin of 43 votes, with incumbent John

Brooks the victor with 1572 votes. Former fincom chairman Mary Deslinger received 1529 votes. Anthony Accardi, Jr., was victorious in his second attempt for school committee, receiving 1780. The contest, like that for selectmen, was a three-way race for two seats.

Three other positions were uncontested. Moderator Michael Caira topped the ballot with 2295 votes. Lawrence Juergens became the youngest official ever elected in Wilmington with his election to the Shawsheen Tech school committee. Juergens turned 19 less than a month ago.

Also re-elected was Sidney R. Kaizer of the Wilmington Redevelopment Authority.

Voters approved three referenda, all non-binding. Asked if they desired a field house to be built at the high school, 1440 replied yes, 1236 no.

The question of whether the age of eligibility for housing for the elderly should be lowered also passed, 1800 votes to 1049. The question has twice failed to pass in town meeting.

Self-service gas stations also received voter approval, 1529 to 1385.

The vote

Selectman			
Daniel H. Ballou, Jr. *			2022
Robert Doucette *			1817
A. John Imbimbo			1373
School Committee			
Anthony Accardi, Jr. *			1780
John Brooks *			1572
Mary Deslinger			1529
Moderator			
Michael Caira *			2295
Housing Authority			
A. Daniel Gillis *			1850
George W. Hooper			775
Elmer Parker			271
Regional Tech School Committee			
Lawrence M. Juergens *			2118
Redevelopment Authority			
Sidney R. Kaizer *			2144
Non-binding referenda			
1. Field house	Yes	No	
	1440	1236	
2. Age 62 housing			1800 1049
3. Self-serv. gas			1529 1385
* Elected			
Total vote 3049; 31.8%			



Taking the oath The finishing touch for the local election is the swearing-in of the new officials by Town Clerk Patty Lynch. From left, Lawrence Juergens, Sid Kaizer, Dan Gillis, Anthony Accardi, Dan Ballou, Robert Doucette and Michael Caira.

Compugraphic picks an Apple

Wilmington's Compugraphic Corporation has reported it will order at least \$20,000,000 of Lisa computers from the Apple Computer System. Lisa is the new personal computer developed by Apple.

Compugraphic will be using the Lisa with special software,

to operate Compugraphic typesetters and Agfa-Gevaert electronic printers. Agfa-Gevaert of Belgium owns about 70 percent of Compugraphic, and is developing an electronic printer to produce office documents.

The \$20,000,000 order will be under a volume discount system.

The new Lisa is \$10,000 computer which relies on a hand held device called a mouse, to enter commands normally transmitted by a keyboard. Along with producing type, the Lisa - Compugraphic system will be able to be used for text editing, electronic filing, financial analysis, communications and other applications.

Compugraphic expects to be selling the new Lisa-based systems in the US by the end of the year, and will split sales in Europe with Agfa-Gevaert. The price has not been set.

The story has appeared in several national publications, including the Wall Street Journal.

Only one bidder on Jewel Drive lot

A three acre lot, zoned industrially on Jewel Drive, had only one bidder on April 19 at the Wilmington Redevelopment Authority (WRA) meeting. Bids had been asked for several weeks ago.

Altron, Inc. bid \$30,000 for the land, which has some wet portions, but which faces on Jewel Drive. The bid was submitted by Altron president Sam Altshuler.

Altshuler told the WRA that the firm at this time has about 11

acres of land, some facing on Jewel Drive, and some facing on Main Street. The building, with about 350 employees, occupies about 65,000 square feet.

He plans to expand the present building, in a five year period of time. The new building will occupy another 90,000 square feet, and will have another 350 employees, he said.

TOWN OF WILMINGTON KINDERGARTEN REGISTRATION

If you haven't registered your child for next year's kindergarten classes please register him or her during the week of April 25-29, 1983.

Any child who reaches age five on or before August 31, 1983 should be registered at either the Woburn Street or Shawsheen Schools between the hours of 9 a.m. and 3 p.m.

A birth certificate must be presented at the time of registration.

Wilmington School Committee

A20

TOWN OF WILMINGTON FINANCE COMMITTEE PUBLIC HEARING

The Wilmington Finance Committee will hold a public hearing on May 3, 1983 at 7:30 p.m. in the Wilmington Memorial Library Conference Room on the warrant articles for the Special Town Meeting to be held May 16, 1983.

James C. Carroll, Chairman
Wilmington Finance Committee

A20

THANK YOU

My sincere thanks goes to my workers, supporters, and to the people of Wilmington who have, by their vote given me the chance to work for them and for the best interest of the town.

Bob Doucette



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TOWN OF WILMINGTON



ANNUAL TOWN MEETING

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1:30 p.m.
High School Gymnasium
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Full Cut of Rib
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thank the 3,049 people
who took the time to get
out and vote.

Larry Juergens
Reg. School Committee

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Plus a Free Glass
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24 Hour Deliveries
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coming events

Wed., Apr. 20: 7 p.m., at Wil. Legion, Hall, Memorial Day committee meets. All interested invited.

Wed., Apr. 20: 7:30 p.m., Friends of Harnden Tavern meet at the Tavern.

Thurs., Apr. 21: 9:30 to 11 a.m. and 7:30 to 9 p.m., Rep. Miceli at Tewks. town hall.

Thurs., Apr. 21: 2:30 p.m., Patten Public Lib. movie day for children five to 12.

Thurs., Apr. 21: Wil. Council on Aging get-together at Villanova Hall.

Fri., Apr. 22: 10 a.m., at Patten Public Lib., Tewks. Register children for story hour, three to five-year-olds only; no phone registrations.

Fri., Apr. 22: 7 p.m., Double penny sale by St. Dorothy's Sodality at the Church Hall, Main St., Wil.

Sat., Apr. 23: 1:30 p.m. Wil. Annual Town Meeting, at W.H.S. gym.

Sat., Apr. 23: 6 to midnight, Charter and Past Presidents' Night, Tewks. Lions, Windsor Mills Restaurant, Dracut.

Sun., Apr. 24: 6:30 p.m., Concert of Christian Music at Tewks. First Baptist Church, Andover Street. Public invited. Apr. 25: 7:30 p.m., Watercolor demonstration by Tewks. Art Guild at Old Chapel, State Hosp. Call 658-3870.

Mon., Apr. 25: 7:30 to 9:30 p.m., Infertility program at Reg. Health Center.

Mon., Apr. 25 thru May 1: Shriners circus at Aleppo Temple, Fordham Rd., Wil. Shows 7 p.m. Mon., 10 a.m. and 7 p.m. Tues-Fri and 1:30 and 7 p.m. Sat. and Sun.

Tues., Apr. 26: 7 to 8:30 p.m. at Villanova Hall, Wil., Camp Fire recruitment night. Call 658-3391.

Wed., Apr. 27: Tewks. Rec. Bowling banquet for 11 a.m. bowlers at Elks Hall. Call 851-5390.

Thurs., Apr. 28: at Tewks. Elks Hall, Rec. Bowling banquet for Tuesday and Friday night bowlers.

Thurs., Apr. 28: 7:30 p.m., Wil. Community Schools annual meeting at First Baptist Church. Public welcome.

Thurs., Apr. 28: 8 p.m., Tewks. Rotary Scholarship fundraiser at ULowell Regional Theatre. Call 851-6511.

Fri., Apr. 29: Wil. Masons table lodge at Masonic Temple. Call 658-8470.

Sat., Apr. 30: 10 a.m. to 4 p.m., Oral cancer screening at Regional Health Center.

Sat., Apr. 30: Tewks. Methodist Church, "Artists and Models," two act comedy by Tewks. 4-H Photography Club.

Sat., Apr. 30: 8 p.m. at Chapel, Friends of Tewks. Hospital cabaret dance. Call Paul McAskill, Dennis DeDeo or Mary Jane Marcucci for information.

Sun., May 1: Deadline for applications for Quannapowitt Players scholarship. Contact Mary Riley, 55 Hopkins St., Reading.

Sun., May 1: 2 to 4 p.m., Art exhibit at Harnden Tavern will feature Andrea Peters, Wilmington resident.

Sun., May 1: 5:30 to 7 p.m., Cong. Ed Markey staff at Tewksbury Town Hall.

Thurs., May 5: 6:30 p.m., Center School, Tewks. I.G.E., ice cream party at the school cafe. Tickets by Apr. 25. Call 851-9562.

Sat., May 7: 10 a.m. to 4 p.m., Strawberry Festival at Our Lady of Nazareth Academy, Wakefield.

Sat., May 7: 12:30 to 3:30 p.m., Open House at Tewksbury Post Office. Public invited.

Tues., May 10: 7 p.m., Tewksbury Hosp. Practical Nurses Assoc meets in Hall 3 at the hospital.

The proposed drainage system for a seven lot subdivision off Fiske Street and near the Andover town line is apparently a stumbling block. Several residents of the area expressed their concerns over that drainage at a public hearing on the Pine Ridge Estates subdivision before the planning board on April 4.

Local Land Surveyor William Troy, who represented the subdivision owner, George Chongris of 349 North Main Street, Andover, at the hearing, explained the proposal and agreed to meet with the area residents to go over the proposed drainage system. He also agreed to provide the board with additional drainage calculations and asked for several waivers from the town's subdivision rules and regulations.

The land abutts the Andover town line on one side and Maplewood Avenue and Woodcrest Drive on the other. The entrance to the proposed subdivision is from Fiske Street.

A roadway of about 940 feet in length would end in a cul-de-sac, or turnaround that will have an island kept in a natural green state. The developer will need a waiver to allow the deadend street to be built to that length. Troy also asked for a waiver that will allow the roadway to be 28 feet wide instead of the 30 feet wide rule for a subdivision.

Troy also asked the board to waive a planning board requirement to build utility lines underground and to build sidewalks in the development.

The name of the proposed street, Samos Circle, will have to be changed because it is too similar to South Amos Street which is in South Tewksbury. Troy said he has submitted a number of other proposed names to the fire chief.

The area of drainage that comes under question is to the rear of the 11 acre site. Problems with drainage on Fiske Street also pose a problem for the developer.

It seems that a 12 inch drainage pipe along Fiske Street will be used to accept the runoff from half of the proposed roadway. The problem is that it seems the pipe will not handle the increased flow. Although Troy said that DPW Supt. Phil Pattison has given an initial okay to tie into the town operated drainage on Fiske Street, he has yet to give a final approval.

The pipe runs for some 300 feet down Fiske Street and Troy admitted that a double catch basin at the intersection of Fiske and the new road won't work. A representative from the town's consulting engineering firm of Gelin and Assoc. also said it seems unlikely that the double catch basin will work unless the town upgrades the system.

The Gelin and Assoc. also said that the developer will have to put a lot of clean fill on the rear three lots of the subdivision in order to allow the septic systems to work.

That fill will have to be added because of a high water table in the area. The fill will allow septic systems to be built. Currently the water table does not provide enough space to put in an underground septic tank. Septic tanks have to be several feet above the water table level.

Apparently the Fiske Street drainage needs work even if the subdivision is not to be built, Troy says. But board members objected to having the town pay to correct the piping to allow for the development.

Planner Wilfred Lambert was the most vocal on the subject. "I can't see the town footing the bill for improving the drainage for the subdivision, he said. He added that if someone is going to dump more water into the town system, then "somebody is going to have to come up with the bucks besides the town."

Troy said he would be willing to work on the problem with Pattison.

The other problem area involves a culvert under Wood-

crest Drive. The water feeding into that culvert comes from the rear of the proposed site and goes into a swale that passes over the land of Louis and Mary Annese, Daniel Sheehan and Donald and Dolores Sheehan. From there the water travels into a culvert under Woodcrest Drive and enters a drainage swale on Fiske Street. The water is finally dumped into Trull brook near the Mill Hill Flower Shop.

Residents had concerns over the proposal to direct the subdivision runoff into the swale that runs for 400 feet before hitting the Woodcrest Drive culvert. Troy shows on the subdivision plan an enlarged drainage easement to the rear of the lot that abutts the Annese and Sheehan properties. That enlarged easement entails the entire natural swale.

Another wet area, to the rear of a lot that abutts the Andover town line, is also shown on the plan.

The water from that wetland runs into the swale to the rear of the lot abutting Annese and Sheehan. Troy said that the combined output from that wet area is about nine cubic square feet (csf) and added that the Woodcrest Drive culvert can handle about 35.

However, some board members showed concern over the Woodcrest Drive culvert. Troy said the 36 inch by 22 inch culvert is handling the current flow and should continue to handle that flow.

But some of the neighbors disagreed with Troy's assessment and questioned where added runoff would go. Annese said that there are actually two streams feeding the swale that goes into the Woodcrest Drive culvert. The two streams, according to Annese, come from different directions with one of them being the swale of the subdivision. The other one flows toward the subdivision, but swings around and enters the swale leaving the subdivision on

property of Annese and Sheehan.

"The pipe (culvert), during a heavy rain has all it can do just to handle the water flow," Annese said. He said that a pond to the rear of the lot in the subdivision that contains the swale has developed.

Robert Haggerty, whose property abutts the area of wetland, says that water pours down his driveway during rain storms. He said he had about four inches of water on his property recently.

Annese added that he was not sure how his and the Sheehans' property "is going to survive the inundation" of water the proposed subdivision may create.

Betsy Shumacker, whose property also abutts the wetland area, said that a recent development on the Andover side of the subdivision has created an increased flow into Tewksbury. Haggerty also felt that the Andover development added to the water problem. He said he has always had a problem in the past, but that it is worse now.

Annese also said that he has seen the Woodcrest Drive culvert rise above the roadway and flood it out.

In answer to board questions, Troy said that he knew about the second stream and had figured it into the drainage calculations. The board also said that adding fill to the wet areas may decrease the flow somewhat by allowing the water to seep into the lower part of the ground.

Troy agreed to meet with the area residents and go over their concerns, as he said he was unaware of some of the problems they had brought up. He also said he will provide new drainage calculations to show the amount of water leaving the site and entering the swale. He will also show how much water that swale carries to the Woodcrest Drive culvert.

Wilmington United Methodist Church

The Rev. Lawrence O'Brien, pastor, 658-8217; office, 658-4519. Accessible to the handicapped.

Sunday, April 24: 8:15 a.m., Half hour communion service; 9 a.m., School of Christian Living with classes for children, youth and adults; 10:30 a.m., Family worship with children's moments, child care and preschool classes, guest preacher, the Rev. Willis Miller; 5 p.m., Junior youth group; 6 p.m., Senior youth group; 8:30 p.m.,

Al-Anon in Fellowship Hall. **Monday:** 7 p.m., Commission on Evangelism.

Tuesday: 3 p.m., Scouts; 7:30 p.m., Chancel Choir rehearsal, Commission on Missions, Commission on Church and Society; 8:30 p.m., Alcoholics Anonymous in Fellowship Hall.

Wednesday: 9:45 a.m., Bible study; noon, Alcoholics Anonymous in Fellowship Hall; 7:30 p.m., Board of Trustees.

Thursday: 7:30 p.m., Nominations and personnel.

help wanted

TOWN OF TEWKSBURY Advertisement for One Provisional Permanent Senior Clerk/Secretary in the Public Works Department

April 19, 1983

The Public Works Department is accepting applications for a full time Senior Clerk/Secretary (Senior Secretary) to work in the Superintendent's Office on a provisional basis, pending receipt of a Civil Service eligible list.

The individual must be able to perform senior secretarial level duties which encompass the following: moderately complex clerical duties according to standard office procedures requiring a moderate degree of decision and perform secretarial duties in which shorthand, transcribing and typing are necessary. Will carry out related duties, as such, as assigned by the Superintendent.

SALARY: \$11,716 to \$15,678

HOURS: 37½ hours per week

Applications will be accepted until Wednesday, April 27, 1983 at 3:00 P.M. in the Office of the Superintendent of Public Works at the Public Works Building on 999 Whipple Road, Tewksbury, Ma.

Philip L. Pattison, P.E.
Superintendent of Public Works

A20

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Some memories as 'Rusty' turns 90

Aristides Brabant, 90 years old, of North Wilmington, is the oldest man born in Wilmington. Born April 18, 1893, the son of Alexander and Mary (Bulger) Brabant, he still lives within 100 yards of the house in which he was born, at what is now 32 Salem Street.

Aristides is, of course, the well known "Rusty" Brabant. He worked for 43 years in Harriman's Tannery, where Itek and other plants are today, in North Wilmington, and he worked for seven years for the Lord Tanning Company of Woburn. After that, to keep himself busy, he worked for nearly a dozen years running a taxi in North Wilmington.

Harriman's Tannery sometimes employed up to 80 people. It would sometimes be shut down for a few weeks, or a few months, or perhaps a year. Many of the older Wilmington families, and some from Tewksbury can say their grandfather worked at Harriman's.

When the union movement started, back in the early days of the New Deal of Franklin D. Roosevelt, Aristides (Rusty) became the union representative at Harriman's. He and Caleb Harriman would settle the disputes, often between them. Caleb Harriman was, as is known, a hard man to argue with, but he and Rusty had a mutual respect, one for the other.

Rusty, every year or so, would go to the International meeting of the leather workers' union, in some place like Chicago. The International president, according to Rusty, was a "known Communist," at least according to the big newspapers of the U.S. But, says Rusty, he always treated everybody like gentlemen, and Rusty liked the man, personally.

It was after Caleb Harriman died that the tannery had its problems. There was an odor, caused by hydrogen sulphide, in the air in North Wilmington, and there was a court order to close down the tannery.

The lawyer who was in charged obeyed, as could be expected, the court order. That broke the contract for delivering leather, and the tannery was out of business.



Five Brabants

Three sons and a nephew were among the family members on hand to celebrate "Rusty" Brabant's 90th birthday. From left, Bernard "Swig", now of Dudley; Aristides "Rusty" of Washington Avenue, Wilmington; Edward of Bay State Avenue, Tewksbury; "Rusty" and his nephew Wilfred, who was 78 on the same day. Wilfred lives in Lowell.

Many of the employees, who perhaps did and perhaps did not like Caleb Harriman, averred that Caleb would not have obeyed that court order, and thus broke the contract for the delivery of leather. But the order was obeyed, and the tannery shut down. So Rusty Brabant became a taxi driver.

After a number of years Rusty Brabant retired from that job. He was 15 when he started working at the tannery. He was over 70 when he retired as a taxi driver.

His remark was that he was going fishing.

Which brings up the tale of the fishing that he and his brother Dave used to have, in Lubbers Brook, about 80 years ago. Dave and Rusty went fishing without fishhooks and they caught plenty of fish.

Their specialty was eels. Eels are difficult to catch, because they are so wiggly. Fishing for eels, using a fishhook, is really asking for trouble. To hold a few ounces of concentrated wiggle, while trying to extract a fishhook from the mouth of an eel, is a real task.

Dave and Rusty would dig a bunch of worms out in the garden. Then they would sit down, with a thread and needle, and impale those worms on the

thread. Six or eight worms, end to end on a thread, would make a ball of worms about an inch in diameter.

An alder pole, six or eight feet long, and a string of about the same length were the implements used by Dave and Rusty. They would tie a ball of worms, and cast the bait into Lubbers Brook.

One boy would handle the fishing pole. The other would wait, behind him, for the eels to come flying through the air after they were "hooked."

That ball of worms, lying on the bottom of the brook, would be swallowed by an eel, who then left to find something more to eat. When the line started to move Dave or Rusty would yank the eel out of the water and it would land in the grass, possibly 15 feet behind the fisherman.

Sometimes the eel would not have the worms in his mouth or stomach. The surprise of being lifted through the air would cause the worms to be ejected.

Other times the worms would still be within the eel. It would be easy, in such a case, for Rusty or Dave to pull the worms right out, for there would be no fishhooks to slow up the proceedings.

The bait would be put right back into the brook, while the boy with the eel would put it into a basket, or other place for safe keeping. Holding onto an eel was not the easiest thing to do, as anyone who has ever tried to do so can tell.

If fishing was good, and it generally was, Rusty and Dave would go home with eight to a dozen eels. Their mother would fry those eels on the kitchen stove for supper.

Fried eels are a tasty dish, as those who have tried it will aver. Sometimes Rusty and Dave went down to Silver Lake to fish. That would mean cutting through the woods, past Winn's cranberry bog.

In those days, in the early 1900s, the place to fish in Silver Lake was at the end of the Union Ice Company pier. The Union Ice Company stood where the Mildred Rogers School and the

town beach are today.

The pier went out to deep water, and little boys were often forbidden by their parents to go out on the pier. Besides there was a man named Fuller who was in charge for the Union Ice Company and who used to chase boys away, if he saw any.

But on one occasion at least, Dave and Rusty got out to the end of the pier and started fishing. Possibly they were eight or nine years old.

There was a yank on the line (they were using fishhooks this time) and the boys pulled out a big large mouth bass. Possibly that bass weighed seven or eight pounds.

Dave and Rusty didn't know quite what to do with such a large fish, so they started running down Grove Avenue toward home, a couple of miles away. The fish was dangling from the fishline as they ran.

One of the places on Grove Avenue was called the Jackson Club. It stood at the corner of Wild Avenue. The building is still there.

The Jackson Club was owned by some young men from Charlestown. It was a place with a reputation, possibly undeserved, but more probably not. Herbert Barrows, when he was chairman of the Wilmington selectmen, half a dozen or so years later, "stormed" the Jackson Club on one occasion and threw one of those boys into Silver Lake.

It was quite a story, but has no part in that of Rusty and Dave.

The point is that a young man, with some money in his pocket, saw Rusty and Dave, barefoot, running down the street with that large bass. Possibly he was from the Jackson Club. Possibly he was from some other place.

He stopped the two boys and offered them a quarter for that big fish. A quarter was a lot of money in those days.

Dave and Rusty went home, feeling very rich.

That young man probably went too, to Charlestown, to exhibit the big large mouth bass he caught in Silver Lake.

Dr. Connelly named outstanding principal

Dr. Joseph Connelly, principal of the North Intermediate School in Wilmington, has been selected as the recipient of the Thomas C. Passios Award for 1983 signifying him as the outstanding elementary - middle level principal in the state.

This award is presented jointly by the Massachusetts State Department of Education, Massachusetts Elementary Principals' Association, and the Fitchburg State College Alumni Association. To be considered for this award an administrator must have shown outstanding characteristics of professionalism, leadership in developing programs, exceptional dedication to the job, enthusiasm, and an unselfish attitude toward helping others.

Dr. Connelly was cited for his success in obtaining federal grants for innovative programs, promoting an active parent involvement program, for the many special educational student activities offered by him and his staff, and his contribution to his profession.

Presently, Dr. Connelly is serving as president of the Northeast Region's Junior High - Middle School Principals' Association, as this region's Junior High - Middle School representative to the Massachusetts Educational Conference Board Committee which conducted a series of regional workshops aimed at building public confidence in schools. He has been a graduate instructor for the Fitchburg State College - MEC Master in



Dr. Joseph Connelly

Education Program for the past three years, having taught courses on secondary school administration and school law. Since 1978 he has served as an advisor to the Northern Essex Community College.

Dr. Connelly was very honored to be nominated for this award by Dr. Carol Sager, superintendent of schools, who consistently encourages excellence of performance from students, teachers, and administrators; and he feels it is an honor he shares with the entire Wilmington community, especially his dedicated staff, enthusiastic students and the always supportive parents.

Dr. John Lawson, Commissioner of Education for the State of Massachusetts will present the Passios Award to Dr. Connelly at the annual Spring Principals' Conference in Hyannis on May 5.



WESTBORO, MASS.

At 1:00 P.M., Sunday, March 5, formal ribbon cutting ceremonies officially marked the opening of the Dunkin' Donuts Northeast Distribution Center located in Westboro, Massachusetts. The facility consists of 43,000 square feet of warehouse, office and freezer space. A fleet of 11 trucks, each identified with the distinctive Dunkin' Donuts logo is being utilized.

Among those officiating at the ceremonies were Mr. William Rosenberg, Chairman of the Board of Directors of Dunkin' Donuts of America, Inc., Mr. Robert Rosenberg, President of Dunkin' Donuts of America, Inc., Evelyn Murphy, Secretary of Economic Affairs, State of Massachusetts and Marvin Weiner, Chairman of the Board of Directors of the Dunkin' Donuts Northeast Distribution Center, Inc.

The Distribution Center began operations on January 17, 1983 to service participating Dunkin' Donut Stores throughout the six state Northeast Region with all their raw material needs.

This concept is unique within the franchising industry in that the Center is owned totally by participating Dunkin' Donut Store owners. This self-distribution concept was developed by Dunkin' Donuts and its Franchise Owners. All of the Dunkin' Donuts shops in New England, including 231 franchised and nine Company-operated, have voluntarily joined the Program.

The Northeast Distribution Center is the first of several expected to be developed jointly by the Company and Franchise Owners throughout the United States.

With its headquarters located in Randolph, Mass., Dunkin' Donuts is the largest and most successful coffee and donut chain in the world. Approximately 1200 shops are operating worldwide.



Rusty's 90th

Aristides "Rusty" Brabant celebrates his 90th birthday with his daughters, Saturday afternoon. At left is Betty Haas of Tewksbury, and at right is Mabel Lee of Bartow, Florida.

Announcing Silver Scissors

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Ann MacGilvray (both formerly of Beauty Terrace)



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Wilmington Town Meeting Saturday

Some observations on Town Meeting warrant articles

How many voters will attend the Wilmington Town Meeting? Wilmington has 9800 voters, more or less. Mostly every year at the annual town meeting about 700 or 800 are present.

That may not sound terrific, but it is a better percentage than is to be found in many towns in Massachusetts. There are several reasons, all having to do with the fact that Wilmington does have a lot of interested persons, when it comes to town affairs.

The Wilmington Finance Committee puts out a fairly good report each year. Those who take it to the town meeting have a brief but comprehensive guide of the thinking of the fincom.

But there are other points, on which the fincom is unable to comment, for one reason or another. Some comments, good or bad, are worthwhile for the average individual. If everyone knows what is going on the chances of completing the town meeting in one day increase. Not many towns can do that, but Wilmington frequently does.

The town meeting starts at 1:30 p.m. About 6 p.m. there will be a recess for supper, and then, about 8 p.m. the meeting will resume. If everybody puts their mind to it the town meeting can be completed by 11 p.m.

Articles 2, 3 and 4 have no comment from this paper. They are standard fare for town meeting. They can be voted with a minimum of discussion.

Article 5, is the budget and will take several hours to discuss. The figures on which the town meeting will be voting are quite clear in most instances.

Under the heading "town manager" there is a lien asking for \$25,000 for a data processing survey.

Fifteen years or so ago, there was a survey, to determine whether or not Wilmington needed a data processing survey. At that time the answer was that the town would do better to use the services of a computer service bureau. The town manager feels that it is time to have another study. He thinks the town might save money as a result, and that's what this line is all about.

There are no other radical changes, until one gets to Page 9. Under capital outlay, there is an item of \$17,200 for intrusion alarms, and another for \$4,000 for repair to a glass brick wall.

Both are the results of vandalism in the schools. Intrusion alarms, hopefully, will prevent such vandalism. The glass brick wall that was to be repaired is in the Wildwood School.

A little further down is a line asking for \$53,000 to repave the yard at the Shawsheen School — both the parking lot and the tennis court. It is hoped that this will be a part of an on-going program where something in one school after another gets repaved each year.

There is an item of \$24,000 for a 10,000 gallon fuel tank. That is to be a new fuel tank for the highway garage. Two lines further down is another item, \$6,000 to tear down the curriculum center.

To the Town Crier, that's a mournful item. That is the old Center School which was constructed as a high school back in 1885. It has not been used as a school now for many years, but there are a few people who have fond memories of that place as a source of knowledge and education.

In the Historical Commission

heading there is a \$200 salary item. Evelyn Kaminski, or some other person, is to become a part time secretary. She is, this paper says, a lady who can do no wrong.

There is also an item asking for \$1500 for the Harnden Tavern. Last year half the tavern was painted. The \$1500 is for painting the second half.

School Department figures are always a significant part of the budget, as will be seen starting on page 10. This year there are no real increases, because of Proposition 2½, until one gets down to the bottom of page 12.

Salary and cost adjustments, shown by the school committee, are zero. As shown by the fincom the figure is \$205,619.

There are some strong feelings on this subject. The fincom figures were submitted as pay raises, which school personnel did not get. The school committee can be expected to comment on this and maybe sharply.

Two lines further down there are figures for Shawsheen Tech. That money can best be described as being "sort of" due Shawsheen Tech, from previous years, and from the current year.

The big item, in maturing debt and interest, is the cost of sewers. That is because, up to now, there are only a couple of dozen services to the sewer, mostly from homes.

New services should be starting soon. There will be services from homes, and from some of the big companies. Those big companies will make quite a contribution to the costs received, in sewer operations. When there are about 500

services to the sewer it might be expected to be able to pay its own way. That may well be by this time next year. Look at the figures next year and find out for yourself!

Under statutory charges there is a significant increase in "retirement contributions." In two years the cost has gone up about \$120,000. That is because town employees, many of whom went to work after World War II, have recently retired. Maybe that charge will be dropping in a year or two.

It will be noted that the charges for county assessment, and for MBTA assessment have dropped a little. It is not significant, but don't kick a good thing when you see it.

Article 6 has several items on which comments may be made. Thirty-five thousand dollars is being asked, in the first item, for renovation and for new construction in the high school.

The reactivated Permanent Building Committee (PBC) will present this part. The chairman is Marvin Weiner, he of the donut shop. He should get through the explanation in 15 minutes or so.

The PBC will be asking for money for a professional architect to make decisions on what should be done to the high school. The New England School Development Board (NESDEC) has made recommendations. The architect will give professional opinions on those recommendations, at least as a starter.

One item: The referendum vote, last Saturday, was in favor of a field house for the high school. This was an idea on the part of the selectmen. The question for the PBC and the

architect is to get that field house without too much cost to the town. Is it, or is it not, educational, and thus entitled to a refund from the state of 50 percent?

The trucks, etc. in the remaining items, including the police vehicles, are all replacements of vehicles now in service. The costs aren't what they used to be!

Another increase is that asking for \$4500 for observance of Memorial Day and Veterans Day. This used to be, until recently, \$3,000, and the publisher of the Town Crier can remember when there was a sum of \$100 asked. But there are no increases shown for veterans' headquarters.

Article 11 asks for adoptions of provisions in the General Laws. Presumably they are well intentioned. The town meeting should ask, and be told, what this means to such things as private homes.

Article 13 is for the construction of a sewer to Deming Way. The town must contribute some of the cost, but it should not be very expensive, considering the expected state contributions.

Article 14: There should be no difficulty. This is to accept the care of a sewer which was built without cost to the town, at least that is the way this paper understands it.

There are several articles, in which the town is asked to sell land. As it is understood, all the would be purchasers are Wilmington residents, and the prices have been set by the principal assessor.

The assessor's part is mentioned because there has been a change in the bylaws or

something, giving the selectmen something to say about it. What ever happened, it's the town assessor who set the prices.

The prices are all for "one family" lots. In some cases, possibly, the land is for more than one lot, which possibly would mean a larger price. The point should be made clear.

The selectmen spent considerable time in their last meeting discussing such sales of land. They want to be able to give a "break" to someone trying to build a home, but are wary, from experience, of buyers turning a fast profit on the town.

There are two articles asking for rezoning, Articles 20 and 21. Article 20 would rezone land on West Street to General Business.

It would be a smart idea to learn just what is happening on West Street. Two or three homes will disappear when the "new" West Street is constructed in the proposed reconstruction of Route 129. It is also understood that there is a business building which is to go, and the proposal in this article is for another such building.

Article 21 is land along Route 93, on the North Reading side and near Concord Street. The map in the fincom report shows the layout pretty well.

The Wilmington property is only a portion of the project, which is mostly North Reading land, where a hill used to be, and which is today just a shambles of a former stone and gravel pit.

The purpose of the rezoning in North Wilmington, is to conform to the zoning in North Reading. It is proposed to construct a modern office park, with an excellent location along Route 93. Most of it is to be in North Reading.

Is a wide road needed at end of a narrow one?

At the end of Nickerson Avenue in Wilmington, a small "mini" housing development of two or three houselots is being proposed. The Wilmington Planning Board has been discussing the proposals. Their comments may be of interest.

There is to be two or three houselots, in land that adjoins wetlands. The distance from West Street, off which is Nickerson Avenue, is 1200 feet, more or less. The water main on Nickerson Avenue is an old one, laid down possibly piece by piece somewhere in the days before World War II.

The Wilmington Water and Sewer Commissioners have let the planning board know that if town water is to be put into the proposed housing development, it means at least a six inch water main, all the way from West Street. There has been a sort of counter proposal — that the developer will put in his own water system.

The planning board has been discussing the paving, etc. of the newly proposed end of Nickerson Avenue. The paving would have to conform to the municipal standards, the members feel. That can also be described as putting a superhighway at the end of a

long old road.

Arnold Blake of the planning board had a question about that. Does it make sense, he asked, to put a superhighway at the end of a cow path? Is it going to cost the town more money to plow and maintain? Will, as a consequence, my taxes go up?

Blake agreed that the developer should be required to put in a solid base for the proposed street.

And he sort of sympathized with the developer, in the story about putting in his own water system. Mr. Blake has a private water system at his home, so he can water the lawn, even when the Wilmington Water Department asks that lawns not be watered. The cost to the developer, of putting a six inch main for over 1200 feet, was something to consider, Blake told his fellow members.

'Blessings out of Brokenness' film series begins April 24

"Blessings out of Brokenness," a four-part film series featuring Joni Eareckson Tada will be presented on four separate occasions at the First Baptist Church, 173 Church St., Wilmington. The series will begin Sunday, April 24 and run

Dear Larz:

As a resident of Wilmington I would like to thank John Imbombo for his dedication and concern in over 40 years of public service to the people of Wilmington.

As a police officer, Lt. Imbombo helped to make sure Wilmington was a safe place in which to live, not only because he and his family lived here, but because he sincerely cared about the people of this town.

As a selectman, John had the reputation of being "his own man." He respected the opinions of others and always did what he truly felt was right.

A good community is made up from many different assets but nothing is more important than its people. John Imbombo is one such person that this town will not soon forget.

Thank you!!!

Sincerely,
Lawrence M. Juergens

Dear Larz:

April 22 is Girl Scout Leader Appreciation Day. The 1576 volunteers, leaders and assistant leaders who work with the Spar and Spindle Girl Scout Council are very special people. They are career people, college students, retired people, husband and wife teams, and single people. They encompass all races and religions and come from all walks of life.

Girl Scout leaders do much more than meet with girls once a week. Girl Scout leaders are positive role models and caring partners to the girls with whom they work. Girl Scout leaders help girls to explore the worlds around them; the World of Well-Being, the World of People, the World of Arts, the World of the Out-of-Doors, and the World of Today and Tomorrow. Girl Scout leaders help girls set goals, plan steps to reach that goal, and evaluate their experiences when the goal has been achieved.

Girl Scout leaders help girls learn to work together as a group and to respect others' differences while fostering the self esteem of each individual girl. It's not an easy job — but it's a rewarding one!

The Star and Spindle Girl

Scout Council invites you, the community, to join us in extending our appreciation to our Girl Scout leaders for their generous contribution to us all.

Sincerely,
Lucille Bogel
Council President

Editor's note: Local Girl Scout leaders include: in Tewksbury, Brownie leaders: JoAnne Scharmer, Eileen Emery, Carol Lamonica, Louise Lussier, Lois Murphy, Donna DeMeo, Diane Paglia, Mariellen Culbertson, Melanie Scanlon, Donna Martel, Helen Matysczak, Nancy Kelley, Kathy Oliver, Cindy Chase, Ann Louise Barrows, Carol Bonfanti, Carol Obert, Linda Austin, Pat Fletcher.

Junior troops, Tewksbury: Carol Sturtevant, Peggy Glasin, MaryLou Corson, Pam Amaral, Betty Bonfano, Sandra Parker, Carol Selliotti, Maryann Goglia, Georgette Frisch, Anna Pappalardo, Ramona Lee Cecere, Mary Kay Jones, Kelly Mar, Melanie Scanlon, Yvette Payne, Betty Molvar, Marilyn Zajac, Kathy Anderson, Jean Olson, Wendy Breseman, Pat King.

Cadette and Senior troops, Tewksbury: JoAnne Scharmer,

Ann Sills, Betty Millen, Holly Sughrue, Pat Millward.

Brownie troops, Wilmington: Evelyn Powers, Ruth King, Judith Palm, Margaret Kane, Marsha Hancock, Donna Gillis, Barbara DeStefano, Theresa Michaud, Rosemary DeMarco, Anne Pinkham, Mary Nokes, Kathy Porter, Pat Hirschfield, Jane Nitchie, Debi Dingle, Jane Cairra, Janice DiPerri, Pat Kalagher, Terri Miner, Anna Percuoco, Linda McKenzie, Cynthia Kelley, Catherine Dalio, Nancy Murphy, Carol Thornton, Rae Chappie.

Junior troops, Wilmington: Linda Bouchie, Kathy Savosik, Beverly Fuller, Jean Hill, Diane Casey, Beverly O'Reilly, Linda Callaghan, Joanne Fisher, Jacqueline Gray, Nita Beals, Janet Desher, Margaret Mar, Rosemary DeMarco, Sheila Deleo, Sharon Devlin, Susan Caidalo, Jayne Delorey, Marie Valette.

Cadette and Senior troops, Wilmington: Patricia Roselli, Diane Dalton, Barbara Tobey.

Others in Baldwin Neighborhood Service Team: Barbara DeVita, Judy DiPalma, Joanne Thomas, Maureen Sutton, Carol Frost, Jean Hartka, Anna Nawassa.



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No financial responsibility is accepted by the Wilmington News Company, Inc. for errors in advertisements. A reprint will be made of any part of an advertisement in which the error affects the value of the advertised item.

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bits & pieces

Birthdays

Dr. Ernest Wallent of Middlesex Avenue, Wilmington will be a year wiser on April 24. Dr. Wallent will share greetings with Thomas Arnold of Sheridan Road, Jeanne Scott of Fay Street, Steven McKenna of Allen Park Drive and Tewksbury resident Mary Kusmaul of Whipple Road.

April 25 will mark the special day of at least seven area residents, including:

Bernadette Pacini of Boisvert Road, Tewksbury, Paula Lembo of Tomahawk Drive, Heidi Doyle of Boisvert Road, Donna Bartlett of Wamesit Road, and Wilmington residents Dot Peters of Grant Street, Victor Manni of Edwards Road, and Mary West of Sprucewood Road.

Linda Hanna of Park Street, Wilmington will blow out the candles for the 10th time on April 26 and will share her special day with Stephen Drew of King Street who will be eight; Billy Farr of Cedarcrest Road who will be 12 and Ralph DeLisle of Belmont Avenue.

April 27 will mark the 12th birthday of Traci Barger of Highlandview Road, Tewksbury and Diane Hancox of Kilmarnock Street, Wilmington.

Although he staked a much earlier claim, Fred Fahey of Federal Street, Wilmington, will have to share his April 28 birthday with Jeffrey Van Horne of Carmel Street who will be eight and Tewksbury residents Thomas Cooke of Arlington Street and Keith Alfieri of Beech Street.

John Robarge of Cunningham Street, Wilmington will turn another page on April 29.

Town Crier Sports Editor Rick Cooke will be a year wiser on April 30 and will share greetings with Mary Ann DiNuzio of Marjorie Road, Wilmington, and Tewksbury resident Jill Anne Thibedeau of Patriots Road.

Golden agers

Members of Wilmington's Golden Age Club on the current birthday list, include:

Joseph McLaney of Grove Avenue, April 26; Margaret McNeill of Oakridge Circle, April 28; Joe Medico of Deming Way and Grace Kaizer of Shawsheen Avenue, both April 29.

Anniversaries

George and Ann Stewart of Indian Hill, Tewksbury were the surprised guests of honor at a silver anniversary party held for them Saturday evening, April 16 at the home of her sister, Margaret Ferrera of Redgate Road.

The Stewart's 25th anniversary was on Patriot's Day, April 19.

Mr. and Mrs. Michael Cairra of Moore Street, Wilmington will dance the Anniversary Waltz for the 10th time on April 28 and will share greetings with neighbors Ted and Dot Lowry, also of Moore Street who will observe their 27th anniversary on the same day.

The star

The anniversary star this week should be awarded to Liz and Harry Cutter of Belmont Avenue, Wilmington who will celebrate their 53rd on April 30.

Community Schools

Wilmington Community Schools, Inc., will hold its annual meeting at the First Baptist Church in Wilmington Thursday, April 28 at 7:30 p.m. The public is invited.

Concert in Tewksbury

The public is invited to a concert of contemporary Christian music at the First Baptist Church, Tewksbury, Sunday, April 24 beginning at 6:30 p.m.

Music will be provided by Apostello, a group of students from Gordon College.

From the fire log

Members of Wilmington's Fire Department answered 30 calls for assistance during the week ending April 17, including:

Thirteen ambulance runs, four service calls, three car fires, two brush fires, one building fire, two dumpster fires, two chimney fires and three false alarms.

Cabaret dance

The Friends of the Tewksbury Hospital will host a cabaret dance Saturday, April 30, 8 p.m. at the chapel on the hospital grounds. Music will be by the Continentals. Refreshments will be available.

Tickets may be obtained from Paul McSkill, John Gleason, Dorothy Aldrich, Barbara Mackey, Louis Carcioli, Dennis DeDeo, Mary Jane Marcucci, Jim Miceli, Josephine Sheehan, Karl Heidenrich, James Carter or Jay Gaffney.

Magnificent Austria

Thursday, May 19, the Wilmington Carter Lecture Fund Program will present John Roberts' "Magnificent Austria," in Herbert C. Barrows Auditorium at W.H.S.

The program, begins at 8:15 p.m. and is free to residents of Wilmington.

Retired teachers

The Middlesex North Chapter, Massachusetts Retired Teachers' Association will hold its spring luncheon and meeting Wed., May 4 at Windsor Mills Restaurant, Dracut beginning at noon.

Members and guests are asked to make reservations before April 29 with Mrs. Mary Dooley, Box 83, North Billerica, Ma. 01862.

Center School I.G.E.

The Tewksbury Center School I.G.E. Program will conduct an ice cream party Thursday evening, May 5 beginning at 6:30 at the school cafeteria.

A slide show of the Sargent Camp Experience will be presented. Tickets must be purchased in advance beginning April 25 in the school office.

For information call 851-9562.

Deborah Fitzpatrick

Deborah Fitzpatrick of Allen Park Drive, Wilmington has been accepted at Bunker Hill Community College, Boston for the fall semester.

Double penny sale

St. Dorothy's Sodality will conduct its usual double penny sale Friday (April 22) in the church hall, Main St., Wilmington. The sale is scheduled to begin at 7 p.m. The public is invited and refreshments will be available.

Memorial Day Committee

The Wilmington Memorial Day Committee will hold a meeting Wednesday, April 20, 7 p.m. in American Legion Hall, Middlesex Avenue.

Anyone interested is urged to be on hand.

Council for children

The Harnden Tavern of Wilmington is among the historical sites helping kick off the celebration of the state of Massachusetts Office for Children's Tenth Anniversary, April 17-30. Council for Children literature will be available at all participating sites.

Harnden Tavern was open from 1 to 4 p.m. April 10 and will be open the first Sunday of every month. Admission is free.

For information call 729-4350.

Wilmington Masons

Friendship Lodge of Masons will hold a Table Lodge Friday, April 29 at Masonic Temple, Church Street, Wilmington. All master masons are invited.

Call the master, Martin Lesnik at 658-8470 for tickets and information.

Rotary scholarships

A fundraiser for Tewksbury High School scholarships will be conducted by Tewksbury Rotary at the University of Lowell Merrimack Regional Theatre, April 28 starting at 8 p.m. The party will include a wine and cheese tasting session with the actors and actresses.

The presentation is to be a special preview showing of "Tin Types." Tickets, at \$10 each may be obtained from any Tewksbury Rotarian, from Charles Gaffney or the Union National Bank, 851-6511.

Tewksbury Lions

Charter and Past Presidents' Night will be held by Tewksbury Lions, Saturday, April 23 at Windsor Mills Restaurant, Rte. 110, Dracut. Music for dancing will be provided by "The Inevitable," and a ham and turkey dinner will be enjoyed.

Dynamics Research

Dynamics Research Corporation has declared a semiannual cash dividend of 3 1/2 cents per share on its common stock, payable April 29, 1983 to stockholders of record on April 15 as to shares outstanding on April 15.

The directors also declared a 10 percent stock dividend, to be distributed on April 29 to stockholders of record April 15, with fractional shares to be paid in cash to those stockholders whose record number of shares is not evenly divisible by 10.

The cash dividend payable on 1,623,446 shares of common stock outstanding prior to the stock dividend.

DRC is a manufacturer of precision measuring apparatus and a supplier of technical management information services to industry and government.

Word processing

Middlesex Community College's Division of Community Services is accepting applications for its on going 18 hour word processing training course. Beginning every two weeks, the course provides intensive, individualized instruction for three students on the latest electronic office equipment.

The course meets days or evenings at the Burlington Campus, Terrace Hall Avenue, Burlington. Forty-five word per minute typing skills required. Call 275-8910, ext 295 to register.

Music and meatballs

Music and meatballs will be offered at the Wilmington Congregational Church, Sat., April 30 from 6 p.m. Public invited.

Parents without Partners

Parents without Partners, Merrimack Valley Chapter 136, will hold a general meeting Wed., May 4, 8 p.m. at the North Andover VFW, Chickering Road (Rt. 125) at Park Street, Newcomers welcome. Call 475-2276.

The group will hold a newcomers meeting Wed., May 11, same time, same place, same number.

Parents without Partners will hold a Maypole Dance, Friday, May 20, 8:30 p.m. to 1 a.m., North Andover VFW. The event will be open to the public.

Call 453-2078 for information.

Rainbow winner

Robert Knight of North Street, Wilmington is the latest winner of 100 gallons of fuel oil from Rainbow Fuel. Even with the heating season almost over it will be nice to have all that oil keeping rust out of the tank all summer.

Other winners were: January, Bill Meegan of Marion Street, Wilmington and James Cress of Duren Road, Woburn, February.

Debbie Mugford

Debbie Mugford of Wilmington was the recent winner of a pair of Red Sox tickets offered in a drawing at McWong's Restaurant on Route 28, North Reading.

Honors at Nazareth

Five Wilmington students have been named to the honor for the third marking at Our Lady of Nazareth Academy, Wakefield.

First honors, Diane Malek; third honors, Theresa Baldassari, Cheryl Arena, Karen Ortaly, and Debra Palman.

Watercolor demonstration

The Tewksbury Art Guild will sponsor a watercolor demonstration with artist Eleanor Mahoney, Monday, April 25 at 7:30 p.m. at the Old Chapel of Tewksbury State Hospital, East Street.

The demonstration will be open to the public. Call 658-3870 for information.

To enter

To enter an item in Bits & Pieces, call the Town Crier at 658-2346 days and Tuesday nights or 658-2907 other nights and weekends. Ask for BeeDee.

Movie day

The Patten Public Library will hold a movie day Thursday, April 21 at 2:20 p.m. The features, "Paul Bunyan," "Legend of Johnny Appleseed," "Golden Fish," and "Teeney Tiny and the Witch Woman" will be shown for all children between the ages of five and 12.

These films will last about an hour.



Pamela Sardy, Kenneth Close announce engagement

Pamela Sardy of Woburn and Kenneth Close, son of Beverly Close of Oakdale Road, Wilmington, have announced their engagement.

Pamela is a graduate of Woburn High School. Her fiancé graduated from Austin Prep and Wentworth Institute.

A September wedding is planned.



Tom Flurkey

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No sitting on the sidelines of life

The National Handicap Sports and Recreation Association (NHSRA) is a group which does not often receive widespread publicity. Seldom is there any national reporting on their activities, and television does not breathlessly report the world that the association represents.

NHSRA has been in existence for only a few years, and some of its chapters are new in the past year or two. The New England chapter, the New England Handicapped Sportsmen's Association (NEHSA) is one of the oldest chapters, and is the largest and best-organized chapter in the nation. And yet it is run entirely by volunteers.

Last month at the National Handicap Ski Championships at Squaw Valley, a 15-year-old Julie Stedman of Glen Road, Wilmington won two silver medals, taking second place in the downhill and the slalom races. The courses were on a slope called Red Dog, one of Squaw Valley's most challenging.

For a girl Julie's age to compete in a top ski event is remarkable, when you consider that Julie was born with only one leg. Until recently, sports activity would have been out of the question for a girl in her situation. She could have spent much of her life sitting on the sidelines.

Julie became involved in skiing early in life and is, even at her young age, one of the more experienced skiers in NEHSA. She has also benefitted from the adaptive physical education program in the Wilmington schools. Last month's trip to California was Julie's fourth time competing in the Nationals. But it was her first trip without her parents, and it was also the first time she had competed in the downhill run, a course which is run at speeds much higher than either the slalom or the giant slalom.

Julie was one of 17 persons from New England to compete in the national championships. In fact, the New England group was the only group to organize into a team. The group which departed from Logan Airport on March 18 included 42 people, among them coaches, ski mechanics, parents, guides for blind skiers, writers and photographers.

One of those persons was Doug Mackey of Glen Road, Wilmington, one of the top amputee skiers in New England, and one of the better such skiers in the nation. On April 4, he spoke before the annual joint meeting of the Wilmington Kiwanis, Rotary and Lions Clubs.

Mackey's message was delivered with the enthusiasm of a born-again Christian, or of Franklin Roosevelt telling the world that the only thing to fear is fear itself. Mackey was telling of the world of activities now available for handicapped persons, who for centuries have had to wait by the roadside, so to speak, as the world went by.



She skis on three

Julie Stedman of Glen Road, Wilmington was among 17 New England competitors at the National Handicap Ski Championships last month at Squaw Valley, Calif. Skiing tri-track, she won two silver medals in her class.

Doug Mackey became an amputee at age 16, after a bobsled accident. He said that it was a long time before he returned to the mainstream of life. When he did, it was athletics that gave him the push.

Mackey is now the first vice president of NEHSA, and is one of its most sought-after speakers. At the Wilmington meeting, he showed a movie as well as many slides.

In the movie "Celebrate," Dr. Benjamin Allen, an Army veteran who lost a leg in Vietnam, tells of some of NEHSA's programs. Dr. Allen was one of the founders of NEHSA, a man who found that he could do as much on one leg as any other person could do on two.

One of the persons featured in the movie is Tony Santilli of Somerville. Tony lost a leg in Vietnam, and in the movie, he gives a demonstration of his waterskiing.

Mackey said that it was when he heard of Dr. Allen and his activities, that he experienced a change. "That," he said, "pulled me right out." For like others, he had been sitting on the sidelines, ever since he lost his foot.

Mackey, with a newly-found confidence, eventually became captain of his gymnastics team at the University of Vermont. With Dr. Ben Allen as co-founder, the New England Handicapped Sportsmen's Association was formed. Gradually, more and more amputees became involved.

NEHSA has grown, and today, in addition to operating a ski program every winter weekend at Mt. Sunapee, has expanded to include a great number of activities, and a wide range of disabilities. Among those now able to participate in athletic activity are people who are either blind or deaf — or both — people with cerebral palsy or birth defects, people with muscular dystrophy or spina bifida.

Among the activities in the NEHSA year-round program

are canoeing, hiking, camping, climbing, softball, riding, golf, swimming and tennis.

Many of the instructors in the program are themselves handicapped, but in recent years, there is a trend to use more and more able-bodied persons.

"In our association, we give individual contact and attention to those who participate," said Mackey. "We have a lot of contact with them. We always have to be aware of the individual's limited abilities, and of the stamina of the persons who participate."

Alpine skiing for handicapped persons is the first attraction to the group for many persons. Skiing for amputees became a reality with the development of the outrigger. A modified Canadian crutch with a ski tip, the outrigger is used as a stabilizer by a "tri-tracker", as amputee skiers are known. The two outriggers, together with the single ski, make three ski tracks in the snow, thus the name.

Also using outriggers are "four-track" skiers, usually persons with disability of both legs. They may have cerebral palsy, or they may be double amputees. One woman who skis four-track is a triple amputee, with just one hand. She skis on her two artificial legs, with the ski tips linked together with a "ski bra." Her bindings are specially mounted at angles on the skis. And her right outrigger is held to the stump of her right arm with velcro straps.

A tri-tracker actually skis on the single ski with the outrigger skis occasionally used for stabilization. A four-tracker, in effect, skis on a platform consisting of the two skis and the two outriggers.

If amputees skiing are a surprise, many persons react with utter shock when they encounter a blind skier. The thought of a blind person skiing is hard to imagine at first. Depending on whether the person is totally blind or partially sighted, the skier might follow a guide or have the guide

ski behind, calling signals.

Another really amazing part of the sport is skiing for paraplegics, or sit-skiing. Already common in Europe and in the western U.S., sit-skiing is just being made available in New England. A sit-skier transfers out of his or her wheelchair into a small sled, or sit-ski. Using very short poles and leaning from side to side, a sit-skier is able to turn, much like a skier. In most areas, a sit-skier would travel with a tether skier holding a line on the back of the sit-ski. In Class A competition, however, the sit-skier is on his own.

The world of handicap athletics has a number of remarkable persons. One of them is Rene Kirby of Burlington, Vt. Born with a spinal deformity, Rene has short, deformed legs. But yet, he is an amazing skier. Rene just puts his hands into a pair of ski boots, mounted on a short pair of skis, and away he goes. A former Vermont state champion gymnast (normal competition, not handicapped) Kirby does not consider himself handicapped. "I do anything I want to," he says, almost defiantly.

Mackey told of one other skier, also a top competitor, Teddy Kennedy, Jr. Teddy lost his leg to cancer nearly 10 years ago. Mackey wishes he could catch Teddy on the slopes, not an easy task.

Another top-notch amputee skier is Paul DiBello of Conway, N.H. Paul was climbing the face of Mt. Katahdin in Maine in January, 1974, when his expedition was trapped by a sudden storm. Though prepared only for a day climb, they had to tie into the face of the mountain overnight, and endure wind chill factors of 100 degrees below zero. One man, Tom Keddy, died on that narrow ledge, and Paul very nearly did so himself. On frozen feet, he managed to climb to the top of the ledge, eventually making his way to a ranger station. Along the way, blinded by frostbite in his eyes, he fell some 60 feet, landing among some tree boughs.

Paul spent nine months in the hospital, and eventually both feet were amputated, along with a thumb and a forefinger. Paul spent a long time sulking, seldom even getting out of bed.

Eventually a friend convinced him to try skiing again. Paul was reluctant, since he had been a very good skier before his accident. Skiing occupied a niche as something he had done very well, and he did not want to return to it on a reduced level. His friend shamed Paul into trying.

Last March, Paul went to Switzerland to the World Disabled Championships. He swept his class, and came home with four gold medals. He skis much better than do most people who have all their limbs.

DiBello serves as ski school director for NEHSA at Mt. Sunapee in New Hampshire. "To see him dedicate his life to helping others," said Mackey,

"means a lot."

One other Wilmington man is also quite active in NEHSA. Town Crier editor Larz "Fred" Neilson has just completed his third season as a tri-track skier. In addition to serving as a ski instructor, he also contributes to the publications produced by NEHSA.

Sports activities for handicapped persons play a role that goes far beyond the ski

slopes. The lessons given at Mt. Sunapee by NEHSA deal only with the sport of skiing. Yet the student comes away from the slopes with lessons that extend to every part of his or her life. The motto of the program is "If I can do this, I can do anything."

The final slide in Mackey's program was of Julie Stedman, skiing at Squaw Valley. "Julie used to be afraid to ski the downhill," he said. "Two weeks ago she won a silver medal."

Extension for Tewksbury office park hearing granted

The Metropolitan Life Insurance Company has been granted a 90 extension on their application for a planning board special permit to build more than one building on a single parcel of land. The extension was requested after the Tewksbury planners had shown indications that a permit would not be granted without a stipulation that the Ames Pond dam be fixed in conjunction with the construction of a three phase office park.

That office park, which will yield some 200,000 square feet of research and development office space, is proposed to be built on a 17 acre parcel off North Street across from the North Fire Station and the Wang plant. The drainage from that office park will flow off the site and into a swale to the rear of the parcel which eventually dumps into Ames Pond.

Ames Pond and the dam is owned by Metropolitan. The pond itself is there only because a dam was built in the 1920's to hold back the waters of Meadow Brook. An Army Corps of Engineers report issued in 1980 classified that dam as having a "high hazard potential" and recommended that immediate action be taken to correct the structural flaws in the dam.

Metropolitan has proposed a structural study of the dam be undertaken and expects the results of that study to be issued in June. The extension will mean the board has to make a decision on the permit before the end of July. That will give the planning board and Metropolitan enough time to examine the results of that study and take the needed corrective action.

The planners will discuss the project again on June 13.

The conservation commission and selectmen have already issued an order of conditions for the first two phases of the project, but they both stipulated that "significant progress" on repairing the dam must be shown before the board will issue a "certificate of compliance." Their order also stipulates that the progress must be shown before an order of conditions for additional phases of the project are granted.

Both the planners and the

conservation commission had shown concerns that Metropolitan, which had gained approval to build a cluster type subdivision on Ames Hill, had lagged in their efforts to repair the dam. A stipulation of that subdivision approval called for Metropolitan to repair the dam in conjunction with building the houses. That stipulation was added because the drainage from the Ames Hill Estates subdivision also had a proposed destination of Ames Pond.

In defense of their actions, Metropolitan Project Manager Michael Spiedel had told both the planners and the conservation commission that they had problems with gaining access to the dam to conduct the needed tests.

It seems that the only access Metropolitan had to the dam was over water because house lots that were built on Overlook Drive and surrounding streets included land that went right to the shores of Ames Pond. Metropolitan has recently gained a temporary access over land to the dam from a vacant lot owned by William Rambler on Overlook drive.

Metropolitan has hired Merrimack Engineering Services to conduct the tests of the dam and to study the water flow in the area. That firm will provide recommendations for corrective actions.

Tewksbury Jr. high science fair May 5

The annual Tewksbury Junior High School Science Fair will take place Thursday, May 5th from 7 to 9 p.m. in the school cafeteria. Much time and effort has gone into the development of these scientific endeavors. Hopefully, many parents and students will avail themselves of this opportunity to view these worthwhile exhibits.

Junior high school students also had a wide range of art work on display at the recent Art Festival held at the high school. Ms. Laurie Sullivan and Philip Nyren chose the works for display.

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obituaries

Alden S. Eames, WHS Class of 1928

A memorial service is to be held Thursday, April 21 at 11 a.m. in the Wilmington Congregational Church for the late Alden Shaw Eames. The service will be conducted by the Rev. William Murdoch. Mr. Eames died April 17 in the Veterans Administration Hospital in Bedford after a long illness.

He was the last male of the Eames family in Wilmington. The family dates back over 300 years. A 1928 graduate of Wilmington High School, he graduated from Norwich College in Vermont in 1932, and for several years in the 1930s was an officer in the CCC Camps.

Gerald Andrews formerly of Cambridge

Gerald Andrews of Marion Street, Wilmington, formerly of Cambridge died suddenly at the Regional Health Center in Wilmington, April 16.

He was the husband of the late Emma (Babcock) Andrews, and is survived by his son Warren Andrews of Tewksbury; his daughter Mrs. Norma Jean Wiberg of Wilmington and his sister, Mrs. Emmy Petten of Newfoundland. Eight grand-

children and one great-grandchild, also survive.

Funeral services were held Wednesday at 11 a.m. at the Glad Tidings Tabernacle in Everett with Pastor T. Kenneth Norcross officiating, assisted by the Rev. Roland E. Libby, a family friend from Maine.

Burial followed in Wildwood Cemetery. Arrangements were by Nichols Funeral Home, Wilmington.

Beatrice Ross services Thursday

Mrs. Beatrice A. (Werscher) Ross of Wilmington, formerly of Valley Stream, N.Y., died at Lawrence General Hospital April 18 following a brief illness.

Born in Astoria, Long Island, Mrs. Ross is survived by her husband David Ross, her son Robert Ross of Frederick Drive,

Wilmington and three grandchildren.

Funeral services will be held at the Nichols Funeral Home, 187 Middlesex Ave., Wilmington Thursday at 11 a.m. with the Rev. Lawrence O'Brien of the Wilmington Methodist Church officiating. Burial will follow in Wildwood Cemetery.

Julius Gordon, 62 years in Wilmington

Julius Gordon of Oak Street, Wilmington died April 15 at New England Memorial Hospital, Stoneham, following a brief illness. He was 62.

Born in Lowell, Mr. Gordon was a life-long resident of Wilmington; attended Wilmington High School and was employed as an electronics technician for Raytheon of Bedford.

He was a U.S. Army veteran, having seen service in the South Pacific during World War II. He was the recipient of the purple heart and a member of Wilmington Post 2458, V.F.W. and the Wilmington Golden Age Club.

Clarence Dean, Jr., World War II veteran

Clarence W. Dean, Jr., 58, husband of Gertrude (Mottam) Dean of Marston Street, Tewksbury, died early Friday morning at Mass. General Hospital.

Born in Lawrence, the son of the late Clarence Dean and the late Carolyn (Fellows) Dean, he had been a resident of Tewksbury for many years.

Prior to retirement he was employed as a carpenter at Tewksbury State Hospital and

was a former member of the Tewksbury police auxiliary. Mr. Dean served in the Army in Europe during World War II and was a member of the Billerica Veterans of Foreign Wars Post, of the Tewksbury DAV Post 110, and the Tewksbury - Wilmington Lodge of Elks.

Besides his wife he is survived by a son, Richard Dean of Pelham, N.H. and one daughter, Carol Rychwa of Tewksbury. One grandchild also survives.

Joseph F. Ballou was Coast Guard veteran

Joseph Ballou died suddenly at his home in Tewksbury last week. Born in Cambridge 63 years ago, he was the son of the late William and the late Louise Ballou and had been a resident of Tewksbury for 23 years.

He served with the U.S. Coast Guard during World War II and held membership in the Veterans of Foreign Wars Post, Tewksbury. Prior to retirement, he was a truck driver for the U.S. Postal service in South Boston.

Mr. Ballou is survived by his wife Lillian (Reilly) Ballou; six sons, Joseph Jr. of South Carolina, Stephen of Reading, Jonathan of Lowell, Gary, Robert and Michael all of Tewksbury; four daughters, Mrs. Byron (Priscilla) Zakos of Chelmsford, Mrs. Anthony (Louise) Ruggerio of New Hampshire, Mrs. Albert (Susan) Fiorenza of Wilmington and Mary Ellen Ballou of Lawrence; one brother, Marshall Ballou of Florida; four sisters, Doris Cain of Stoneham, Elinor Martin of Maine, Mary White of Dorchester and Louise Robicheau of Somerville. Twenty grandchildren also survive.

menus

Wilmington schools

Week of April 25

Monday, High, North West: Cheese steak-ummm, buttered vegetable, pickle chips, ice cream and milk.

Elementary: Tomato or vegetable soup, grilled cheese sandwich, carrot and celery sticks, ice cream and milk.

Tuesday: Chilled juice, bacon-burger on roll with tomato and lettuce, buttered whole kernel corn, pudding with topping and milk.

Wednesday: Chilled fruit, Italian sub with fixings, potato chips, midnight chocolate cake and milk.

Thursday: Soup, tacos (two), buttered green beans, corn chips or cheese curls and milk.

Friday: Chilled juice, Italian pizza with tomato and cheese, garden salad or buttered vegetable, cheese wedges, ice cream and milk.

Alternate lunch daily - soup, assorted sandwiches, carrot and celery sticks and milk.

Shawsheen Tech

Week of April 25

Monday: Chilled grapefruit juice, breaded veal cutlet on a bulgie roll in tomato sauce, buttered corn niblets, chilled fruit and milk - Salisbury steak, whipped potato, gravy, buttered corn, fresh baked buttered roll, chilled fruit and milk.

Tuesday: Cheeseburger on a roll, condiments, french fries, crisp garden salad, gelatin with topping and milk - or - Macaroni with meat sauce, grated cheese, buttered green beans, fresh baked buttered roll, gelatin with topping and milk.

Wednesday: Chicken patty deluxe on a roll, french fries, crisp garden salad, pudding with topping and milk - or - Baked haddock and cheese, whipped potato, tartar sauce, buttered carrots, fresh baked buttered roll, pudding with topping and milk.

Thursday: Frankfurt in a roll, condiments, baked beans, french fries, crisp pineapple cole slaw, ice cream and milk - or - Scrambled hamburger and gravy, whipped potato, green beans, fresh baked buttered roll, ice cream and milk.

Friday: Chicken soup, tomato and cheese pizza, cheese wedges, buttered corn niblets, baked dessert and milk - or - Baked sausages, whipped potato and gravy, buttered peas, applesauce, fresh baked buttered roll, baked dessert and milk.

Tewksbury schools

Week of April 25

Monday: Baked macaroni, cheese or spaghetti with sauce, green beans, hot buttered roll, fruit cup and milk.

Tuesday: Cheeseburger on a roll, potato sticks, relish, mustard, vegetable of the day, jello or pudding and milk.

Wednesday: Fisherman's plate, french fries or puffs, beets, carrots or peas, hot roll, chocolate cluster and milk.

Thursday: Cup of soup, beef and cheese taco with shredded lettuce and tomato, corn niblets, peanut goober cookie and milk.

Friday: Chilled orange juice, tomato and cheese pizza, garden salad, ice cream and milk.

Second choice line is available in all elementary schools.

Junior and Senior High

Week of April 25

Monday: Baked macaroni, cheese, or spaghetti with sauce, green beans, hot buttered roll, fruit cup and milk - or - choice of sandwiches.

Tuesday: Cheeseburger on a roll, potato stick, mustard, relish, vegetable of the day, jello or pudding and milk - or - choice of lunches.

Wednesday: Fisherman's plate, french fries or puffs, beets, carrots or peas, hot roll, chocolate cluster and milk - or - Veal cutlet with sauce on bulgie roll, vegetables, dessert and milk.

Thursday: Cup of soup, beef and cheese taco with shredded lettuce, tomato, corn niblets, peanut goober cookie and milk - or - Frankfurt on a roll with mustard and relish, baked beans, dessert and milk.

Friday: Chilled orange juice, tomato and cheese pizza, garden salad, ice cream and milk - or - Tuna sandwich, salad, ice cream and milk.

Academically talented children

On Tuesday, May 3, at 8 p.m. a lecture and discussion will be held at the Killam School, 333 Charles St., Reading, relative to academically talented children. The purpose of this meeting will be to identify who these children are, established that they have special needs and how these needs can possibly be met.

The guest speakers will be

Fred and Wendy Mareks and Elias Salfie who spearheaded the drive to establish a program for gifted and talented children in Chelmsford.

This lecture is sponsored by concerned parents for academically talented children and all are welcome. For more information, call Don at 944-8071 or Elaine at 944-8059.

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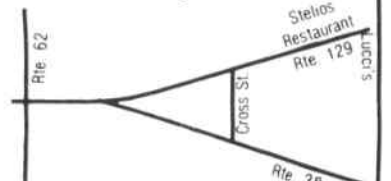
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tooth surface. This is a relatively simple procedure, with little or
no discomfort involved for the child. Usually the sealant will last
several years and can then be re-applied if needed.
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Town Crier Sports



Redmen
mash
Keith Hall

Tewksbury High School's varsity softball girls mashed Keith Hall in their non-league opener Friday afternoon. Clockwise from bottom left: pitcher Linda Barry cruises in the early innings; Vicki Westover roars around third enroute to a homerun as coach Donna Tanner watches the play develop; thirdbaseman Michelle Muise gets set on defense; and mini-masher Laura Briggs lines an extrabase hit. TMHS is rated a pre-season favorite in the MVC.

Wilmington Pop Warner scholarships

The Wilmington Pop Warner Youth Football Board of Directors has announced that it is accepting applications for its annual scholarship awards to be presented to both a former Pop Warner player and cheerleader who will be graduating from high school with the Class of 1983.

In order to apply for the 1983 scholarship, all graduating seniors must have participated in the Wilmington Pop Warner program, be a current resident of the town of Wilmington and must be planning to attend a two or four year college or a technical school in the fall.

Two scholarships will be awarded, one to a former Pop

Warner player, and one to a former cheerleader in the Youth Football program, with the scholarship awards to be presented to the two recipients at the Wilmington High School graduation exercises in June.

Application forms may be obtained by writing to: Wilmington Pop Warner Scholarship Committee, P.O. Box 337, Wilmington, Ma. 01887.

Application forms will also be available at the high school. For additional information, contact Linda Calandrello at 657-7010 during the day.

The deadline for receiving scholarship applications will be Tuesday, May 3, 1983.

WHS baseball

Wildcats survive errors, 3-2

The Wilmington High School baseball nine managed to compensate for five errors behind the timely hitting of Dennis Moran and the workmanlike pitching of Ed Olshaw in last week's 3-2 non-league victory over Wakefield. Earlier in the week the Wildcats dropped a 3-0 decision to the same Warrior club.

Moran's bases loaded single sparked a three run Wildcat rally in the fifth inning, while Olshaw went the seven inning distance at the Wakefield High School diamond, limiting the home squad to two hits and striking out four. Wakefield managed single runs in the fourth and seventh innings.

Coach Dick Scanlon's crew wiped out a 1-0 Wakefield advantage in the top of the fifth inning when Moran struck his two out single to score a pair of runs.

Dave Gorski led the inning with a single, and with one out Joe Pelletier banged a basehit to give the Wildcats runners on first and second.

Olshaw then reached on a fielder's choice and Jon Nolan was hit by a pitch to load the bases for Moran. The WHS senior came through with a single to send the visitors into the lead for the first and final time.

The Wildcats scored again in that fifth frame when Rob O'Connell singled to score Nolan from thirdbase.

Varsity and JV Baseball

April
Wed., 20, Methuen, 1:30;
Mon., 25, at Lawrence, 3:30;
Wed., 27, Dracut, 3:30; Fri., 29, at Central, 3:30. Wakefield games are varsity only.

May
Mon., 1, Tewksbury, 3:30;
Wed., 4, at Chelmsford, 3:30;
Fri., 6, Haverhill, 3:30; Mon., 9, at Andover, 3:30; Wed., 11, Gr. Lawrence, 3:30; Fri., 13, at Billerica, 3:30; Mon., 16, Lowell, 3:30; Wed., 18, at Methuen, 3:30; Fri., 20, Lawrence, 3:30; Mon., 23, at Dracut, 3:30; Wed., 25, Central, 3:30; Fri., 27, at Tewksbury 3:30. Head coach, Dick Scanlon.

Wilmington Invitational Track Meet

Luken, Branscombe brighten day

Tewksbury's Beverly Luken and Wilmington's Cheryl Branscombe brightened a rather soggy, dismal day for the two local track contingents at the first-ever Wilmington Invitational Track Meet for girls Saturday at a rather damp WHS track.

Luken paced the TMHS effort, winning the 100 yard dash in 11.8, while teammate Crystal Hasberry claimed a second place in the shotput. Pia Romano rounded out the Tewksbury standouts with her fifth place in the discus.

Branscombe, who is enjoying an outstanding spring season thus far, took home a top spot in the discus with her toss of 107'9".

Senior Mary McNaughton

returned to action for the Wildcats to place second in the mile run, and Stephanie Briggs came home sixth in the hurdles for the locals.

Grabbing fourths for the Wildcats were Karen Rowe in the 100, Debbie Errico in the 880 and Andrea Hayden in the two mile.

Reading won the team trophy Saturday, with Wilmington taking seventh and Tewksbury 12th place. A complete rundown of the Invitational follows together with results of the Wilmington High School meets run last week.

Track results

page nine

TMHS baseball

Redmen two-hit, 5-0

Tewksbury High School's baseball squad ran into an outstanding pitching performance in non-league action Monday afternoon, dropping a 5-0 contest to Austin Prep righthander Rick Janicki, who fired a two-hitter at coach John Bresnahan's boys.

The victory enabled the Cougars to avenge a 1-0 shutout by TMHS pitcher Boo Tremlett last week. The Redmen get into Merrimack Valley Conference play this week.

The losing TMHS pitcher Monday was Wayne Freitag, who surrendered just five hits as the Redmen slipped to 1-3 on the young season.

Varsity and JV baseball

April
20, Wed., Lawrence, 1:30 p.m.; 25, Mon., at Central; 27, Wed., Methuen; 19, Fri., at Dracut.

May
Second, Mon., at Wilmington; 4, Wed., at Billerica; 6, Fri., Lowell; 9, Mon., at Chelmsford; 11, Wed., Haverhill; 13, Fri., at Andover; 16, Mon., Gr. Lawrence; 18, Wed., at Lawrence; 7:30 p.m.; 20, Fri., Central; 23, Mon., at Methuen; 25, Wed., Dracut; 27, Fri., Wilmington.

Varsity home games at Livingston Street Hazel Field.

Tewksbury Youth Hockey scholarships

The deadline for Tewksbury Youth Hockey Association scholarship applications is May 13. Graduating high school seniors who have participated in the Tewksbury Youth Hockey League program are eligible for the scholarships. The

association will award two scholarships this year.

Applications should be sent to June Fowler, 28 Rocky Avenue, Tewksbury, MA 01876. Applications should be received before May 13.

Softball

Wilmington Town Park

Friday, April 22

6:00 — Tighe Club vs. N.W.Shell
7:45 — Tighe Club vs. D&D Gulf

Saturday, April 23

6:00 — Tighe Club vs. Hudson Alignment
7:30 — Tighe Club vs. Hudson Alignment

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Track results

from page eight

First annual Wilmington Invitational for girls

April 16

Discus

1. Cheryl Branscombe (W), 107'9"; 2. Balaouras (Winthrop), 107'4.5"; E. Stone (North Andover), 101'10"; 4. Washington (Lexington), 95'3.5"; 5. Romano (Tewksbury), 92'3.5"; 6. Wilkinson (Triton), 91'9".

Shot put

1. Dana Stone (Winthrop), 37'11"; 2. Hasberry (Tewksbury), 34'6.25"; A. McGregor (Haverhill), 32'11"; 4. MacDonald (Billerica), 32'7.25"; 5. Callahan (Triton), 31'11.25"; 6. Julie (Lexington), 31'10.5".

High jump

1. Kyle Emery (Swampscott), 5'3"; 2. Schloth (Reading), 5'2"; 3. Vetter (Reading), 5'1"; 4. VanOlinda (Andover), 4'10"; 5. White (Lexington), 4'10"; 6. Goldstein (Winthrop), 4'8".

100 yard dash

1. Beverly Luken (Tewksbury), 11.8; 2. Koenig (Chelmsford), 11.9; 3. Revon (Swampscott), 12.2; 4. Rowe (Wilmington), 12.4; 5. Gallo (Winthrop), 12.6; 6. Harriman (Haverhill), 12.8.

440 yard dash

1. Goldstein (Winthrop), 59.7; 2. Suzie (Beverly), 61.2; 3. Harris (Reading), 61.6; 4. Cote (Chelmsford), 64.7; 5. Walsh (Medford), 65.0.

One mile run

1. MaryEllen Schena (Haverhill), 5:09.2; 2. Mary McNaughton (Wilmington), 5:14.1; 3. Green (Swampscott), 5:27.0; 4. Forti (Winthrop), 5:33.1; 5. Bresnahan (Haverhill), 5:35.6; 6. Cash (Winthrop), 5:40.6.

4x110 relay

1. Chelmsford 52.5; 2. Reading 52.8; 3. Andover 53.8; 4. Lexington 53.8; 5. Swampscott, 54.9; 6. Beverly 55.2.

Javelin

1. O'Reilly (Beverly), 116'6"; 2. J. Saalfrank (Andover), 107'9"; 3. Dymant (Reading), 106'4"; 4. K. Norton (Billerica), 106'; 5. Delai (Reading), 92'11"; 6. LeGault (Beverly), 91'2".

Long jump

1. Carson (Lexington), 16'3.5"; 2. Harriman (Haverhill), 15'9"; 3. Gately (Medford), 15'6.5"; 4. Rittenburg (Reading), 15'3.25"; 5. Tropeano (Andover), 14'11"; 6. Uttley (North Andover), 14'10.5".

100 meter low hurdles

1. Jane Schloth (Reading), 15.3; 2. DeLuca (Andover), 15.4; 3. Lyons (Beverly), 15.6; 4. Billo (Natick), 15.6; 5. Rittenburg (Reading), 16.2; 6. Briggs (Wilmington), 17.2.

220 yard dash

1. Vetter, Cheryl (Reading), 25.2; 2. Marshall (Chelmsford), 26.2; 3. Fitzgerald (Medford), 4. Carson (Lexington), 5. Gifford (Billerica), 6. Taranto (Chelmsford), 27.3.

880 yard run

1. Gail Saunders (Reading), 2:20.5; 2. Harring (Billerica), 2:21.5; 3. Morceau (Medford), 2:29.8; 4. Errico (Wilmington), 2:31.6; 5. Leary (Winthrop), 2:32.7; 6. Batson (Andover), 2:34.5.

Two mile run

1. Dayleen Divino (Andover), 11:36.4; 2. K. Norton (Billerica), 11:55.4; 3. Deshaies (Haverhill), 11:59.1; 4. Andrea Hayden (Wilmington), 12:03.6; 5.

Engstrom (Swampscott), 12:14.9; 6. Loyall (North Andover), 12:18.4.

4x880 relay

1. Medford 10:22.0; 2. Lawrence 10:28.5; 3. Natick 10:34.4; 4. Andover 11:02; 5. Triton 11:07.9; 6. Beverly 11:10.0.

Boys

Chelmsford 100

Wilmington 45

Shot put

Maloney (C), 45'6.5"; Smiley (C), 44'6.5"; Juris (C), 38'7"; S. Olson (W), 36'7"; D. Hanson (W), 33'11"; R. McClanahan (W), 32'10.5"; D. MacDonald (W), 26'6".

Discus

Mahoney (C), 116'1.5"; Sittler (C), 112'2"; E. Olson (W), 101'7.5"; McCormack (C), 99'11"; Juris (C), 99'7.5"; S. Tobey (W), 86'8"; D. MacDonald (W), 83'4"; R. McClanahan (W), 79'11".

Javelin

Micol (C), 162'11"; Sittler (C), 146'5.5"; Campbell (W), 136'2"; B. Davis (W), 134'11"; Cutone (W), 117'2.5"; R. Taylor (W), 111'4.5"; T. Deegan (W), 84'6.5".

High jump

Walsh (C), 6'4"; Brent (C), 6'4"; Yoder (C), 5'4"; L. Sullivan (W), 5'4".

Pole vault

Keohane (C), 9'6"; N. Baldwin (W), 8' P. Quandt (W), 8'; E. Rotondo (W), 8'; Bowser (C), 8'; R. Martyn (W), NH; R. Quandt (W), NH.

Long jump

Doherty (C), 19'2.25"; C. Athanasia (W), Precobb (C), 18'5"; S. Caizzi (W), 18'4"; E. Cripianuk (W), 17'10".

Triple jump

Micol (C), 39'11.25"; Sullivan (W), 36'4.5"; Beaumont (C), 36'2.75".

Hurdles

Colby (C), 15.9; O'Grady (C), 17.9; Hill (W), 20.6.

100 yard dash

Bruno (C), 10.3; Landers (C), 10.5; P. Caizzi (W), 10.9; S. O'Connell (W), 10.9; K. McCowan (W), 10.9; B. Surette (W), 10.9.

One mile run

St. Germaine (C), 4:44.5; F. Dinsmore (W), 4:53.5; Bowser (C), 4:56.0; R. Lydon (W), 5:28; L. Grise (W), 5:30; B. Surette (W), 5:30.

4x110 relay

Chelmsford 46.5; Wilmington 46.6.

440 yard dash

S. Hancox (W), 54.9; S. Caizzi (W), 54.9; C. Micol (C), 56.3; T. Lewis (W), 59.2; E. Torrell (W), 63.4; S. Schultz (W), 65.5; K. McCowan (W), 68.3; R. McClanahan (W), 84.4.

330 yard

Colby (C), 42.4; L. Sullivan (W), 44.9; J. Desforge (W), 47.9.

880 yard run

D. Mather (W), 2:08.8; P. Brennan (W), 2:14.5; McCarthy (C), 2:12.

220 yard dash

R. Taylor (W), 23.7; McCormick (C), 23.9; E. Cripianuk (W), 24.2; L. Davis (W), 26.6; M. Byrd (W), 26.6; R. Martyn (W), 28.1.

Two mile run

Beeman (C), 10:40; McGurn (C), 11:01; Bears (C), 11:34; Penny (W), 11:34; Prescott (W), 12:55.

4x440 relay

Wilmington 3:47.0; J. Desforge 3:59; F. Dinsmore, 56.4; S. Caizzi, 56.3; S. Hancox, 55.3.

Girls

Chelmsford 71

Wilmington 47

April 13

Discus

C. Branscombe (W), 110'1.5"; M. Regan (C), 91'5.5"; P. Smalldone (C), 85'2"; M. DeMarines (C), 81'1.5"; B. McCready (C), 60'1.5"; D. Marsolini (W), 58'; K. Ugolini (W), 57'6"; T. Blumstein (C), 56'10"; K. McCormack (C), 51'4.2".

Shot put

C. Branscombe (W), 33'4.5"; S. Briggs (W), 27'4"; K. Finnegan (C), 26'9.5"; S. St. Germaine (C), 24'6"; K. Ugolini (W), 23'3.5"; D. Marsolini (W), 20'.

Javelin

P. Smalldone (C), 77'1.5"; Mercuri (C), 69'; P. Davis (W), 68'9.5"; Calileo (W), 54'7.5"; Richburg (W), 50'7.5"; Koenig (C), 49'10"; Bue (C), 48'3.5"; McCormack (C), 45'4".

High jump

B. Murphy (C), 4'8"; K. Rowe (W), 4'6"; C. Hawes (C), 4'6"; P. Davis (W) NH; L. Medeiros (W), NH.

Long jump

C. Hawes (C), 14'9.25"; Coleman (C), 14'5.75"; D. ERrico (W), 14'5.5"; Smith (C), 12'9"; Pawlina (C), 12'8.75"; E. Gately (W), 10'10".

Hurdles

M. Koenig (C), 16.1; S. Briggs (W), 17.3; Smith (C), 17.8; P. Davis (W), 18.4; J. Richburg (W) 20.3; L. Medeiros (W), 20.7; K. Larson (W), 21.3.

220 yard dash

W. Marshall (C), 24.9; Toronto (C), 25.8; K. Rowe (W), 26.6; N. Jones (W), 26.7; E. Gately (W), 32.5; K. Sheehan (W) NT; S. Merten (W), 34.7; C. Wolfe (W), 36.0.

100 yard dash

W. Marshall (C), 11.6; K. Rowe (W), 12.2; Calileo (C), 12.3; N. Jones (W), 12.4; D. Marsolini (W), 14.1; C. Bishop (W), 14.1; S. Merten (W), 16.0; C. Wolfe (W), 16.1.

One mile run

Lisa Desforge (W), 5:45.3; L. Callahan (W), 5:51; Frame (C), 6:03.

4x110 relay

Chelmsford 54.6; Wilmington 62.6.

110 yard dash

Cody (C), 63.8; Ski (C), 64.9; N. Newark (W), 70.6; J. Wolff (W), 84.0; B. Boulton (W), 84.5; K. DeFranzo (W), 78.6; J. Kincaid (W), 1:35.7.

880 yard run

D. Errico (W), 2:34.6; Frame (C), 2:37.5; Dean (C), 2:46.3; J. Richburg (W), 2:51.6; L. Murray (W), 2:56.8; D. Ring (W), 3:01.5.

Two mile run

M. McNaughton (W), 11:32.7; A. Hayden (W), 12:09; McCready (C), 16:39.

4x440 relay

Chelmsford 4:41; Wilmington 4:42.0.

Sports Editor's note: Wilmington High School coach Frank Kelley provided the Town Crier with the results of last week's track action.

Where the
Action is
page 10

recreation calendar

Public ice skating

The Wilmington Recreation Department has scheduled public ice skating during the April school vacation.

The ice will be available Friday, April 22 from 10 a.m. to noon. The cost is \$1.00 for those in grade one through adult and 50 cents for kindergarten and under.

New York in the spring

There are just a few openings left for the Recreation trip to New York City. Call the Recreation Office Monday through Friday from 9 a.m. to 2 p.m. to register. The trip is scheduled for Saturday, April 30.

Modeling-finishing course

The Wilmington Recreation's

popular modeling-finishing class is filled except for the new grades one through five class. This class will stress proper manners, social graces, posture, poise and confidence.

The class will start at 9 a.m. April 30. Call the Recreation Office at 658-6512 to register between the hours of 9 a.m. and 2 p.m.

Whitewater rafting

The Recreation Department is heading north again this June for a whitewater rafting trip on Maine's Kennebec River.

The June 18 river run has a few openings. Call the Recreation Office at 658-6512 for details.

MVC girls' tennis

Notre Dame, Lowell bounce Redmen

The TMHS tennis girls got off to a rough start last week, dropping a pair of 4-1 matches to Notre Dame Academy and Lowell High School.

Tewksbury's Diane Carroll scored the lone win in the Notre Dame match with a 6-2, 6-1 straight set victory before coming back to again score a win against Lowell.

Players cracking the TMHS varsity lineup during the first week of play were Kristen Rhodes, Chris Stegner, Sherri Strong, Michelle Laskey, Chris Mangano and Mary Jennings.

Ruth Johnson orienteering champ

Ruth A. Johnson of Strout Avenue, Wilmington is now nationally ranked as the first place orienteering competitor in the 50 age class, based on competition results in Class A orienteering meets held throughout the United States during the past year.

For ranking among the top three in her class, Johnson was awarded a gold badge of excellence by the technical committee of the United States Orienteering Federation at its March convention at Oak Mountain State Park, Alabama. The distinctive cloth badge may be worn on the orienteering suit or other clothing.

Ruth is a member of the local New England Orienteering Club, one of over 60 orienteering clubs in the United States.

Orienteering is an international sport. Competitors self-navigate on a cross-country

course over unfamiliar forest terrain. Each carries a detailed map on which a number of predetermined check points are marked. The orienteer visits each check point and punches a score card. For non-competitors, orienteering can be a leisurely and enjoyable hike in the woods.

In this area, both competitive and informal orienteering is offered periodically to the public. For more information about this sport and a schedule of local events, call Hans Bengtsson at 443-8502.

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WHS tennis

Wilmington teams cruise

Wilmington High School's tennis squads enjoyed a fine afternoon of MVC action Monday, as the WHS boys and girls handed Greater Lowell Regional a pair of 4-1 setbacks.

The boys squared their early season slate at 1-1 behind a 4-1 victory that was paced by the play of singles leader Bob Perry, who crushed his opponent, 6-1, 6-2. Bob Curran followed that win up with a 6-1, 6-3 rout to give the locals a 2-0 advantage.

Greater Lowell scored its lone point of the match when Wildcat Mike Medeiros dropped a tough 3-6, 6-4, 6-3 decision.

The Cats came right back in both sets of doubles matches however, as Rich Doucette and Ray Durling earned a tough 6-1, 3-6, 6-0 win and Jay McFayden and Dave Webster took home a 6-3, 2-6, 6-1 victory.

The Wilmington girls equaled the boys super performance with an identical 4-1 victory. The doubles tandem of Patty Conant and Annette Antinarelli took a 6-2, 6-2 win, while the lone WHS loss of the match came when Maureen O'Leary and Beatrice Cutone fell, 6-1, 6-2.

Singles players Linda Nistico and Susan Gillespie also played well for Wilmington in winning their respective matches.

Boys' Tennis

April

Wed., 20, Methuen, 10 a.m.; Fri., 22, at Lawrence, 10 a.m.; Mon., 25, Central, 3:30; Wed., 27, at Lowell, 3:30; Fri., 29, Haverhill, 3:30.

May

Mon., 2, at Chelmsford, 3:30; Wed., 4, at Billerica, 3:30; Fri., 6, Gr. Lawrence, 3:30; Mon., 9, Andover, 3:30; Wed., 11, at Methuen, 3:30; Fri., 13, Lawrence, 3:30; Mon., 16, at Central, 3:30; Wed., 18, Lowell, 3:30; Fri., 20, at Haverhill, 3:30; Mon., 23, Chelmsford, 3:30; Wed., 25, Billerica, 3:30; Fri., 27, Gr. Lawrence, 3:30. Head coach, Colin MacDonald.

Girls Tennis

April

Wed., 20, Methuen, 10 a.m.

WHS tennis

page 11



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Tewksbury Youth Soccer

Tewksbury girls belt Melrose, 6-1

The Tewksbury girls under-14 team, in its' second M.Y.S.L. season, opened the 1983 schedule with a fine 6-1 win over Melrose last week. Tewksbury dominated the first half with excellent passing, and by halftime had rapped in six excellent goals, all scored by Maureen Murphy, her first hattrick coming within two minutes.

The second half saw Melrose enjoy an edge, as Tewksbury became a little complacent. Maureen Murphy took over in goal. Tewksbury's complacency cost them a goal, as Melrose scored directly from a corner kick. This goal woke Tewksbury up, and for the remaining 20 minutes they again dominated the play and only bad luck, near misses and some careless shooting prevented the team from scoring at least four more goals.

An excellent start to the season, with the entire team playing well, but Tewksbury will have to be on its' toes April 23, as they face the Wakefield Celtics at the Christian Formation Center starting at 11:30.

Clippers 4 Wildcats 1

The Clippers scored their second win, with goals scored by Tachon Fukuda, Mark Krueger and Brian Wahl. Outstanding play at midfield by Chad Previte and David Conti was backed by the defense of Karen Trueba.

The Wildcats played well, highlighted by Sean McShee's

goal assisted by Robbie Williams. The offense was aided greatly by David Kariberg. Mike Geyer was excellent on defense.

Cosmos 2 Dynamos 1

The Cosmos defeated the Dynamos with excellent goals scored by Brett Simas and P.J. Lussier, together with some superb play from Tony Cararelli. The Dynamos' lone goal was scored by Joe Killion, who played an excellent game along with Dianne Connolly and Tony Varconcellos.

Astros 4 Falcons 0

The Astros played an excellent game leading to their second win. Great efforts were turned in by Chris Foley, Fawn Williams and Mark Whynot.

The Falcons showed strong positional play, led by Sherri Thurston, Shelley Marsh and Richard Treem. A strong defensive game was played by

Rod Stecher.

Cougars 8 Comets 6

The Cougars defeated the Comets, with Brian DeLuca scoring five goals and Gregg Ray's three. Excellent goaltending by David Ward, while Kim Carlson played well on defense. The Comet's Ken Silvia scored another three goal game along, with Frank Kushmerik's two goals and Aaron Bell's one. The comeback was sparked by the strong play of Jeff Poulas and Suzette Beaulieu.

Spartans 6 Ravens 0

The Spartans took their first win of the season, with goals scored by Tim Bedard, Brian Kelly and Terry Reiss. Strong games were played by Kerry Molander, Mike Perkins and Amy Duval.

The Ravens put up a good fight, with solid play by Craig Goldworthy and Peter Landry.

North Reading Basketball Camp

The second annual North Reading Basketball Camp will be held at North Reading High School July 25-29. This year the camp will be run a full day beginning at 9 a.m. and ending at 3:30 p.m.

The camp will be under the direction of North Reading High

School basketball coach Barry Kipnes. The other members of the staff are Rich Butterworth of Danvers High, Henry McCarthy of Winthrop High, Mike Mc-

Camp page 11

where the action is

Baseball

Wed., April 20: Methuen at Wilmington; Lawrence at Tewksbury; Tewksbury freshmen at Lawrence; Wilmington freshmen at Methuen (1:30).

Mon., April 25: Tewksbury at Central Catholic; Wilmington at Lawrence; Central Catholic at Tewksbury freshmen; Lawrence at Wilmington freshmen (3:30).

Wed., April 27: Methuen at Tewksbury; Dracut at Wilmington; Tewksbury freshmen at Methuen; Wilmington freshmen at Dracut (3:30).

Softball

Wed., April 20: Tewksbury at Lawrence; Wilmington at Methuen (1:30).

Fri., April 22: Men's softball Tighe Club vs. North Wilmington Shell (Wilmington Town Park, 6:30 p.m.); Tighe Club vs. D and D Gulf (7:45).

Saturday, April 23: Men's softball Tighe Club vs. Hudson Alignment (Wilmington Town Park, two games, 6 p.m., 7:30).

Mon., April 25: Notre Dame Academy at Tewksbury; Lawrence at Wilmington.

Tues., April 26: Tewksbury freshmen at Bishop Fenwick (3:30).

Wed., April 27: Tewksbury at Methuen; Wilmington at Dracut (3:30).

Track

Wed., April 20: Chelmsford at Tewksbury boys and girls; Wilmington boys and girls at Lowell (11 a.m.).

Fri., April 22: Wilmington girls at Andover (11 a.m.).

Sat., April 23: Wilmington boys at Haverhill Invitational (10 a.m.).

Mon., April 25: Tewksbury girls at Methuen (3:30).

Wed., April 27: Lawrence at Tewksbury boys; Greater Lawrence at Wilmington boys (3:30).

Tennis

Wed., April 20: Methuen at Wilmington boys and girls; Tewksbury girls at Haverhill (10 a.m.).

Fri., April 22: Wilmington boys and girls at Lawrence; Billerica at Tewksbury girls (10 a.m.).

Mon., April 25: Central Catholic at Wilmington boys; Tewksbury girls at Wilmington (3:30).

Wed., April 27: Wilmington boys and girls at Lowell; Tewksbury girls at Greater Lawrence (3:30).

Golf

Thurs., April 21: Billerica at Tewksbury (3:30).

Mon., April 25: Chelmsford at Tewksbury; Central at Wilmington (3:30).

Youth Soccer

Tewksbury tops Wilmington, 2-0

The Tewksbury under-12 youth soccer traveling team beat a determined Wilmington team by a 2-0 score last week, with both Tewksbury goals coming early when Danny Femino and David Babine scored in the first quarter.

The Wilmington team is playing its first year of traveling soccer and played a very strong game. Tewksbury coach Jim Culbertson said: "Wilmington has a lot of excellent athletes, great team spirit and good fan support. It takes a while to put together a total team, but before the season is over, they should win quite a few games and possibly knock off a few of the oldtimers."

The shutout recorded by the winners was preserved by goalie Jim Pollard and three excellent fullbacks- Sean Wilson, David Meekins and Pat Romano. Fine play was also turned in by halfbacks Sean Conley, Ken Culbertson and Danny Whelton, as the trio controlled the field position that was decidedly in Tewksbury's favor. Wilmington coach Cliff Wheeler praised the play of Tewksbury's Richie Proulx, who is always a fan

Youth Soccer

page 11

Invitational Track
page eight

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Sports Notebook

by Rick Cooke

Enough Marathon Madness



Like everything else it touches, television and the money it generates is slowly taking a creative wrecking ball to the Boston Marathon.

Commercial television is just so much fodder commercial time, and the sporting events that come across that screen are too often tainted by the amount of money it takes to put the events on in the first place.

I mean, I would be happy just to see that fantastic picture at the start of the race, the struggle up Heartbreak Hill and the runners crossing the finish line.

The marathon has always been exempt from sporting overkill, the over-analysis and the big bucks. Now, the whole thing is taking on the stench of the professional sports that we all have become increasingly skeptical of and bored with because money is now the end all, with pure competition taking an unnecessary deep seeded plank in the back row.

Monday's race generated over five million dollars, every hotel in the city was booked, every hawker with anything to peddle hit the streets, and every decent runner with any true sense of what this event has become made sure that he or she had a few bucks tucked away from a running shoe manufacturer.

Yes, I know the state of the economy and that any method of generating bucks should be more than welcome. But, didn't this marathon once make it through a depression with a true sense of the word amateurism?

The cursed boob tube has a lot to do with why I have turned my back on this event. Why do we need Chet, Natalie, Tom, Robin, Jack and Liz telling us just what the runners are going through? Do they and the executives who make these corporate decisions really have a sense about the nature of the race other than it makes for enough time on the tube to generate the sponsorship megabucks?

There is also the problem of too many experts on the tube telling us what is going on at any particular uninteresting moment. We didn't need runner Kevin Ryan wired for sound bugging eventual women's winner Joan Benoit every step of the way, and I'm sure that from her post-race reaction she didn't quite see the point of it all either.

This issue of expert overkill is what plagues professional sports every step of the way. Now, the marathon has been bitten by this bug. Why? Because television finds it necessary to tell us the uninformed sporting public just what is going on in an event that is becoming commercially sanctified with every passing April.

The event several years ago became another excuse to party. To the credit of security and police, this situation has been kept under control. Before long however, the bucks and the tube

and the revelers will be pushing the people this event is meant for too far to the fringe.

After all, isn't this event for those people out there who can qualify for such a jewel of a race and finish? The runners who don't qualify but who run unofficially are really the people who deserve some higher level of consideration. They don't go back to their exclusive running shops, they go back to a job that very probably comes before that intense love of running.

Because when you come right down to it, running is boring. Doing it is tedious, and watching all but the start, Heartbreak and the finish of this race is right up there with catching box lacrosse on the tube as far as I'm concerned.

I admire those people who can cover 26 miles in four hours, much less just over two. What I don't admire is the bucks creeping into the one event that has avoided this disease for so many years.

Can't the sporting public cry out just this once to preserve an event's total integrity before it breaks down into contract squabbles over just how this marathon will draw the best runners?

And if you don't think that it could someday come to that, think twice. I bet you never thought the Dodgers would leave Brooklyn either. I'm rather glad I was just four years old and wasn't old enough yet to really grasp what was going on. It did make great financial sense, though. Those bucks out there are indeed very, very important.

Locals hung tough

Several local runners covered the marathon course, including former Tewksbury High School track standout Jim Stronach. Stronach failed to qualify for the Olympic Trials, running the 26 miles in 2:27:18. A time of 2:19 or under is needed to qualify for the trials.

Jim was observed running with Boston University women's track coach Benoit for the first 10 miles before she caught and passed him at about the 18 mile mark. Stronach was also reportedly one of the several male runners who warned Benoit that she was running the risk of blowing herself out with her early record setting pace.

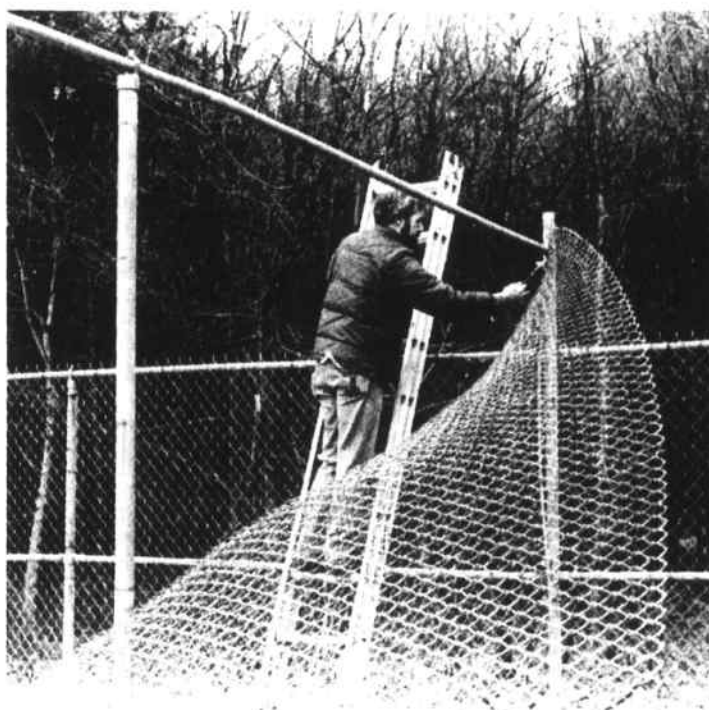
Other locals running Monday were Tewksbury's Wendell MacDonald and Wilmington's Tom Pazyra and Gary Molgard.

Cheers for

Wilmington volunteers

A sturdy group of Wilmington residents has undertaken the task of refurbishing the Glen Road School field.

What really is making this project go is the volunteer help required to get the job done. A Notebook tip of the hat to this crew who care so much about the youngsters of Wilmington.



Over the Hill Soccer League

Tewksbury knots North Reading

Tewksbury 3 No. Reading 3

The Tewksbury International soccer squad continued their rivalry with North Reading to start the spring Over the Hill Soccer League season, and another good game resulted.

North Reading opened the scoring after 32 minutes on a deflected shot on which the Tewksbury goalie had no chance. Tewksbury pressed on, and five minutes later tied the game on an excellent Martin Toth goal from a Roland Ploesser cross.

The second half saw Tewksbury take a 2-1 lead on another Martin Toth goal off a

corner kick after 73 minutes. North Reading pulled back to 2-2 seven minutes later on a good shot after a rebound off the post.

Seven minutes from the game's conclusion, Tewksbury took a 3-2 lead on an excellent Plus Levens shot from 20 yards out. Tewksbury seemed on its way to avenge last year's 4-3 loss to North Reading. With two minutes left to play, North Reading tied the game 3-3



Weekend volunteers

This past weekend a volunteer crew of Wilmington residents went to work installing a new fence and removing the tennis court at the Glen Road School to make room for two baseball and two softball fields. The fields will also be used for Pop Warner football, soccer and tee-ball. See Sports Notebook this page.

Camp from page 10

Veigh of North Andover High and Tom Gallagher of Chelmsford High.

The camp is for boys entering grades seven, eight, and nine, and will place heavy emphasis on fundamentals. Enrollment is limited to the first 44 applicants, which will allow for ample

playing time and attention for each camper.

Tuition for the week is \$70, which includes a t-shirt for each camper. For a brochure or more information, call Barry Kipnes at 664-2471 or write him at B-1 Colonial Drive, Apt. 10, Andover, Mass. 01810.

Youth Soccer from page 10

favorite.

For Wilmington, goalie John Masse had numerous excellent saves and played an superb game. Some of the defensive standouts for Wilmington included Paul Wheeler, Bill Burns and Danielle Fay at fullbacks,

while they received good play up front and on defense by Adam Pagliarulo and Steven Killilea.

Wilmington's next game is at home against Billerica United, while North Reading will be visiting Tewksbury this week.

WHS tennis from page nine

Fri., 22, at Lawrence, 10 a.m.; Mon., 25, Tewksbury, 3:30; Wed., 27, at Lowell, 3:30; Fri., 29, Haverhill, 3:30.

May

Mon., 2, at Chelmsford, 3:30; Wed., 4, at Billerica, 3:30; Fri., 6, Gr. Lawrence, 3:30; Mon., 9, Andover, 3:30; Wed., 11, at Methuen, 3:30; Fri., 13,

Lawrence, 3:30; Mon., 16, at Tewksbury, 3:30; Wed., 18, Lowell, 3:30; Fri., 20, at Haverhill, 3:30; Mon., 23, Chelmsford, 3:30; Wed., 25, Billerica, 3:30; Fri., 27, Gr. Lawrence, 3:30. Head coach, Pete Brumis.

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Wilmington police news

Arrests

At 4:30 Saturday morning Officer Steve Parsons arrested a Wakefield man after investigating a two-car collision on Main Street near the entrance to Wilmington Plaza.

Parsons charged Harold Sinclair, 30 of Renwick Road, Wakefield, with operating a motor vehicle while under the influence of alcohol and failing to keep to the right of the roadway.

Sinclair, along with Edward Lucas and Vivian Arcand both of Tewksbury, occupants of the second vehicle, were taken to the Regional Health Center for treatment of cuts and bruises.

An accident on Church Street near the common Saturday

resulted in the arrest of John Roach, 28, of Midland Street, Belmont. Arresting Officer Larry Redding charged Roach with operating a motor vehicle while under the influence of alcohol and operating so as to endanger the lives and safety of the public.

The accident occurred near the entrance to the high school where numerous election workers were located for the town election. Fortunately, no one was injured as a number of workers fled for safety.

Finger printing

Juvenile Officer Bob Spencer reported a fine turnout for the recently completed fingerprint program of Wilmington school children. Nine hundred children

hundred children from pre-school through high school took advantage of the opportunity. Parents of each child were given the only copy of the prints to keep at home in case of emergency.

Recovered property

A number of bikes and trail

bikes are available for inspection by owners. They have been recovered over the past several months and can be viewed by contacting Lt. Nally during the day.

Other activity

During the week ending April 19, Wilmington Police Officers responded to eight accidents, made five arrests, quieted six disturbances, assisted at two fires and investigated seven larcenies.

Medical assistance was given once, five protective custody detentions were made, one vehicle was reported stolen and one stolen vehicle was recovered; nine incidents of suspicious activity were reported, one trespassing, one trailbike and six traffic complaints were taken.

Twelve alarms were responded to, one assault and battery case was investigated along with six break and entries. Four domestic problems were checked out, two liquor related complaints were logged three persons were reported missing, two of them returned, one sex crime was investigated and 10 incidents of vandalism were reported.



Soloist Jannie Wolff was a hit at the concert of the Wilmington High School Jazz Band, Thursday evening in the Barrows Auditorium.

COMMONWEALTH OF MASSACHUSETTS PROBATE COURT

Plymouth, ss. No. A93-74
To Glenn Roland Stoodley of parts unknown
A petition has been presented to said Court by your former wife and her present husband praying for leave to adopt a minor child of yourself and your former wife, and that the name of said child be changed.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Brockton, before ten o'clock in the forenoon on the twentieth day of June, 1983, the return day of this citation.

Witness, James R. Lawton, Esquire, First Judge of said Court, this seventh day of April, 1983.

JOHN J. DALEY, Register

It is ordered that notice of said proceeding be given by delivering a copy of the foregoing citation to said Glenn Roland Stoodley fourteen days at least before said return day, or if he be not found within this Commonwealth, by publishing a copy thereof once in each week for three successive weeks in the Town Crier a newspaper published in Wilmington, in the County of Middlesex, the last publication to be seven days at least before said return day, and by mailing, postpaid, a copy thereof to him if he cannot be so found at his last known address two months at least before said return day.

Witness, James R. Lawton, Esquire, First Judge of said Court, this seventh day of April, 1983.

JOHN J. DALEY, Register

Planned Residential Development PRD

d) By adding in Subsection 8.4 Rules and Regulations, in line 1 after the words "The Board of Appeals," the words "and the Planning Board."

e) By adding in Subsection 8.5 Special Permit, in line 2 after the words "The Board of Appeals," the words "or where this By-Law specifically authorizes the Planning Board," and by adding in line 12 and line 17 after the words "Board of Appeals," the words "or the Planning Board."

as contained in Appendix B of the Special Town Meeting Warrant. The complete text of the proposed Section 7. Planned Residential Development District contained in Appendix B is on file at the office of the Town Clerk, Town Hall, Wilmington, Mass.; or do anything in relation thereto.

WILMINGTON PLANNING BOARD

A6, 13, 20 William G. Hooper, Jr., Chairman

Wilmington senior topics

Town meeting Saturday

The town meeting will be held in the high school gym Saturday, April 23. The town budget for the year 1983-84 will be formulated at this meeting. How tax dollars will be spent is up to the taxpayer. The Council on Aging's budget should be of particular interest to senior citizens. Margaret Pelegriano, 658-5879; Betty McLaughlin, 657-5186.

Hot lunch

The hot lunch program will resume Monday, April 25. Please call the Center before 9:15 a.m. when making a reservation for luncheon at the school. Reservations can not be made after the meal count has been phoned in. Shut-ins are urged to contact the Center (657-7595) so arrangements can be made to have a meal delivered.

Volunteer visitors

Volunteer visitors are available to call upon those confined to their homes. Call 657-7595 or 658-2258. Many close friendships have been formed in this way.

births

HACKETT: Andrew Evan to Mr. and Mrs. James Hackett (Cheryl Sibulkin) of Arlene Avenue, Wilmington on January 21 at Beth Israel Hospital.

Grandparents are Mr. and Mrs. Alan Sibulkin of Stoneham and Mr. and Mrs. Russell Hackett of Malden.

MORRIS: Rebecca Starr to Mr. and Mrs. Andrew Morris of Grove Avenue, Wilmington on March 26 at Melrose - Wakefield Hospital.

Grandparents are Thelma Elliott of Grove Avenue, Wilmington and Mr. and Mrs. Leslie Morris of Poe Road, Billerica.

O'ROURKE: Kerri Lisa, first child to Sp. 4 Michael and Manuela O'Rourke of Delmenhorst, Germany on April 13.

Grandparents are Mr. and Mrs. James O'Rourke of High Street, Wilmington.

REITCHEL: Peter, third child, second son to Mr. and Mrs. John Reichel of Church Street, Wilmington on April 5 at Winchester Hospital.

Grandparents are Mr. and Mrs. Paul Reichel of Hamlin Lane, Wilmington and Mr. and Mrs. Alexander Valente also of Wilmington.

SILVA: Adam Morin, first child to Mr. and Mrs. Gerry Silva of Rock Road, North Andover on April 15 at Melrose - Wakefield Hospital.

Grandparents include Mrs. Helen Morin of Lewiston, Maine and Mr. and Mrs. Ed Silva of West Street, Wilmington.

Great-grandmother is Mrs. Jean Morin, also of Lewiston, Maine.

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT

(SEAL) Case No. 110656
Middlesex, ss.
Richard P. Geranian, Plaintiff(s) vs.

Adolph Aronson, Jr., et al., Defendant(s)
To all whom it may concern and to Adolph Aronson, Jr., now or formerly of Boston, County of Suffolk, and said Commonwealth; J. Bernstein, now or formerly of New York, in the State of New York; Elizabeth R. Aronson, now or formerly of Dorchester, County of Suffolk, and said Commonwealth, or their heirs, devisees or legal representatives:

You are hereby notified that a complaint brought under General Laws, Chapter 60, Section 80B has been filed by the above-named plaintiff in which you are named as an interested party. This complaint concerns land in Wilmington, Massachusetts, known as the West by Forest Street 596 feet, on the north by lots 344-349 inclusive, as shown on a plan known as Wilmington Gardens 361 feet, on the east by lots 326-337 inclusive on said plan 600 feet, and on the south by lots 1 and 35 on said plan 341 feet.

See tax instrument dated September 22, 1920, duly recorded with Middlesex (Northern District) County Registry of Deeds, Book 634, Page 477.

You are required to show cause why you should not bring action to try any claim or claims which you may have adverse to the plaintiff's title arising out of the tax proceedings under which the plaintiff's title is based.

If you desire to make any objection or defense to said petition, you or your attorney must file a written appearance and an answer under oath setting forth clearly and specifically your objections or defense to each part of said petition in the office of the Recorder of said Court in Boston (at the Court House), or in the office of the Assistant Recorder of said Court at the Registry of Deeds at Lowell on or before the twenty-third day of May next.

Unless an appearance is so filed by or for you, your default will be recorded, the said petition will be taken as confessed and you will be forever barred from contesting said petition or from having or enforcing any claim or claims adverse to the plaintiff in the above described land.

And in addition to the usual service of this notice as required by law, it is ORDERED that the foregoing citation be published once a week for three successive weeks in the Town Crier, a newspaper published in the County of Middlesex.

Witness, WILLIAM J. RANDALL, CHIEF JUSTICE, of our Land Court, the twenty-eighth day of March, 1983.

Attest with Seal of said Court.

JEANNE M. MALONEY, DEPUTY RECORDER

A True Copy Attest
Jeanne M. Maloney, Deputy Recorder

A13, 20, 27
Atty for Petr:
Leslie Sleeper Madge
P.O. Box W
Burlington, MA 01803

May get-together

The Council on Aging's social get-together for May will be a bus trip to the Cog D'or Restaurant in Dracut. The buses will leave the Drop-in Center at 11:30 a.m. Wednesday, May 25. The dinner will consist of salad,

vegetable, potato, baked had-dock or boneless chicken, rolls and butter, coffee and ice cream. Registration will begin Friday (April 22). A \$2.00 deposit will be required and meal choice must be made, when registering.

Wilmington seniors' menu

Week of April 25

Monday: Shrimp croquettes, whipped potato, applesauce, buttered vegetable, bread and butter, ice cream and milk.

Tuesday: Chicken parmegiana, spaghetti, buttered vegetable, pudding with topping and milk.

Wednesday: Chicken nuggets,

Minuteman Home Care menu

Week of April 25

Served at Burlington Senior Citizens Friendship Center, 45 Center St., Burlington where nutrition aide is Kay Cavanaugh. Call 272-9552 for reservations.

North Woburn - Wilmington at North Congregational Church, 896 Main St., Woburn where site manager is Marilyn Georgis. Call 933-8643 for reservations.

Menus are subject to change without notice. Transportation is available, especially for handicapped people.

Monday: Baked ham,

pineapple sauce, sweet potatoes, wax beans, onion roll, chilled fruit.

Tuesday: Baked chicken, gravy, whipped potato, succotash, wheat bread, cranberry cake.

Wednesday: Ziti, meatsauce, tossed salad, italian dressing, grated cheese, crusty roll, tapioca pudding.

Thursday: Batter fried fish, au gratin potatoes, spinach, branola bread, prunes, tartar sauce.

Friday: Omelet, spanish sauce, rice, three bean salad, oatmeal bread, fresh fruit.

TOWN OF WILMINGTON



BOARD OF APPEALS

Case 42-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Thomas E. Kookan, c/o Polyvinyl Chemical Industrial, 730 Main Street, to acquire a special permit in compliance with Section VI-1D authorizing the enlargement of a non-conforming use (Building). Map 39 Parcel 8A.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

Case 43-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Bill & Bob's of Wilmington, Inc., Bill & Bob's Realty Corp., Nondas Lagonakis, 9 Bridge Street, Salem, Ma., to acquire a special permit in compliance with Section VI-1D authorizing the enlargement of a non-conforming use (Restaurant) also to acquire a special permit in compliance with Section III-3-B-5 authorizing additional sign area, for property located at 279 Main Street, Map 43 Parcel 3.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

Case 44-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Richard Stuart, Agent, P.O. Box 405, Wilmington, to acquire a variance from Section V-1 (Schedule of Requirements) authorizing the erection of a single family dwelling on a lot having insufficient depth and area for property located on Oakwood Road. Map 55 Parcels 54A and 55.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

Case 45-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Arthur R. Smith, 247 Andover Street, to acquire a special permit in compliance with Section III-3-B-5 authorizing additional sign area for property located at 210 Andover Street, Map R1 Parcel 11A.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

Case 46-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of James F. Bimbo, 35 Beeching Avenue, to acquire a variance from Section V-1 (Schedule of Requirements) to erect a garage within a required reserve side and rear yard areas. Map 70 Parcel 66A.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

Case 47-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Christopher Arciero, 60 Agostino Drive, to acquire a variance from Section V-1 (Schedule of Requirements) authorizing the erection of an addition within a required reserve side yard. Map 53 Parcel 137.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27

BOARD OF APPEALS

Case 48-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Chester H. Hall, Jr. and Valerie W. Hall, Bernstein Road, to acquire a variance from Section V-1 (Schedule of Requirements) authorizing the subdivision of a parcel of land into two non-conforming lots for the purpose of constructing a single family dwelling on the newly created lot, for property located on Summer Street. Map 84 Parcel 64.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

OFFICIAL MAP

Case S-7-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Ervyl H. Stewart, 95 Middlesex Avenue, to acquire authorization to construct a single family dwelling on land not shown or made part of the Official Map (G.L. Chapter 41, Section 81E) on a way known as Plymouth Avenue. Map 40 Parcel 87.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

Case S-8-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Clifton A. Hall, Bernstein Road, to acquire authorization to construct a single family dwelling on land not shown or made part of the Official Map (G.L. Chapter 41, Section 81E) on a way known as Lee Street. Map 67 Parcels 75B and 76A.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27 BOARD OF APPEALS

OFFICIAL MAP

Case S-9-83

A Public Hearing will be held at the Town Hall Annex, 342 Middlesex Avenue, on May 10, 1983, at 7:00 P.M., on the application of Chester H. Hall, Jr. and Valerie W. Hall, Bernstein Road, to acquire authorization to construct a single family dwelling on land not shown or made part of the Official Map (G.L. Chapter 41, Section 81E) on a way known as Summer Street. Map 84 Parcel 64A.

Bruce MacDonald, Chairman, Board of Appeals

A20, 27

TOWN OF WILMINGTON

INVITATION TO BID

WATER LEAK DETECTION SURVEY

Sealed bids for a water leak detection survey under the provisions of Chapter 805 of the Acts of 1979 will be received at the office of the Town Manager, Town Hall, Wilmington, Mass. 01887 until 4:30 p.m. on Thursday, May 5, 1983. The bids will be carried unopened to the offices of the Board of Water & Sewer Commissioners at the Butters Row Water Treatment Plant on Butters Row, where, on that date at 7:30 p.m., they will be publicly opened and read.

Detailed information may be obtained at the office of the Superintendent of the Water and Sewer Department on Andover Street.

The Town reserves the right to reject any bid or all bids or any parts thereof not deemed to be in the best interest of the Town of Wilmington.

Reginald Stapczynski, Town Manager

A20, 27

TOWN OF WILMINGTON

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Reginald Stapczynski, Town Manager

A20, 27

On April 25th

Carruthers at the Garden

BOSTON All of the breathtaking physical fireworks, elegant balletic nuances, and interpretative artistic flair that make figure skating such a singular viewing experience will be seen in the one performance of the World Figure Skating Tour at Boston Garden on Monday, April 25, at 7:30 p.m.

Among the internationally-acclaimed World Champions and Olympic aspirants participating in this outstanding skating tour will be Kitty and Peter Carruthers, a sister-brother pairs team from Burlington.

Kitty, now 18, and Peter, 20, began skating ten years ago and, since then, have quickly advanced into the upper ranks of the skating world. Gaining national attention

for their incredible potential, Kitty and Peter were sent to the Wilmington Skating Club in 1978 to receive training from coach Ron Ludington, a former Olympian.

It was in 1980 that the Carruthers attained worldwide recognition. They placed second in the National Pair Championships, seventh in the world Championships, and fifth in the Olympics. Kitty and Peter were originally skating as the second U.S. team in the 1980 winter Olympics at Lake Placid. However, the first U.S. Pairs team—Tai Babilonia and Randy Gardner—had withdrawn due to injuries incurred during practice. Thrust into top-level competition at the last minute, the Carruthers placed a highly-respectable fifth.

After the 1980 Olympics, there was no stopping the determined and gifted sister-brother team. They placed first in the 1981, 1982, and 1983 National Pair Championships; first in the 1981 Sports Festival; fifth in the 1981 World Championships; third in the 1982 World Championships; and fourth in this year's World Championships. The Carruthers continue their pursuit of perfection and will aim for their first Olympic Gold Medal by competing in the upcoming 1984 winter Olympics in Sarajevo, Yugoslavia.

Joining Kitty and Peter in this year's skating tour will be such world champions as Scott Hamilton, Rosalyn Summers,

Judy Blumberg and Michael Seibert, Norbert Schram, Barbara Underhill and Paul Martini, Igor Bobrin, and many more.

The 1983 World Figure Skating Tour is presented locally by WCVB-TV's Be A Good Sport Campaign. Proceeds will benefit the United States Figure Skating Association as well as next winter's Olympic team.

Tickets for the World Figure Skating Tour are available at the Garden Box Office and all Ticketron outlets. Children under twelve years of age receive a discount on certain seats.

For general information and group sales, call (617) 227-3206. Charge tickets to Visa or MasterCard by calling (617) 742-0200.



KITTY and PETER CARRUTHERS sister and brother Pair Skaters from Burlington are the 1981, 1982, and 1983 National Champions; 1983 World Bronze Pair Medalists; and 1983 fourth World Champions. The talented pair will be skating in the World Figure Skating Tour at Boston Garden on Monday, April 25, at 7:30 p.m.

Set of simple exercises

Relieving stress at the office

By WILLIAM PACINO

Are you one of many workers who spend long hours staring into the screen of a computer or word processor?

If so, do you feel that what you are doing is somehow hazardous to your well-being?

In a 1982 survey of office workers' opinions of new technology and equipment in the workplace, Verbatim, a Sunnyvale, California manufacturer of flexible computer disks, discovered that over 68 percent of the 1,268 secretaries, administrative assistants and word processing operators polled had health concerns about the word and data processing equipment they used.

Two key problems pinpointed by respondents were eyestrain (63 percent) and backstrain (36 percent). In addition, nearly eight in ten wanted regular rest breaks and better lighting.

There has been little evidence, however, that machines are the cause of these concerns. Rather, elements in the working environment, work pressures, amount of time spent at the machine and other factors are believed to have some bearing on the physiological strain felt by many office workers.

As computers, word processors and other automated systems proliferate, more and more people will be spending time at terminals and keyboards. Today there are over 4 million systems in use. By 1986, International Data Corporation projects that over 6 million people will be working with data and word processing systems.

Numerous studies have shown that appropriate exercise improves the ability to relax, both immediately and over a sustained period. Findings indicate that a relaxed person works and thinks more efficiently. It has been noted that physical activity increases circulation through the body and exercising helps all the brain cells receive the nutrients they need. Increased circulation through exercise can reduce or eliminate "nervous fatigue," as well as improve memory and cognition.

During a hectic day, your muscles store up tension. This tension can lead to back pain, stiff



Trimming the Waist

neck or tension headaches. If muscles are not given relief from tension by relaxation, exercises or change of activity, the muscle fibers physiologically "adapt" to the states of increased tension. The tension can be released by purposeful exercises.

Verbatim Corp. commissioned exercise physiologist Denise Katnich, a Los Angeles-based consultant and clinician with the President's Council on Physical Fitness and Sports, to develop a series of easy-to-do exercises to alleviate stress and tension buildup resulting from extended use of automated office equipment. These exercises can be done at your work station in a matter of minutes. No special skills or athletic abilities are required. You can even try them at home or on the train, plane or bus. Better still, do the exercises while watching television.

The exercises, courtesy of Verbatim Corporation, are presented as follows.

WARM UP EXERCISES

SHAKE: Loosen up by moving your neck, shoulders, arms, thighs, legs and feet. Promotes blood circulation throughout the body.

REACH: Slowly raise your arms and draw the stomach fully in. Then let your arms drop. Repeat twice. A good stretch for rib cage and can help posture.

DEEP BREATHING: Close your eyes and direct your attention to the breathing process. Think of nothing but your breathing. Inhale deeply through the nose and exhale forcefully out the mouth. Repeat six times. **Benefit:** Aids in relaxing and reducing tension.

TENSING THE MUSCLES: Most people generally have very little awareness of the sensation of relaxation. Therefore, you must first produce tension sensations, then slowly release them. This will allow you to feel the difference internally between tension and relaxation.

NECK

Let your head drop slowly to the left, then to the right. Slowly drop your chin to your chest and then raise your chin as high as you



Windmill

can. Turn your head all the way to the left, return it to the normal position and then turn your head all the way to the right. Return to normal position, and then turn your head all the way to the left. Return to normal position. **Benefit:** Stimulates the neck muscles to alleviate a stiff neck.

SHOULDER ROLL

Slowly roll your shoulder forward five times in a circular motion using your full range of movement. Then roll your shoulders backward with the same circular motion. **Benefit:** Releases nervous tension buildup in neck and shoulders.

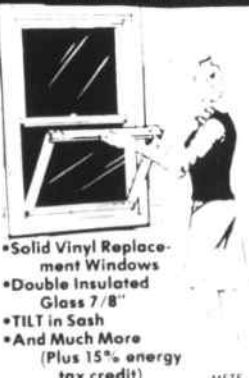
ARM CIRCLES

Raise your arms out to the side with your elbows straight. Slowly rotate your arms in small circles forward and then backward. **Benefit:** To increase joint mobility in the shoulders.



Upper Back Stretch

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MALDEN 322-7160
NASHUA (N.H.) 880-1510

PECTORAL STRETCH

Grasp your hands behind your neck and press your elbows back as far as you can. Return to

Stress on Page S-4



ROVING

with Dan Ferullo

Comments on Danielle's book

FM TALK: The roving reporter is back! My recent attack with the flu is over, thanks to a terrific woman doctor, a Dr. Maloney, at the Choate Hospital emergency room. A little drugged out, though, so please don't mention so much as the word aspirin. I'm ready to spill a few alluring alliterations, so let's get this show on the road.....

Speaking of drugs, did you happen to catch a glimpse at the recent informative Time magazine article on cocaine? It appears drug enforcement officials are going to have their hands full, according to what this article had to say. One expert predicts the use of cocaine will double before there is any appreciable decrease in its appeal. The article went on to say that last year was a record year for drug officers: 4,500 people were arrested, and 12,500 lbs. of the white powdery stuff was seized. But for every pound confiscated, six pounds found their way into the hands of users, noted the article. That's an estimated forty-five tons a year! The Time story further stated that the cocaine business has burgeoned into a \$25 billion a year industry, one that is three times as lucrative as the record and film industries combined.

There is a city in the mid-West that had taken to selling pot to help fatten its coffer without raising property taxes. Well, not pot exactly, but pot holes. For a price, city officials will fill a pot hole, engrave it with your name, and even give you a photo of your very own pot hole for posterity sake. The gimmick is apparently

working, yet if you ask me, the town fathers seem to be smoking the other variety of pot rather than selling the hollow kind.

Someone who must think the whole world is on drugs is Danielle Torrez, former wife of one-time Red Sox pitcher Mike Torrez. As you've probably heard, Danielle has just published a book on the life of a baseball pitcher's wife. Take my word for it, you'd better swallow a few dozen pills before you sit down by the fire to read this one. She writes about such things as the torrential torment she experienced when hubby Mike replaced his wedding band with his World Series ring. To help herself get over this stinging sorrow, she wrote her own assortment of pills and maybe a sip or two of expensive wine. All while Mike wasn't around, you see, because he was out making the bacon, and lots of it at that. What dreck.

Give me a good political thriller any day. One that makes the Chicago story look like Amos and Andy's first radio broadcast recently took place in San Francisco. This one even makes Mayor White's dilemmas look like the Andy Hardy series. Jack Fertig, a San Francisco transvestite, ran for a seat on the eleven-member San Francisco board of supervisors. Only he campaigned under the alias of Sister Boom Boom, wearing high heels, mesh nylons and a nun's habit cut down to mini-skirt length. On the ballot he listed his occupation as "nun-of-the-above." Now get this: he actually garnered more than twenty-three thousand votes! On the strength of this election, Mr. Fertig is planning to enter the city's mayoral race in the fall. Apparently a few other whimsical

Roving on Page S-4

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SAT. 10:00 - 3:00

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Thurs. 'til 9:00

Free estimates
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Winchester Hospital births

MR. AND MRS. FRANK PARISI JR. (Joan Granata) of 64 Aldrich Rd., Wilmington, a son, Michael Francis, on April 5. Grandparents: Mr. and Mrs. John Granata of Woburn and Mr. and Mrs. Frank Parisi of Malden.

MR. AND MRS. JOHN REITCHEL (Gail Valente) of 108 Church St., Wilmington, a son, Peter, on April 5. Grandparents: Mr. and Mrs. Paul Reitchel of Woburn and Mr. and Mrs. Alexander Valente of Wilmington.

MR. AND MRS. STEPHEN H. PINK (Marie Butterfield) of 4 Pomeroy Rd., North Reading, a daughter, Heather Marie, on March 31. Grandparents: Mr. and Mrs. Henry Pink of Wilmington.

ANTHONY TURNI (Jacqueline Daley) of 50 Cambridge Rd., Woburn, a daughter, Jennifer Mary, on March 28. Grandparents: Mr. and Mrs. John Daley of Burlington and Mr. and Mrs. Richard Turni of Burlington.

MR. AND MRS. JOHN MICHAEL TERFRY (Lea Mancuso) of 10 Lawrence St., Wakefield, a son, Christopher Michael, on April 6. Grandparents: Mr. and Mrs. Jackson Terfry of Wakefield and Mr. and Mrs. Joseph Mancuso of Medford.

MR. AND MRS. JAMES TORRICE (Joan Morrow) of 60 Summer St., Stoneham, a son, David Christopher, on April 2. Grandparents: Mr. and Mrs. Herbert Morrow of Woburn and Mr. and Mrs. John W. Torrice Sr. of Woburn.

MR. AND MRS. STEPHEN VATCHER (Elizabeth Holland) of 104 Governor Rd., Stoneham, a daughter, Jenna Elizabeth, on March 29. Grandparents: Mr. and Mrs. Edward Holland of Stoneham and Mr. and Mrs. Warren Vatcher of South Carolina.

MR. AND MRS. KEVIN A. HANSON (Donna Jiaa) of 167 Bedford Rd., Woburn, a daughter, Jamie Renee, on April 1. Grandparents: Mr. and Mrs. Carl O. Hanson of Woburn and Mr. and Mrs. Richard Wilson of Waltham.

MR. AND MRS. ROBERT V. LEAHY (Lorraine A. Leash) of 13 Walnut St., Wakefield, a son, Kevin Michael, on April 2. Grandparents: Mr. Robert F. Mason of Somerville and Mrs. E. Rita Leahy of Gilman Iron Works, New Hampshire.

MR. AND MRS. CARMINE CONTRADA JR. (Donna Plough) of 60 Hauman St., Revere, a daughter, Jennifer Theresa, on March 30. Grandparents: Mr. and Mrs. Carmine Contrada Sr. of Boston and Beverly and Mr. and Mrs. Albert Martorana of Burlington.

MR. AND MRS. LLOYD H. MARANVILLE JR. (Marie Dunlea) of 6 Hillcrest Rd., Tewksbury, a son, William Lloyd, on April 1. Grandparents: Mrs. William Dunlea of Wakefield and Mr. and Mrs. Lloyd Maranville Sr. of Middleboro.

MR. AND MRS. CHRISTOPHER J. HANSON (Rosemary Cameron) of 1143 Pons St., Winchester, a son, John Parkhurst, on April 1. Grandparents: Mr. and Mrs. John D. Cameron of Presque Isle, Maine and Mr. and Mrs. Rowland J. Hanson of Falmouth, England.

MR. AND MRS. MICHAEL C. BROGNA (Dorothy Gill) of 15 Church Ave., Woburn, a son, Cory John, on April 5. Grandparents: Carolann Gill of Woburn and Mrs. Felix Brogna of Burlington.

MR. AND MRS. SCOTT CUNNINGHAM (Charlene Masterson) of 36 Lillian St., Woburn, a son, Matthew Scott, on March 31. Grandparents: Mr. and Mrs. Charles Masterson of Woburn and Mr. and Mrs. Thomas Cunningham of Uniontown, Pennsylvania.

MR. AND MRS. JAMES LEWIS (Stone) of Woburn, a son, Joshua James, on March 29. Grandparents: Mr. and Mrs. Joseph and Catherine Stone of Woburn and Mr. and Mrs. James and Pauline Lewis of Wilmington.

MR. AND MRS. JOHN BARRETT (Sandra Howes) of 36 Tremont St., Stoneham, a son, Shaun Daniel, on April 5. Grandparents: Mr. and Mrs. David Barrett of Stoneham and Mr. and Mrs. Hobart C. Howes of Wakefield.

MR. AND MRS.

Fun and games:

For the entire family

IT JUST SO HAPPENED

by Kern



FUN BUG by RANDS

BY ADDING AND SUBTRACTING THE OBJECTS AND LETTERS, CAN YOU SPELL THE NAME OF A FAMOUS CELEBRITY?

Illustrations: A jug, a plus sign, a zero, a minus sign, and a bell. Below them, a car and a person walking.

=

Boggle Challenge

How many words can you make?

In 3 minutes, find as many hidden words as you can and write them down. To make a word, use letters in sequence, that adjoin at any side or corner. Each letter in the grid may be used only once in a word. Any word found in a standard English dictionary is acceptable.

•PLAY AGAINST THE "BOGGLE BRAIN": Find his list below. See if you can beat him.

•OR PLAY AGAINST A FRIEND: Compare lists and cross off words in common. Then score:

3-4 letters: 1 point
5 letters: 2 points
6 letters: 3 points
7 letters: 5 points
8 or more: 11 points



BOGGLE CHALLENGE is based on the Boggle game. Boggle is a registered trademark of Hasbro, Inc. © 1983 Parker Brothers. Boggle is a registered trademark of Hasbro, Inc. © 1983 Parker Brothers. Boggle is a registered trademark of Hasbro, Inc. © 1983 Parker Brothers.

it's DIFFERENT By How

DOES HE GET HIS OWN WAY?... WHY HE WRITES HIS DIARY A MONTH AHEAD OF TIME!

There are seven differences in the second picture. Can you spot them?

Melrose-Wakefield

NEMH hospital

Malden Hospital

MR. AND MRS. JOSEPH TAYLOR (Mary Ellen Matthews) of 7 Overlea Ave., Saugus, a son, James Joseph, on April 1. Grandparents: Jean M. Matthews of Framingham and Mr. and Mrs. Edward D. Taylor of Woburn.

MR. AND MRS. JOHN RUSSO of 13 First Street, Woburn, a son, Stephen Michael, on March 29. Grandparents: Mr. and Mrs. Stephen Basdek of Tewksbury and Mr. and Mrs. John Russo of Woburn.

MR. AND MRS. LARRY FRANK (Jane Forrest) of 310 Ash St., Reading, a daughter, Elizabeth Franke, on April 1. Grandparents: Mr. and Mrs. James J. Forrest of Stoneham and Mr. and Mrs. Harry Franke of El Cerrito, California.

MR. AND MRS. JOHN MICHAEL VENCIS (Donna Marie Woodland) of 725 N. Broadway, Haverhill, a daughter, Ashlee Rose, on March 28. Grandparents: Mr. and Mrs. Henry A. Woodland of Saugus.

MR. AND MRS. MARK WINDFELDT (Mindy Parsons) of 100 Montvale Rd., Woburn, a son, Jesse Edwin, on April 2. Grandparents: Mrs. Betty J. Parsons and Mr. and Mrs. Robert Windfeldt, all of Woburn.

Trivia

When Washington's famed cherry trees first arrived from Japan in the early 20th century, the U.S. Department of Agriculture ordered them all burned. They were infested with insects and diseases. More trees were sent; they thrived, and in 1981 a delegation of Japanese horticulturists came to get propagating wood from the trees to help replace dwindling stands back home. National Geographic says.

Winchester

MR. AND MRS. CHARLES THOMAS MAGUIRE (Kathleen Contrada) of 10 Prospect St., Reading, a son, Patrick Charles, on March 24. Grandparents: Mr. and Mrs. Thomas J. Maguire of Woburn.

MR. AND MRS. KEVIN B. METCALF (Nancy Rowell) of 23 Oakland Ave., Methuen, a daughter, Shannon Marie, on April 3. Grandparents: Mr. and Mrs. Paul T. Metcalf of Reading and Mr. and Mrs. Walter L. Rowell Jr. of Reading.

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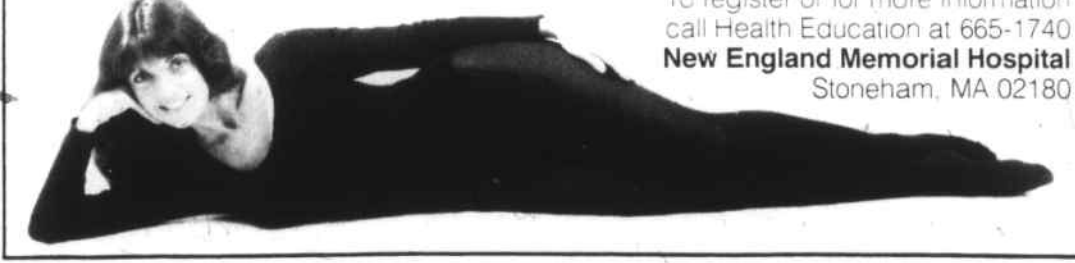
"Experience is a dear school but fools will learn in no other." Benjamin Franklin

Get Results

You can learn to relax, learn to give a therapeutic massage, stop smoking and improve your health at our Health Education programs this spring. Here are a few of our programs starting soon:

- | | |
|-------------------------------|---------|
| Beginners Jogging | May 2 |
| Stress Management | May 2 |
| Natural Therapeutics | May 4 |
| Transactional Analysis | May 10 |
| Five-Day Plan to Stop Smoking | June 12 |
| Vegetarian Nutrition Class | June 14 |

To register or for more information call Health Education at 665-1740
New England Memorial Hospital
Stoneham, MA 02180



TOYS 'R' US

the CHILDREN'S Bargain Town

WE'VE GOT ALL THE TOYS SEEN ON TV!

MASTERS OF THE UNIVERSE
CASTLE GRAYSKULL 26⁹⁷

5 1/4" ACTION FIGURES 4⁹⁷ EACH

Enter into a universe of fantasy & adventure. At the center lies Castle Grayskull, a highly detailed 18" x 27" fortress. Ages 5-up.



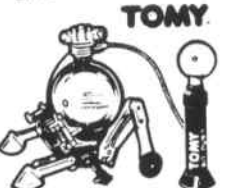
BUBBLE MAGIC 1⁸⁷
2 oz. bottle of solution & accessories. Ages 3-up.



STAR WARS ACTION FIGURES 2⁶⁸ EACH
3 3/4" poseable character. Ages 3-up.



G.I. JOE GLIDER WITH SHAP ACTION FIGURE 6⁹⁷
Tough foam glider can soar, loop and fly. Ages 5-up.



HOO DOO M SPACE PET 13⁹⁷
Hopping air powered pet includes pump. Ages 6-up.



BURNIN' KEY CARS 2⁵⁸
3" long. Key activates spring power. Ages 3-up.



BURNIN' KEY TRUCKS 2⁵⁸
Each includes customized power key chain. Ages 3-up.



TRIX SHOTS VEHICLE ASSORTMENT 4⁹⁷
Pistol launcher powers 2 1/2" vehicle. Ages 3-up.



CLUTCH POPPER TURBO-RACERS 5⁹⁷
3" self-powered sturdy steel racer. Ages 3-up.



AIR JAMMER BUG SCRAMMER 15⁹⁷
Fast, air-powered vehicle includes pump. Ages 6-up.



STRAWBERRY SHORTCAKE DOLLS AND PETS 6⁹⁷
5 1/2" doll & pet are scented like their names. Ages 4-up.



ANGEL FACE BARBIE DOLL 9⁹⁷
Includes make-up & hair accessories. Ages 3-up.



STRAWBERRY SHORTCAKE 15" DOLL ASSORTMENT 18⁹⁷
Huggable doll blows you a scented kiss. Ages 3-up.

YOUR EVERYDAY BABY NEEDS AT OUR LOW PRICES!

- | | | | |
|--------------------------------------|-----------------|-----|---------------------------|
| PAMPERS EXTRA ABSORBENT 60'S | 7.24 | B-D | Dunklee HOODED BABY TOWEL |
| HUGGIES NEWBORN 24'S | 2.66 | 97¢ | 4 ⁹⁷ |
| BABY ORA-JEL TEETHING OINTMENT | 2.18 | | |
| JOHNSON'S BABY SHAMPOO 11 OZ. | 2.08 | | |
| CURITY DIAPER LINERS 120 CT. | 2.97 | | |
| CUSHIES BABY WASH CLOTHS 40 CT. ... | 1.28 | | |
| ENFAMAL CONCENTRATE WITH IRON 13 OZ. | 87¢ | | |
| SIMILAC CONCENTRATE WITH IRON 13 OZ. | 84¢ | | |
| FEVER THERMOMETER | 2 ⁹⁷ | | |

MONDAY-SATURDAY 9:30 AM-9:30 PM; SUNDAY 12:00 NOON-6:00 PM

PEABODY NORTHSHORE SHOPPING CENTER Rt. 114 & Rt. 128	DEDHAM ROUTE 1 1 mile N. of DEDHAM MALL	YOUR MASTERCARD AND VISA ALSO HONORED AT: • AUBURN • CORBINS CORNER • MANCHESTER • SPRINGFIELD • SWANSEA • WATERBURY • WARWICK
WOBURN 368 Cambridge St. 3 miles S. of Rt. 128 (Exit 415) on the Woburn Plaza	FRAMINGHAM SHOPPERS WORLD MALL Rt. 1A & Rt. 30	

144 STORES COAST TO COAST

This Week's Poetry

CHANCES

Being a child is the chance to chase your shadow, through wild places to discover the world through varied faces to explore the dust in unused spaces and wear your marks like badges.

Being young is the chance to make erasable mistakes to ride emotional soul quakes to pay the ante, learn the stakes and fear your marks are badges.

Take the chances and each mark, beware of dancers in the dark. Take no chances, bear no mark, develop empty, blank and stark. Roads run winding, straight ahead, through everything we've cause to dread; the power mad, the living dead, the serpent quick atomic head, the leaden heart and silver tongue. The lines upon which souls are hung are traps which careless feet have sprung. No, it is not easy being young.

But being young is the chance to build with all the love you've known to build with all the good you've gathered to build with the gentleness of

strength the humane being, which every moment of everyday of all your life will be you. Wear yourself well. Build and live proud.

Jim Goodwin
189 North Street
North Reading

MY SPECIAL MOM

The closeness between my mom and me is a very special thing.

She looks at me with love in her eyes, that sets me back to remembering.

The times I spent with her by my side, was the greatest gift I was given.

She's been my guide and strength, in every day living.

The advice she gave to me as a child, I hold dear to my heart this day.

Remembering the kindness in her voice, with every word she would say.

Be kind to those who are kind to you, and you will never go wrong. That understanding inside of you, will always keep you strong.

So thanks mom for being you, the best is yet to come.

And know in your heart, that you will always be, my sweet loving mom.

Kathleen V. Murphy
13 Marcia Road
Wilmington

"Kathy's Wedding"

by Anthony Manconi

My daughter's wedding was attended by only six people because of a comedy of errors. First the printer's mistake was unnoticed and the invitations were sent out reading "your present is requested". The following people gave these excuses for not attending.

TAILOR: I have a pressing engagement.

SHOEMAKER: Marriage won't last anyway.

AUTO MECHANIC: I have installed a new muffler and am exhausted.

LAWYER: I have a brief, case of the grip.

JUDGE: Going deaf-lost my hearing.

BANKER: Suffering withdrawal pains.

TEACHER: Eye doctor appointment-pupil trouble.

CARPENTER: Must attend a board meeting.

PLUMBER: Stiff elbow-fell all drained out.

LIBRARIAN: Am booked for the day.

UNDERTAKER: I have to attend a funeral.

POLICEMAN: Will come only in a pinch.

PAINTER: Lost my jacket-need another coat.

DOCTOR: I don't make church calls.

INSURANCE BROKER: It is my policy-not to attend weddings.

FLORIST: Made other arrangements.

BUTCHER: Sick-liver-wurst.

PHOTOGRAPHER: Sent negative response.

PRIEST: Have to go to a Mass meeting.

MILKMAN: Too little notice-am quart-short.

SECRETARY: Can't leave office-short-handed.

MODEL: Poses a problem.

DILMAN: No tank-you.

CHEMIST: Have problem-no solution.

ENGINEER: Too much stress and strain

GAS STATION OWNER: Have gas-pains.

TELEPHONE OPERATER: You have the wrong party.

SURGEON: Not standard operating procedure.

BELLY DANCER: Caught cold from exposure.

BARTENDER: Am ailing

DENTIST: Accident-drove over broken bridge-into root canal.

NUDIST: I have nothing to wear.

MIDGET: I'm a little short.

BRIDEGROOM: Will come only if necessary.

To compound matters, the baker didn't bake a cake because I didn't give him any "dough" in advance

I'm glad it's all over. I feel that although I lost a daughter, I gained a bathroom.

NOW OPEN

Our Place For Pasta

1 Lowell Rd., No. Reading
(Located next to Transcript Office)
664-8603

FRESH
SPAGHETTI
TWISTS
FETTUCCINI
SHELLS
RIGATONI

CLIP COUPON

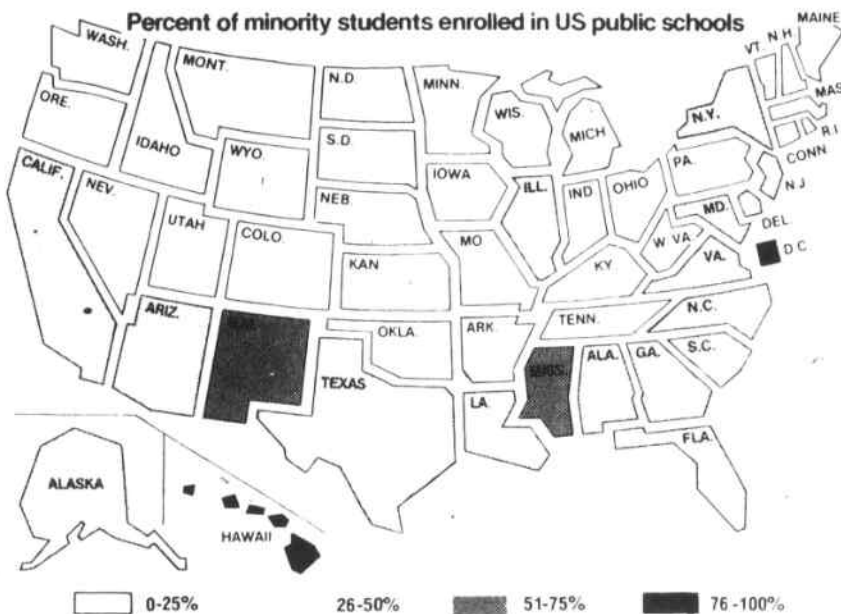
Good Thursday - Sunday
April 21 - 24

**Buy One lb. Pasta
and receive
Second One lb.
1/2 Price**

FRESH
ITALIAN BREAD
& PASTRIES
FRESH
RAVIOLI
GNOCCHI
CAVATELLI
MANICOTTI

SATURDAY
11:30-3:30
SUNDAY
9:30-1

— FRESH —
Eggs, Cheese, Sauce
Open 7 Days a Week



State	% Minority Enrollment		% Minority Enrollment		% Minority Enrollment
Alabama	33.6	Louisiana	43.4	Ohio	14.7
Alaska	28.4	Maine	0.9	Oklahoma	20.8
Arizona	33.7	Maryland	33.5	Oregon	8.5
Arkansas	23.5	Massachusetts	10.7	Pennsylvania	14.9
California	42.9	Michigan	21.3	Rhode Island	8.2
Colorado	22.1	Minnesota	5.9	South Carolina	43.5
Connecticut	17.0	Mississippi	51.6	South Dakota	7.9
Delaware	28.8	Missouri	14.8	Tennessee	24.5
Florida	32.2	Montana	12.1	Texas	45.9
Georgia	34.3	Nebraska	10.5	Utah	7.3
Hawaii	75.2	Nevada	18.9	Vermont	1.0
Idaho	8.2	North Carolina	31.9	Virginia	27.5
Illinois	28.6	North Dakota	3.5	Washington	14.1
Indiana	12.0	New Hampshire	1.3	West Virginia	4.3
Iowa	4.1	New Jersey	28.4	Wisconsin	9.3
Kansas	12.7	New Mexico	57.0	Wyoming	7.5
Kentucky	9.1	New York	32.0	D.C.	96.4

Summer is right around the corner
NOW is the time..
... Don't wait!

Start working on the "Summer Look" today.

Racquetball/Handball • Biking
Circuit Weight Training
with Nautilus and Universal
Conditioning Classes
Swimming • Jogging • Sauna
Massage • Steam • Whirlpool

Fitness Evaluations and
Individual Programs for
members of our Men's and
Women's Fitness Centers.
Child care available.
Family & Corporate Discounts.
Monthly memberships avail.

Call today: 935-3270
North Suburban YMCA
137 Lexington Street
Woburn, MA 01801

March of Dimes
SAVES BABIES

HELP FIGHT
BIRTH DEFECTS

Starts Tomorrow! Doors open 9 a.m.

HOWLANDS SUPER SALE DAYS

4 DAYS ONLY

Thurs., Fri., Sat., Sun., April 21 thru 24

This is it, the super sale you've been waiting for...with incredible savings throughout the store. Our buyers have combed the market for the very best in special purchases and slashed prices on loads of best-selling items from our regular stock. But hurry for the best selection. At prices like these, some items are bound to sell out fast!

SORRY, NO MAIL OR PHONE ORDERS.

Howlands

HOURS: 9 a.m. to 9:30 p.m. - Sun. 12-5

MISHAWUM RD., WOBURN MALL

From page S-1

Relieving stress at the office

starting position, then drop arms and relax. Repeat. **Benefit** - Good stretch to do when you find yourself slouching. Stretches the front of your chest.

UPPER ARM STRETCH

Grasp hands behind your back. Straighten and lock your elbows. Lift your arms as high as you can. Repeat 3 times. This is great for rounded shoulders and gives an immediate feeling of energy.



Side Stretch

UPPER BACK STRETCH

Sit on a chair with your hands on your shoulders. Try to cross your elbows in front of you until you feel the stretch across your



Fingers

upper back. Return to starting position, drop your hands, relax. Repeat. **Benefit** - Reduce muscle stiffness of the upper back.

SIDE STRETCH

Interlace your fingers. Lift your arms up over your head keeping

your elbows straight. Press your arms backwards as far as you can. Then slowly lean first to the left and then to the right until you can feel the stretch along the sides of your body. **Benefit** - Will stretch the muscles along side of your body from your arm to your hips.

SHOULDER STRETCH

Bring your right hand to your upper back from above. Bring your left hand to your upper back from below and hook fingers of your two hands. Repeat to the other side. **Benefit** - It reduces tension and increases flexibility.

WRIST FLEX

Put your elbow on a table with your hand raised. With your other hand, hyperextend your wrist to bend your hand so that the back of your hand is aiming to the top of your forearm. Repeat with opposite hand. **Benefit** - This releases tension in your hand and wrist.



Wrist Flex



Derriere Firmer



Shoulder Roll



Knee Kiss

FINGERS

With palms down, spread your thumb and fingers as far apart as you can. Hold it for the count of five. Relax. Repeat. **Benefit** - To release the tension build-up in your hands and fingers.

DERRIERE FIRMER

Place your hands on chair, feet flat on the floor, and lift your hips and buttocks up. Tighten your buttocks. Hold for five seconds, then sit back and relax. Repeat twice. **Benefit** - To firm and tone your legs and buttocks.

QUADRICEPS

Bring the legs straight out in front of the body to hold an L-shape position. Hold for five seconds and make sure you are sitting up straight with good posture. Relax. Repeat. **Benefit** - Strengthens the quadriceps and abdominal muscles.

BACK RELAXER

Sit on chair. Drop the back, your shoulders and your arms, then bend down between your knees, as far as you can. Return to upright position, straighten out and relax. **Benefit** - This will take pressure off your lower back.

TRUNK TWISTS

Turn at your trunk. Turn your head in the direction of your trunk. Twist 3 times in each direction. **Benefit** - Excellent for trimming the waistline and improving flexibility.

WINDMILL

Sit in a chair. Place your feet apart on the floor. Bend over and touch your right hand to your left foot with your right arm extended up. Alternate sides repeatedly. **Benefit** - To trim your hips and waistline.

KNEE KISS

Sit in a chair. Pull one leg to your chest, grasp with both hands and hold for the count of five. Repeat with opposite leg. **Benefit** - Excellent stretch for the ham strings.

TRIMMING THE WAIST

Interlace fingers behind your neck. Lift right knee, and touch the left elbow to the right knee. Alternate sides repeatedly 5 times. **Benefit** - Trim and tone the waistline.

FOR YOUR ARMS

Bend your elbows, parallel to the floor, fingers in front of chest. Then push arms way out to sides with arms straight. (Try to push arms as far as possible.) Repeat 5 times. Keep firm. **Benefit** - Tones the muscles of the arms.

MIDDLE-UPPER BACK STRETCH

Hold your right arm just above the elbow with your left hand. Now gently pull your elbow toward your left shoulder as you feel the stretch. Hold stretch for 5 seconds. Do both sides. **Benefit** - To stretch and increase flexibility of the middle-upper back.

HUG YOURSELF

Cross arms in front of chest and reach fingertips towards your shoulder blades. **Benefit** - Relieves tension between shoulders and upper back.

Do these exercises on a regular basis and you will be amazed at the difference it makes in your mental attitude and physical being. We all can use as much of that as possible.

Roving: (from Page S-1)

whackos have the idea they can win a mayoral race, because also filing for the November race are "Lady Lillian Chaucer-Peace, gentlewoman"; "James Bond Zero, political exorcist"; "Ronnie B. Foxy, world's greatest pimp"; and Crown Prince Arcadia." This three ring circus has prompted Mayor Diane Feinstein (local residents have nicknamed her DiFi) to sign a law requiring candidates to use their real names.

It may not have been a three ring circus, but this year's 55th Academy Awards presentation, certainly had its share of clowns. Most notable was Polish filmmaker Zbigniew Rybczynski, who won the "Best Short Film" Oscar for his animated piece, "Tango." First, he had to be physically shoved off the state by young actor Matt Dillon following a breathy speech on Lech Walesa and Polish Solidarity, and then he proceeded to kick the dickens out of two security guards outside the academy pavilion after the ceremony was over. He was truly appreciative.

These Oscar presentations are getting to be a regular bore. To be fair, although "Gandhi," which swept nearly all the major awards, as you know, was a worthy film, it belonged in the best foreign film category. This is the second year in a row that a foreign film has copped the top honors, leaving some pretty outstanding American films biting the dust. If the Academy wanted to recognize the truly best film of the year, it should have given the top award to "E.T." This film has done more for Hollywood than any film in the industry's history. It surely brought people back out of their homes, away from their HBO and Movie Channel, and into the movie theatres again. It even helped movies like "Tootsie," because audiences stuck around. In my estimation, The Academy Awards presentation is a farce. The Carvel Cake Award should have gone to the winners who thanked Mahatma Gandhi for making it all possible. More druck.

Anne Marie Zervas, Xlivia living doll (I never said I wasn't sexist) from Woburn, who is about to receive her Masters degree in psychology from Lesley College, made the best comment during the Oscars. Mat Dillon had just presented Polish filmmaker Zbigniew Rybczynski with his statue. Anne Marie turned to me, and asked, "Isn't he the son of Matt Dillon?" I cast a curious sidelong glance. "You don't mean the son of...?" "James Arness," she remarked matter-of-factly. I chuckled, and she grinned foolishly realizing how ridiculous

the question was. This very bright masters candidate had revealed a very big age gap with the "Gunsmoke" generation.

Speaking of gaps, not even that super anchor team of Tom Ellis and Robin Young has been able to salvage the ratings for channel 7's local news, which even trailed the programs offered on the UHF stations during the recent ratings sweep....My apologies go out to former Olympic hopeful Bobby Traina, of Winchester. I misspelled his name in a recent column....Wild, Wonderful, Wet, Whacky Willy Drinkwater, that beertender extraordinaire, from Woburn, has finally had it with being a damn yankee and has decided to head for Ireland, Germany, England or somewhere east of Block Island. He's packed his bags and was last seen hitchhiking on runway 101 at Logan International Airport. I hope somebody warned him about those 747 intakes. I wouldn't want to see Willy end up dinner for Boston Harbor's ravenous seagulls. Hey, Willy, send me a line. If you decide to come back, the gang will be watching for you at the Comedy Connection.

Let's skip Kahlil Gibran this week, and let Roy Rogers and Dale Evans take us out with "Happy Entrails To You," in memory of Willy Drinkwater. He would have wanted it that way. Monty Python and Benny Hill, where are you when we need your sick British humor?

Till we meet again.

FACTS & FIGURES

During the past three years, while average wages increased by 30 percent, tax-free Social Security benefits increased by 40 percent. That difference added \$12 billion to Social Security's costs in 1981.



This has helped put the Social Security system in a financial bind. A partial solution from the National Commission on Social Security Reform, urges that, starting in 1988, if reserves for the system fall below 20% of a year's benefits, then cost-of-living adjustments would be based on the lesser of increases in wages or prices.

APRIL 23-24

"THE BIG ONE"

1983 SEVENTH ANNUAL

SPRING ANTIQUES FESTIVAL

New England's Largest Indoor Antique Show

365 EXHIBITORS

All Antiques for Sale to the Public

Sat. 12:00 Noon - 9:00 P.M.
Sun. 11:00 A.M. - 6:00 P.M.

Northeast Trade Center
Woburn, Mass.
ROUTE 128 EXIT 39
NEXT TO ZAVRI'S SHOPPING CENTER
12 Acres of FREE Parking
International Food Pavilion

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A YANKEE DOODLE DRUMMER SHOW

(617) 535-4810 (617) 229-6480

This card will admit TWO
at \$2.00 EACH

The Children's Exchange
Quality used children's clothing & equipment

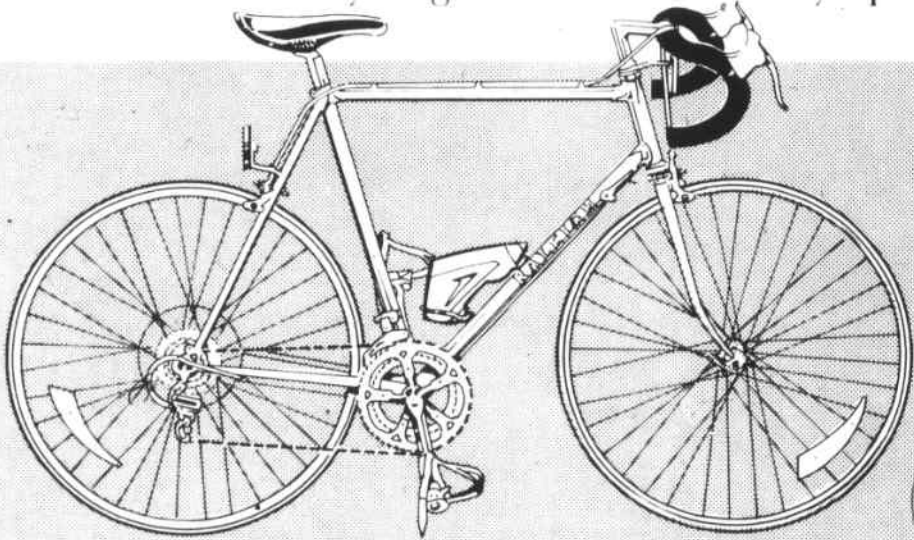
New & Nearly New Maternity Clothes
Children's Clothes (0-6x)
Toys and Juvenile Equipment

To Sell your things call
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664-2052
172 Main St. (Rte. 28)
(Next to Kelley's Oyster House)
North Reading, Mass.

Open Wed. thru Sat. 10 - 4
Sunday 12 - 4

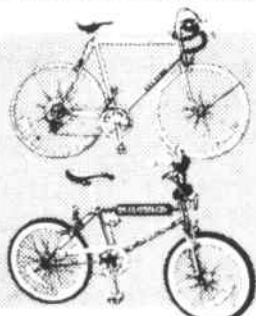
RIDE THE BEST OF CYCLES AND SAVE UP TO \$50

Get up to a \$50 rebate on Raleigh*, the choice of the U.S. NATIONAL Cycling Team for the '84 Olympics.



SAVE \$50 ON PRESTIGE G.S.

If you're serious about bicycles, it's the best time ever to buy one of the fastest bicycles ever designed.



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Super Course super light, ideal for touring or recreational riding.

R6000 Raleigh's best BMX bicycle



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R4000 race-ready, rugged, chrome-moly frame and our lightest alloy components.

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Purchase Raleigh's Prestige G.S., Super Course, Olympian, R6000 or R4000 and get a rebate direct from Raleigh!

CLIP THIS AD AND BRING IT TO YOUR AUTHORIZED RALEIGH DEALER FOR REBATE.

RALEIGH

See Raleigh* cycles and get your Raleigh* rebate coupon at participating dealers listed below or those listed in your Yellow Pages.

City Cycle 286 Main St. Stoneham MON-FRI 10-8 438-0358
SAT. 11-6 438-0359

The Sailor & Princess
present

SECOND ANNUAL SPRING

Professional Arts & Crafts Show

— FEATURING —
OVER 20 FINE
NEW ENGLAND ARTISANS
WORKING IN
WAX - RAFFIA - GOLD - IVORY
COPPER - FLOWERS - SILVER
FABRIC - LEATHER - WOOD
AND MORE!



WOBURN MALL

296 MISHAWUM ROAD, WOBURN



10:00am to 9:30pm daily
April 20-23

Parade of Events

HAMMOND CASTLE
Trip to Grand
Homes sponsored by
Hammond Castle
Museum in
Gloucester, Wed-
nesday, May 18th, 8:30
a.m. to 5 p.m. Visit
magnificent dwellings
of the Hammond era.

Beaumont, Stillington
Hall and Castle Hill.
The fee of \$25.00 for
members and \$30.00
for non-members
includes transpor-
tation, admissions
and lunch at the Black-
burn Tavern. Reserve
by May 1st. Call 283-
7673.

STRESS
Stress
Management Through
Biofeedback" followed
by Stretching Exer-
cises for Relaxation:
Susa Laviolette,
Physical Therapist
and Barbara Gagel,
Yoga Instructor.
Presented by the
National Organization
for Women, Lexington
Chapter, Telephone
862-9217.

To be held Tuesday,
April 26, 7:30 p.m. at
the Follen Community
Church, 755 Mass.
Ave., Lexington.
Parking available in
lot directly across the
street from the church.
Dress casually in
jogging outfits, shorts,
leotards or something
comfortable.

ROCK APPLE TOUR
Rock Apple Tours
announces the in-
troduction of its new
"There and Back" bus
service which will
provide luxury motor
coach transportation
between Boston and
the Worcester Cen-
trum and Boston and
the Cape Cod
Coliseum.

"There and Back"
service will be
provided for all major
rock events at an
approximate round
trip cost of \$10-\$12.
Tickets will be
available at all area
Ticketron outlets and
by Teletron. Buses will
depart from Harvard-
Brattle bus station and
from Howard John-
sons-Route 128 at
Lexington. More
departure locations

will be added in ac-
cordance with
demand.
Rock Apple Tours
feels this service will
alleviate some of the
problems currently
associated with young
fans making their own
ways to these rock
events.

"Journey" May 17,
18, 19, \$9.00 round-trip
Worcester.
For further details
or information, con-
tact: Rock Apple
Tours, Box 586,
Lexington, Ma. 02173.
Telephone (617) 862-
7450.

**ACADEMICALLY
TALENTED**
On Tuesday, May 3
at 8:00 P.M. a lecture
and discussion will be
held at the Killam

School, 333 Charles
Street, Reading, Mass.
relative to
academically talented
children. The purpose
of this meeting will be
to identify who these
children are, establish
that they have special
needs and how these
needs can possibly be
met.

The guest speakers
will be Fred and
Wendy Marcks and
Elias Safdie who
spearheaded the drive
to establish a program
for gifted and talented
children in Chelms-
ford.

This lecture is
sponsored by con-
cerned parents for
academically talented
children and all are
welcome. For more
information, call Don
at 944-8071 or Elaine at
944-8059.

**ARTS AND CRAFTS
FESTIVAL**
Memorial Day
Weekend will boast
some new excitement
in the area this year
with the introduction
of the North Shore Arts
and Crafts Festival at
the Topsfield Fair-
grounds on May 28,
29 and 30th.

While nearly 200
artisans will display
a wide variety of crafts,
including pottery,
leather, wood, jewelry,
batik, weaving, soft
sculpture, fine arts,
and photography, this
is more than just a
crafts show. It is a
festival in the true
sense of the word. The
air will be filled with
the cinnamon-sausage
smells of regional and
exotic foods, and
continuous enter-
tainment by
musicians and novelty
acts will capture the
attention and
imagination of all age
groups.

Previously called
the Newburyport
Waterfront Festival
and held at the Old
Newbury Horse Show
Grounds on the Plum
Island Turnpike, this
third year festival has
been expanded,
renamed and
relocated to take
advantage of the in-
door and outdoor
display areas, the
stages, and the ample
parking provided by

the Topsfield
Fairgrounds.
Applications from
area craftspeople are
now being accepted
and must be ac-
companied by five
slides or photos for
jurying. For further
information contact
Waterfront Festivals,
Ltd. Box 1061, Exeter,
N.H. 03833-1061, or call
(603) 772-1165.

TRAINING
Middlesex Com-
munity College's
Division of Community

Services is accepting
applications for its
ongoing 18 hour Word
Processing Training
Course. Beginning
every two weeks, the
course provides in-
tensive, individualized
instruction for 3
students on the latest
electronic office
equipment. Meets
days or evenings at
the Burlington Campus,
Terrace Hall Ave.,
Burlington. 45 wpm
typing skills required.
Call 275-8910, Ext. 295
to register.

**WOMEN'S NET-
WORK**

The Women's
Network will hold a
dinner meeting on
Tuesday, April 26,
from 6-8 p.m. at the
Lord Bedford Motor
Inn, 340 Great Road,
Bedford. A workshop
on stress reduction
techniques for the
working women will be
presented by Shirley
Babior, LICSW and
Nan Waldstein, LICSW
of Associates for
Personal Change,
Lexington.

The Women's
Network is an organiza-
tion of business and
professional women
seeking to further their
career goals. It
provides members
with wider
professional contacts
and a forum for ex-
changing information
and ideas.

Call 275-8910, Ext.
291 for reservations.
The cost of the dinner
and workshop is \$12.00
for members and
\$13.00 for non-
members and first
time guests.

RAILFAIR

The Nashua Valley
Railroad Association,
Inc. of Bolton, Mass.
will sponsor Railfair
'83 on April 23 and 24
from 9 a.m. to 4 p.m. at
the Emerson School,
692 Main St., Bolton,
Mass. The fair
features dealer
displays, manufactur-
ers exhibits, white
elephant tables, model
displays, operating
layouts, movies and
refreshments. Also on
April 23 and 24 the
Association will hold
an open house to
display new track and
landscaping between
10 a.m. and 4 p.m. at 63
Hudson Road (Route
85), Bolton. The fair
and open house are
open to the public.
Admission of \$2 for
adults, \$.50 for
children under 12 is
good for both events.
Call George Bishop at
(617) 779-5056 for more
information.

TORY ROW TOURS
For the third year,
an interpreter from

the Longfellow
National Historic Site
will be conducting
tours of Tory Row,
otherwise known as
Brattle Street in
Cambridge.

Beginning on
Saturday, April 30, and
every Saturday
thereafter, Marlys
Kane will conduct
these free, one and
one-half hour tours,
weather permitting.
These walking tours
will start at Christ
Church, Zero Garden
Street, Cambridge, at
10:00 A.M.

For reservations or
further information,
please call 876-4491.

The Boston HELP
group is a non-profit
group of men and
women in the Boston
area who either have
or are concerned about
genital herpes. It is
affiliated with the
Herpes Resource
Center-American
Social Health
Association in
California.

To register for the
event, checks may be
sent to: Boston HELP
group, P.O. Box 1027,
Back Bay Annex,
Boston, Ma. 02117. For
further information,
the public may call
(617) 648-4266.

**SCHOLARSHIP
OFFERED**

The Quannapowitt
Players of Reading
announce the
availability of a three
hundred dollar
scholarship.

Any student
graduating from an
area high school in
1983 who has been
accepted by an ad-
vanced school or
college, and who plans
on studying theatre
arts or a related field,
is eligible to apply.

Applications are
available in the
guidance office of the
local area high
schools, and must be
returned to the
Quannapowitt Players
by May 1.

For further in-
formation interested
students may send a
self-addressed en-
velope to: Mary G.
Riley, Quannapowitt
Players, Inc., 55
Hopkins St., Reading,
Mass. 01867.

ADOPTION

The 10th Annual New
England Conference
will be held on
Saturday, May 7, from
8:00 A.M. to 5:00 P.M.
at the Walsh Middle
School, Brook Street,
Framingham. The
conference is spon-
sored by the Open
Door Society of
Massachusetts, an
organization of
adoptive and pre-
adoptive parents with
local chapters
throughout the state.
Forty-five workshops
will be offered ranging
from the initial
choosing of an agency
and the steps of the
adoption process to
post-adoption concerns

about parenting and
the cultural heritage of
adopted children. This
year a program for
young adoptees in the
5th grade and older
will be offered in the
morning session.

For a complete
listing of workshops
and a registration
form please call the
Open Door Society
message phone at
(617) 527-5660 and
leave your name and
address, or contact
locally Betty Laning
969-7025.

LITTLE BROTHERS

Imagine an
authentic Louis XV
(15th) provincial ar-
moire (wardrobe
cabinet) on display in
Boston! No, you won't
have to go to the
Museum of Fine Arts
to see it — it's the
featured item at the
Little Brothers French
Antique Sale benefit to
be held Friday, April
22, through Sunday,
April 24, at the Boston
Center for the Arts'
Cyclorama Building,
539 Tremont St.
Besides this
magnificent piece,
there will be complete
sets and individual
items, as well as lots of
curios and bric-a-brac.
Whether you come to
look or to buy, you'll
be amazed at the variety
and beauty of the
objects. Sale hours are
Friday, 5-9 p.m.;
Saturday and Sunday,
10 a.m. - 5 p.m. A \$2
donation is suggested.
For more information,
call the Little Brothers
at 536-2404.

If you have any
questions about the
organization or the
meetings, call 944-6258.

LOWELL LECTURE

Ms. Gloria Steinmen
will deliver the annual
Lowell Lecture
Tuesday evening,
April 26, at 8:00 p.m. in
Science Center C,
Harvard University.
The topic of Ms.
Steinmen's lecture is
"Feminism and
American Society."
The lecture is part of a
public affairs series on
Major Issues of the
1980s and is sponsored
jointly by the Lowell
Institute of Boston and
the University Ex-
tension program at

Harvard. It is free and
open to the public. For
more information call
495-4024.

At 5 P.M., M.R.N.S.
will conduct its club
meeting and program.
This month's topic is on
Types of Regular Issue
U.S. Gold Coinage
from 1795 to 1933.
Steven F. Gray will
show you a 52 slides
program and a group
discussion will
follow...for the novice
to the pro!

For more in-
formation on joining
M.R.N.S. or table
rentals, contact Steven
F. Gray, 264 Main St.,
Haverhill, Mass. 01830
or phone (617) 373-4001.

AMI
The next meeting
will be held April 27 at
7:30 p.m. in the Health
& Education Building,
N.E. Memorial
Hospital, Stoneham.
Speaker will be
Virginia Hodson,
president of the Mental
Health Board for this
area.

AMI is a non-profit
organization, affiliated
with the Alliance for
the Mentally ill of
Massachusetts and the
National AMI.
Meetings are held
twice a month on the
2nd and 4th Wed-
nesday at 7:30 p.m. If
you have a family
member or friend with
mental illness, we
hope you will join us.
This is a support-
a d v o c a c y
organization, working
for better care and
conditions for the
mentally ill of the area
which includes
Melrose, Wakefield,
Stoneham, Reading
and North Reading.
There is no charge for
meetings and coffee
and sociability af-
terwards.

If you have any
questions about the
organization or the
meetings, call 944-6258.

**MIDDLESEX
NUMISMATIC
SOCIETY**

The Middlesex
Regional Numismatic
Society (M.R.N.S.)
will have a coin show
and its monthly
meeting on Saturday,
May 7th at Howard
Johnsons in Haverhill,
(take exit 49 off of rt.
495). There will be 20
dealers on hand to buy,
sell or trade coins and
paper money! Bourse
opens at 10 A.M. and
closes at 5 P.M. There
is no admission
charge and is open to
all.

At 5 P.M., M.R.N.S.
will conduct its club
meeting and program.
This month's topic is on
Types of Regular Issue
U.S. Gold Coinage
from 1795 to 1933.
Steven F. Gray will
show you a 52 slides
program and a group
discussion will
follow...for the novice
to the pro!

For more in-
formation on joining
M.R.N.S. or table
rentals, contact Steven
F. Gray, 264 Main St.,
Haverhill, Mass. 01830
or phone (617) 373-4001.

MOTHER OF TWINS
The North Suburban
Mothers of Twins will
be holding their
monthly meeting on
Tuesday, April 26 at
7:45 p.m. The meeting
will be held at the Oak
Grove Community
Center, corner of
Washington and
Winter Streets,
Malden, Mass. 02148.

The Melrose Red
Cross is planning a
first aid Show and Tell
special.
All mothers of twins
or multiple births are
welcome to attend the
meeting. For further
information, please
contact Mrs. Kenneth
Meharg of Melrose.

**SINGLE PAREN-
TING**
A free lecture-
workshop on Single
Parenting will be
presented by Rona
Troderman-King on
Wednesday evening,
April 27 at 8:00 p.m.
Issues that face
single parents, in-
cluding feelings of
isolation, dependency,
and lack of support
will be covered.
Suggestions about
resources, support
networks, and positive
self-image will be
presented. The lecture
will be followed by a
question and
discussion period with
refreshments and will
be held at the Divorce
Resource & Mediation
Center at 2464
Massachusetts Avenue
in North Cambridge.
For more information
call 492-3533.

DANCE ENSEMBLE

The Donna Miceli
Dance Ensemble,
along with the Youth
Dance Co. and guest
artists from the Danny
Sloan Company of
Boston will be per-
forming in "An
Evening of Dance" on
May 7th at 8:00 P.M. at
Burlington High
School, Cambridge St.,
Rt. 3A, Burlington,
Mass.

The real spirit of
American jazz comes
alive with the DMDE's
blend of classic style
which ranges from
modern to theatrical
jazz. The Company's
varied repertoire
enables them to reach
a variety of audiences
which include, over the
past several years,
television, hotel
chains, concerts and
elementary through
high school and college
lecture demon-
strations.
The May 7th per-
formance will include:
"Deliver Us", a
spiritual; "Land of
Make Believe", a
modern jazz ballet
which is
choreographed and
interpreted for non-
hearing audiences;
"Funeral for a
Friend" and "Bits of
Broadway".
In addition, the
Youth Dance Co., will
perform selections
from "The Wiz".
Guest artists will be
Beth Hirschhaut and
Glenn Terry from the
Danny Sloan Com-
pany. Ms. Hirschhaut
has also
choreographed "For
You, Aretha" for the
Youth Company.
Tickets will be
priced from \$5.00
through \$6.50. For
more information,
please call the Dance
Center at 658-5552 or
851-2694.

**Continued
on Page S-6**

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636 MAIN ST. READING, MA.

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& DENIMS
\$9.99**
Mostly Flares

**BOYS
LEVI JEANS
\$13.99**
Reg. 18.50 Sizes 8S to 14S
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**BOYS LEVI
SHIRTS
20% off**
Size 8
to 20

**Boys Chinos
\$9.99**
Navy, Tan, Grey, Blue, etc.
Size 8 to 14

**Sperry Topsider
America Cup Shoes
\$29.95**
Reg. 56.00 While
they last!

**Timberland
Boots & Boat
Shoes
Reduced!**

**Sperry Topsider
Dry Duck
\$34.95**
Reg. 59.00

**Ladies Espadrilles
\$12.99**
Reg. 17.99
Navy, White, Brown, Green

**MENS SHORT SLEEVE
Jerseys
\$12.99**
18.00 Value
Sarman's Label!

**MENS SHORT SLEEVE
Dress Shirts
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Sarman's Label!

VISA MASTER CARD AMERICAN EXP.
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COME IN TO SEE!**
OPEN DAILY 9 - 5:30 THURS & FRI. 9 - 9

CLEARANCE SALE

New & Used Office Equipment

The Office Manager
134 Park St., (Route 62)
North Reading Center

664-4747

Hundreds of items - Executive desks, credenzas, wood
and steel tables, I.B.M. Selectric Typewriters (and others)
swivel chairs, floor mats, conference tables, bookcases,
storage cabinets, steno chairs, vertical and lateral files,
coat racks, folding tables, typing stands, secretarial desks
etc. Bring a van, bring a station wagon, bring a friend,
but don't miss this one week clearance sale. Everything
must go. We need the space. Delivery can be arranged.

SPRING SALE

BRAND NAME SAMPLES SELLING AT 1/2 The Retail Price

R&K Dresses
Catalina Swimwear
R&K Dress, regularly \$75
in leading stores
NOW at only \$34.00
(1/2 the price)

These brand name
fashionable samples fit
the average woman,
sizes 9-10 and 7-8.

Fashionable merchandise in all styles and colors and co-
ordinated sportswear. Come in while they last and see the
wide selection of blouses, skirts, pants, suits, sweaters,
jerseys and shorts. Limited merchandise in sizes 12 and 14

WOBURN CLOTHING

& Miracle Monogram Co.
100 Sylvan Rd., Northeast Trade Center
Off Rte. 128, Exit 39, Woburn
935-9526
Hours:
Wed, Thurs, Fri 11-5
Sat. 9-2
Located in back of
Grey Building attached to
Trade Center
Personal Checks readily accepted

Parade of Events

continued from Page S-5

DIET
Nutritional Management, Inc. is pleased to invite members of the community to a free lecture series on topics related to dieting and weight control.

Some of the topics that will be covered are: "Responsibility and Dieting" by Dr. Isaac Greenberg; "Transitional Dressing" by Susie Chin, Filene's Personal Shopper; "The Body's Response to Dieting" by Margaret Hoey, R.N.; and "Such a Pretty Face" by

Marie Gambale, esthetician.

The series will begin at the end of April. Questions about the series can be directed to Margaret F. Clay, Clinic Manager at 229-6760. A lecture series schedule is available upon request.

NURSE-REHAB TRAINING

Local people interested in entering the health care field may get training as nurse-rehabilitation assistants in a program sponsored by the New England Institute for Rehabilitation Research and Education, Inc. and New England Rehabilitation Hospital, both in Woburn.

The training gives participants instruction and clinical practice in nursing, physical therapy and occupational therapy, preparing them to enter the fast growing health services at a

paraprofessional level. The program runs for eight weeks, beginning May 2. Because the training is funded by the Bay State Skills Cor-

poration, costs are minimal. Certificates are awarded and the sponsors help the trainees get jobs at the end of the course.

Interested persons should call 935-5050, Ext. 268 for more information.

BASKETBALL CAMP

The second annual North Reading Basketball Camp will be held at North Reading High School from July 25-29. This year the camp will run a full day beginning at 9:00 A.M. and ending at 3:30 P.M.

The camp will be under the direction of North Reading High School basketball coach Barry Kipnes and other members of the staff are Rich Butterworth of Danvers High, Henry McCarthy of Winthrop High, Mike McVeigh of North Andover High and Tom Gallagher of Chelmsford High.

The camp is for boys entering grades seven, eight and nine and will place heavy emphasis on fundamentals. Enrollment is limited to the first forty-four applicants which will allow for ample parking time and attention for each camper.

Tuition for the week is \$70.00 which includes a t-shirt for each camper. For a brochure or more information, call Barry Kipnes at 664-2471 or write to Barry Kipnes, B-I Colonial Drive, Apt. 10, Andover, Mass. 01810.

COUPE-DE VILLE RAFFLE

Tickets are now available for the 1983 Cadillac Coupe de Ville raffle for the benefit of United Cerebral Palsy Association of the North Shore. The lucky winner of the car will be drawn on May 22, at

the annual Las Vegas Evening at the North Shore Shopping Center in Peabody. All proceeds from the Cadillac raffle and from the Las Vegas night will benefit United Cerebral Palsy Association.

Only 300 tickets will be sold for the raffle. Says Andrew Baumgartner, Executive Director of U.C.P., "Where else can you get those odds on a brand new Cadillac?" Tickets are available for a \$100.00 donation to United Cerebral Palsy at 593-2727.

United Cerebral Palsy Association of the North Shore supports the Infant Development

Program which provides therapeutic and support services for infants, birth to 3 years of age, who have mental and physical developmental delays. The agency operates the 766-approved Developmental School of the North Shore which is a preschool for multi-physically disabled children ages 3-7. They also have an Adult Services Center providing habilitation, social and recreational programs for the physically disabled adults ages 15 and up. Other agency programs include clinic therapies, counseling for the disabled and their families and social services.

In Woburn

Family Health Fair at the YMCA

"We Treat You Like Family," a health fair for the whole family, will take place Saturday, April 30 at the North Suburban YMCA, 137 Lexington Street, Woburn.

The fair is being offered by Choate-Symmes Health Services, Inc. in cooperation with the Woburn Y.

Screenings, displays, and demonstrations will take place from 10:00 a.m. to 2:00 p.m. All are free, and no appointments are necessary.

Everyone is invited to take advantage of an 18-test blood profile, which, if done in a private laboratory, could cost \$100 or more. Included in this profile are tests for blood sugar level (diabetes), cholesterol, iron, kidney function, and uric acid.

The YMCA will offer four programs: exercise with explanations of aerobics and proper techniques one should use when exercising; Fair-goers will be shown how to monitor their heart rate and take their own pulse during and after exercise, and will be provided information about their present level of cardiovascular fitness. Pre- and post-natal exercise programs to

improve circulation, muscle tone, and flexibility throughout pregnancy will be demonstrated, as will the way mothers and babies use the team approach to exercise from birth to three months of age.

The YMCA will also show how Stress Management can help teach people to respond positively and effectively to stress through relaxation training, improved time management, and communication skills; and the aquatic director at the Y will demonstrate the techniques and uses for Cardiopulmonary Resuscitation (CPR).

In addition to the complete blood profile, Choate-Symmes Health Services, Inc. will offer screenings for hypertension and pulmonary function. Hearing screening will be provided by the Boston Guild for the Hard of Hearing in a separate van parked adjacent to the YMCA; and Dr. Martin Cutler, Woburn ophthalmologist, will be performing visual screening at the YMCA.

Choate-Symmes' Lifeline program, a personal emergency response system; Talkline, a

crisis intervention service; and "Vial of Life" program, which provides immediate vital medical information on victims of emergencies, will be on display.

Displays will be featured and information provided on breast self-examination, Hospice Care, Inc., Choate-Symmes Pediatric

and Geriatric Services, SIDS (Sudden Infant Death Syndrome), and the Alcoholic Rehabilitation Program, a 21-day

inpatient program offered at the Caulfield Center at the Choate Hospital Division of Choate-Symmes Health Services, Inc.

Cancer screening to be held at Regional Health Center

WILMINGTON — Because of its commitment to early cancer detection and community service, the Regional Health Center in Wilmington is planning two cancer screening programs this spring, all free to the public.

On Saturday, April 30, an oral cancer screening will be held in conjunction with "Health Works '83" health fair from 10 a.m. to 4 p.m. This health fair will include several screenings including blood pressure, height, weight, anemia, vision, glaucoma, podiatry and an optional blood chemistry which checks liver kidney functions, gout

cholesterol, blood sugar level and many other functions. This optional test will cost \$8.00 for more than \$100 of blood work and requires an eight-hour fast. (No registration is necessary to attend Health Works.)

Health Works is part of a network of more than 100 health fairs throughout the state, sponsored by WHDH Radio 85, Shawmut Banks and WCVB Channel 5. Educational exhibits and displays will also be a part of Health Works located at the Regional Health Center in Wilmington.

Colorectal cancer detection kits will be available on May 19

Stop smoking course

The American Cancer Society lists 14 good reasons to quit smoking. Any one of them should be sufficient to convince smokers that it is time to stop: shortened life expectancy; cancer of the lung, larynx, mouth, esophagus, bladder or pancreas; program of the coronary heart disease; chronic bronchitis; stillbirth and low birth weight; underdeveloped children; impairment of the immunity system; and altered effects of many medicines and greatly increased risk of

thrombosis (blood clot) with oral contraceptives. Community residents who have tried unsuccessfully to stop smoking may benefit from group support provided by "I the lung, larynx, Quit," a four-session smokers' cessation program of the American Cancer Society. The program is being offered through Choate-Symmes Health Services, Inc., and will meet Thursday, April 28; Monday, May 2; Thursday, May 5; and Monday, May 9, from 7:30 to

9:30 p.m. Facilitator is David Luteran of Lexington, once a heavy smoker who will share with the group his reasons for quitting.

Luteran will show a film on the potential danger of smoking and draw upon group therapy to encourage class participants to stop smoking. Pre-registration is required. For additional information and to register, please call the Community Relations Department at Choate-Symmes: 646-1500, Ext. 1441.

Pre-admission program for kids

In order to make hospital stays less frightening for children, the pediatric unit at New England Memorial Hospital has established a pre-admission program for prospective patients.

Held in the hospital banquet rooms, the program is presented by pediatric staff and includes a short puppet show about hospitalization.

Special clothes and equipment unique to a hospital will be on display and children can get hands-on experience by handling and trying on selected items.

Child Life Specialist at NEMH Merry Kahn encourages brothers and sisters to accompany future patients so that they too can become more familiar with the

hospital environment. She comments that "We think that a visit of this type prior to admission will do much to make hospitalization a more positive and pleasant experience for your child."

For more information call Ms. Kahn, Pediatrics, NEMH 665-1740, ext. 475.

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Lawrence Fuhrman, M.D.
Jolley Anne Weinstock, M.S.W.

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10 for \$28
\$2.99
For foundation plantings, rock gardens, banks and borders. Come in and choose from many spreading Junipers including Andorra, Plazer, Hetz, Bar Harbor & Arborvitae.
Reg. 3.99 ea.
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Thousands of Rosebushes NOW IN STOCK
Thousands of Hanging Flowering Plants NOW IN STOCK
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Pinewood Garden
OPEN 7 DAYS A WEEK
on Rte. 28 at Rte. 125 North Reading/Andover Line
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RHEUMATISM
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MENSTRUAL DISORDERS
SYMPTOMS
PAINFUL MENSTRUATION
DEPRESSION
PREMATURE LACERATION
SEXUAL FUNCTIONING
ALLERGIES
HEADACHES, Migraine & Tension
HYPERTENSION/HYPOTENSION
ECZEMA
PARKINSON'S DISEASE
PALPITATIONS
PHOBIA
SKIN DISORDERS
TENDRIPS
ALCOHOLISM
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FACE LIFT
RELIEF OF WRINKLES
AND EYE BAGS
OBESITY
UNDERWEIGHT
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Weekends/Evenings, Andover Area
CALL 1-470-0183

NEMH back program offers new hope

By June McCready

From Tom Regan, a local resident in food-store management, the reality of back injury struck home in May of 1982. At 45, Regan had suffered from back flare-ups every four or five years since he was eighteen.

But last May, while lifting a load of frozen food in the store, Regan experienced pain so severe it sent him to his orthopedic surgeon in search of permanent relief. He was prepared to do whatever he had to, either surgery or traction, to get on with his life.

After two weeks of traction at New England Memorial Hospital with little reduction in pain, doctors scheduled Regan for disc surgery in early June.

"I was shocked by the pain I experienced during my recovery period," he remembers. "It's hard to accept the realities of back pain. That period may have been the worst time in my life."

After a month of recuperation with bed rest and limited activity, Regan realized that he was still far from normal activity. Identifying his symptoms as caused by considerably weakened muscles from the long ordeal, doctors referred him to the newly started NEMH Back Program. In particular, his weakness was manifested in the use of his left heel.

Following physician referral to the back program, a patient is evaluated by the rehabilitation nurse, a physical and occupational therapist, and the clinic's medical director, who determine the patient's acceptability into the program. After acceptance, patients are assigned to a rehabilitation team. The team designs a program to match individual conditions.

Members are then introduced to the first stage of the outpatient program, called "convalescence."

"Getting people back to work is the main objective of the team

working with this group of patients," explains Occupational Therapist Judy McGowan. "Sometimes it's a long process, and group support aids the individuals in coping with the emotional as well as physical setbacks."

Meeting three times per week with an assigned physical therapist, participants are educated about their basic anatomy and body mechanics. Understanding their treatment and modalities used, in conjunction with basic exercises to alleviate pain, helps group members become more comfortable and promote awareness of their specific injuries.

Regan comments: Working one-on-one with the physical therapist in the gym was most beneficial. Stretching and strengthening my muscles hurt at first, but gradually I felt better."

During this same period, occupational therapists work with individuals separately and in the group, introducing stress management techniques, vocational evaluation and exploration, and adaptive devices to make the patient more comfortable.

Participants join support and relaxation groups, both meeting one morning a week.

In support group, members are encouraged to bring the group up-to-date on their progress in adjusting to their imposed lifestyle and their plans for future employment.

During the second stage of the back program, the "conditioning phase," physical therapy initiates progression exercises into the patient's program to increase strength and stamina.

"Back patients need a lot of support in the beginning, so we need to encourage them to begin to do things on their own," explains Physical Therapist Kathy Barry. Occupational therapy attempts to simulate ordinary work conditions for patients in the second stage to increase a per-

son's physical and mental tolerance for returning to work.

Having identified their life goals in the first stage patients are prepared for training or re-training to re-enter the job market.

In "integration," the third and final stage, occupational therapy involves the patients in a multi-faceted vocational program, with the patient returning full or part time to the previous worksite, as his/her tolerance permits.

When this is not yet possible, patients may be placed in simulated work situations within the hospital or in the community without payment for job performed.

As part of his vocational training, Tom Regan took up woodworking as well as cooking led by another back patient who was a chef before his accident.

Tom talks about the vocational program: "We'd come and we'd kibbitz. It was fun. I helped prepare the eggplant and I washed dishes. It was good therapy. My wife was surprised when I helped her in the kitchen after that."

As a follow-up to the back program, Rehabilitation Services

recommends that patients attend the NEMH Evening Conditioning Program which meets three nights a week to maintain strength and flexibility. However, it is not a mandatory part of the program.

In Regan's case, he is unsure about his future plans. Although he attempted to return to work this month, he found he was not ready when familiar pains started in his left leg. "I had been out of work ten months and I just wasn't ready. My physical therapist recommends more strengthening."

His rehabilitation team is optimistic about his case and the progress he has made. They see his recent setback as part of his recovery process. They hope his recovery will serve as an inspiration to others with similar back injuries.

While improvement has come slower than he could have imagined a year ago, Regan is back in the program and is more than pleased with the benefits of the group. Referring to the team he says, "They're really dedicated people. I have a lot of respect for them. They have a tough job."



THOMAS REGAN of Stoneham finds the way back from spinal injury can be both slow and long. Yet he's pleased with his progress. So is his "team" in the Back Program in Rehabilitation Services at New England Memorial Hospital.

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SSI recipients required to report changes

Recipients of payments under the supplemental security income (SSI) program are required to inform Social Security about any changes in their situation that might affect their eligibility for, or the amount of, their monthly checks, Dover C. Crawford, Social Security district manager in Malden said recently. Recipients who do not report these changes may receive payments to which they are not entitled and which eventually will have to be repaid.

Failure to report a change may also cause the recipient to lose out on an increase in payments to which he or she may be entitled. An SSI recipient who starts to work must report that fact to Social Security. Social Security should also be notified of any change in earnings. These earnings may be in the form of cash, food, or anything else that is meant as payment for work done for someone else or while self-employed.

The income need not be earned to require

reporting. The receipt of money, clothing, or free housing must also be reported to Social Security. The same holds true if the recipient's rent or utility bills are paid by someone else.

The rationale for this is that the SSI program is based on financial need. A recipient who earns money or receives income from some other source may no longer be financially needy and, therefore, the amount of the SSI check may be reduced or the person may no longer be eligible for SSI payments.

For the same reason, the receipt of an annuity, pension, worker's compensation benefits, unemployment benefits, interest income, prizes, gifts, awards, and other income should also be reported to Social Security.

More information is available at any Social Security office. The Malden office is located at 200 Pleasant Street. The telephone number is 227-2400.

Geo. facts

Tiny tree hyraxes — furry animals that look like guinea pigs and live in African forests — have some enormous relatives: elephants. The family resemblance shows up mostly in the feet. Both animals have short, stubby toes and flat toenails that are almost like hooves. National Geographic World magazine says. The hyrax's loud voice, however, can sound human — like a scream.

Alexander Graham Bell may be famous for the telephone, but he considered the photophone his greatest invention. Created four years later in 1880, the photophone used a beam of sunlight traveling through the air to transmit sound. Today's developments of laser light and optical glass fibers have combined to make Bell's other invention a part of everyday life. National Geographic World magazine says.

Boy Scouts: offering new and old ways to be prepared

Organization begins family camping, younger entrance age to meet changing needs

By Jim Bencivenga
Staff correspondent of
The Christian Science Monitor
Irving, Texas

"Being prepared" has always made sense to Boy Scouts.

They still learn how to tie knots, read a compass, and pitch a tent in the woods. In addition, they learn about money management, the use of computers (there's even a merit badge), and how to start dinner for single or working parents.

But for today's 4.5 million members who are celebrating the organization's 73rd anniversary this week, there's more to being prepared than just learning new skills. And it cuts right to the heart of how one organization can help a boy make the often difficult passage from childhood to manhood.

"Boys want to believe in something, they want to belong to something. We help them do both of those things," says J. L. Tarr, chief Scout executive of the Boy Scouts of America (BSA), at its national headquarters here.

"Yes, we have introduced innovations to meet changing needs. There's a scouting program for handicapped awareness. We run computer camps in the summer." And pausing, he adds, "But you must remember — that the old things we've been doing are new every year to a boy."

What are those old things?

"Duty to God, to country, to others, and to self," says Mr. Tarr. This is what makes the Boy Scouts as relevant today as they were at the turn of the century when Robert Baden-Powell founded British Scouting, which took root in the US in 1910.

"We feel we are a supplement to the three basic institutions of our society: the home, the church, and the schools. Anything we do must support all three of these institutions," says Tarr, who first became a Cub Scout himself 51 years ago.

According to a recent study done for the Scouts, young people aged 8 to 18 have "a crying need for family." Recognizing that need, the national leadership introduced two new programs this past year.

The first, called Tiger Cubs, is for 7-year-olds (previously a boy had to be 8 years old to join the Cub Scouts). It introduces boys to merit-badge programs and group activities that will hopefully lead into full participation with the Scouts.



Boy Scouts of America photo

Cub scout works at crafts — everything from camping to computers offered now

tion with the Scouts.

"Tiger Cubs really helps young boys from single-parent homes. It gets the boys out into group activities," says Bob Downey, a scout troopmaster in Weymouth, Mass. "But it has an added bonus of also helping the parent. Most of the time this means his mother."

Family camping is the other recent innovation. "We found that with many families, having both mother and father working — our research says 50 percent of US families are two-income families — a number of parents were protective of their time with the kids on weekends. We realized we had to expand and share the scouting experience with

them," says Michael Whittaker of BSA headquarters in Irving, Texas.

With the help of the BSA, community and religious organizations as well as independent groups organize and run Cub Scout packs, Boy Scout troops, and Explorer Posts for children and youth (girls can join Explorers). This past year saw the biggest membership jump in 14 years.

"Our success is because of volunteers," Tarr says. "When you figure a scoutmaster can have between 30 and 60 boys in his troop, and each of them will likely call him twice a week, you start to see the amount of time that gets put in."

But the turnover rate of volunteers is a

constant concern to the BSA. "At present 70 percent of our cubmasters, 35 percent of our scoutmasters, and 50 percent of our Explorer leaders have a tenure of less than five years," says Barclay Bollas, director of news media for the BSA.

Tarr says that nearly all paid and volunteer positions with the Boy Scouts are open to women. It is only in "the difficult developmental years, 10 to 14, when boys need a male role model, that men troop leaders are required."

BSA officials say it is not surprising that churches sponsor troops. They cite two specific reasons: One, a belief in God is a requirement for being a scout. Secondly, scouting is a way for churches to extend their ministry to young families, half of whom the Boy Scouts estimate do not belong to any denomination.

The official youth program for members of the Mormon church is the Boy Scouts. (That may explain why more Mormons reach the top rank of Eagle scout than members of any other organization.) There are Buddhist and Muslim troops as well as troops for the blind and deaf.

Wearing uniforms is still encouraged to make members "visible as a force for good," Whittaker says. But it's no longer mandatory, partly because of the cost.

Nick Nichols of Philadelphia, Pa., got involved in scouting in 1971. All four of his sons were scouts, two of them reaching Eagle. "I'm still involved though my boys are out," he says. Of his present troop of 40 boys, 14 don't have a father in the home.

When asked what scouting means to him, Mr. Nichols tells the story of a camping trip his Boy Scout troop took to the Pennsylvania State Park, where George Washington crossed the Delaware River with the Continental Army during the American Revolution. There is a lookout tower there that, he says, "takes 102 steps to get to the top for a spectacular view of the city."

"I had to take a 9-year-old Cub Scout once, with the rest of the 10-to-14-year-old Boy Scouts. At first they didn't want him along so they loaded him down with extra camping gear, the first-aid kit, even the troop flag. When we got to the tower, everyone decided to leave their gear on the ground and climb up," he reminisces.

But "when we got to the top, the last foot-steps coming up were those of the 9-year-old, with full gear and the troop flag."

"He didn't have to carry much down by himself," Nichols says. "And everyone learned something about mutual respect."

Babysitting, stress management programs at NEMH

Youngsters age 10 and older can learn babysitting skills at New England Memorial Hospital in Stoneham at a class beginning May 4.

The class will meet four consecutive Wednesday afternoons from 3:30-5 and will be conducted by Lori Davis, a registered nurse in the hospital's health education department.

Local fire and police officers will speak to the group of young babysitters on accident prevention, safety, and how to handle emergencies. Health professionals will demonstrate first aid techniques, baby diapering and discuss babysitter ethics as well as self-confidence.

Each class member will prepare a kit for future use "on the job", and will have an opportunity to assist in babysitting children at the NEMH Strawberry Mill Day Care Center

during the last class session, says Davis. Certificates of completion will be awarded at the end of the program.

The Babysitter's Class is sponsored three times a year and costs \$10. per person. Pre-registration is urged. For more information, call the health education department, NEMH, 665-1740 ext. 426.

Relax!

Relaxation is the focus of two spring programs being offered at New England Memorial Hospital, reports Randy Jewell, director of health education.

The first, a Stress Management Seminar,

begins on May 2 and meets for four consecutive Monday evenings from 7-9 p.m. in the hospital auditorium.

Topics covered include time management, goal-setting, communication, personality differences and burn-out. Participants learn

relaxation responses. Beginning May 4, and meeting four consecutive Wednesday nights will be Natural Therapeutics

which introduces class members to massage therapy. Demonstrations, lectures and practice will be provided by a

team consisting of a health educator and a massage practitioner. Classes will be held in the NEMH Education Building, from 7-9 p.m.

Both program fees are \$35. For more information or to register, contact Health Education, NEMH, 665-1740 ext. 426.

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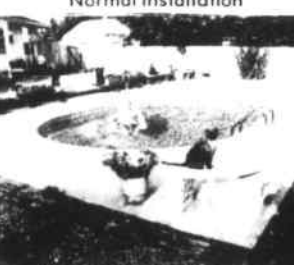
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Electronic revolution changes U.S. spending habits

Those personal computers that can fit on a desk top are part of an electronics revolution sweeping into the 1980s much as television swept into the 1950s. Other parts of the electronics revolution are video game units, cable television systems, videotape recorders and special cable or computer information services.

All told, new electronic technology is changing the way people work, communicate and spend their leisure time and money, notes the Massachusetts Society of CPAs. Before long there may be a computer in every home and you will be able to shop, bank and find entertainment without leaving the house.

However, it is also likely that the cost of maintaining these electronic and communications "systems" in your home will be greater than what you now spend on heat and utilities. So, right now is a good time to start planning your finances to take advantage of these new developments, CPAs say.

Before you buy a basic computer, the "hardware" that performs computing work, consider the costs of the "software," or instructions that allow certain work to be done.

What you spend on software programs, costing from \$10 to \$500, depends on what you want to do — from playing Pac-Man to charting your annual budget to regulating your home's lights, temperature and security system.

There will be additional costs for add-on components to perform certain tasks. A software or disc drive, which costs about \$600, feeds software programs into your computer. If you use your computer as a word processor, a printer to type out the text costs \$400 to \$800. The paper for the printer is about \$10 for 500 sheets.

If you're an investor and want to use your computer to get access to stock and bond reports, you'll have to buy a modem, for \$100 to \$300, to connect your computer by telephone line with a teledata service to get the reports.

You can also use your telephone line and modem to connect your

computer with your office, bank or other computer operators. You can even participate in special surveys, get airline schedule information and order retail products promoted on cable television channels.

Naturally, your costs for these capabilities will depend on how much you use them. One teledata service, which provides stock prices, plus news reports and even classified ads, charges a one-time subscription fee of \$100 and an hourly usage cost ranging from \$20.75 during "prime" business hours to \$5.75 an hour after midnight. Another service, with stock market information, charges 90 cents a minute during the day and 15 cents a minute at night.

Some minor, but not to be overlooked, costs involved in running your computer are for maintenance and electricity. While the electronic components of the computer will probably need little maintenance, the mechanical parts like the keyboard, printer or drive, may require occasional servicing. Consider buying either a warranty extension, for \$90 to \$300 a year depending on the computer, or a maintenance contract that costs 10 to 15 percent of the price of your whole computer system.

Surprisingly, electric costs will be rather small. The computer itself uses a negligible amount of power. The monitor screen or television takes the most electricity, but even that only costs about five cents an hour (for a 300 watt color set where electricity costs 16 cents a kilowatt hour).

Besides the costs of a computer system, consider what you are spending to use your television. Cable television services charge a monthly fee of \$10 to \$20, and an extra \$15 to \$25 a month for special movie and sports channels.

Of course, you can also use your television to play video games, or connected with a videotape recorder to tape programs. You can also buy or rent movies on video tape to play on your set. All your costs, again, depend on how much you use the equipment.

Industrial yard sale

Machine auctions popularity growing

NEW YORK (UPI) — The auction sale of machinery and equipment is thought of as mainly a way to get rid of things no longer needed, but it fills a vastly bigger function in today's economy, says Irvin Rabin.

His firm, Rabin Brothers of San Francisco, has just conducted a huge auction of the former private label food processing plant of the Great Atlantic & Pacific Tea Co., at Horseheads, N.Y., disposing of 10,000 pieces of machinery and other items. The auction attracted buyers from all over North America and from Germany, England, Israel and other countries.

The Rabins did not sell the goods on commission for A&P's owners. They bought it and sold it on their own account, a growing practice in the auction business, says Irvin Rabin.

"We've always had auctioneers who would buy distress merchandise and gamble on selling it at a profit, but the kind of specialized auctioning of sophisticated food, chemical and electronics processing machinery we engage in results much less from company distress than from restructuring," he explained.

"Consequently, for almost every plant that shuts down and puts good machinery up for sale, there are plenty of buyers and the auction is the quickest and the easiest way to get the best prices."

Twenty-five years ago, it would have been necessary to put such machinery in the hands of brokers and wait many months until they could find customers, Rabin said. Now a well-promoted auction brings the customers swarming in a hurry.

The customers have some excellent reasons for preferring to buy at auction.

"They can get delivery as a rule six months to a year sooner than they could on brand new machines," Rabin said. "That's because so much modern machinery is built to order even if it is fairly general purpose equipment."

At the auction, the customer also can buy in one transaction a lot of the other equipment to go with the machines. Sometimes, he can even bid on a complete plant.

Inflated prices of new machinery also play a part in inducing customers to buy at auction, Rabin cited

the case of a sugar mill it auctioned a few years ago. Its value was about \$1 million. He said that to buy that machinery brand new today might cost \$15 million.

Rabin said although most auction customers are looking to use machinery for the same purpose the old owner did, a surprising number have figured out new uses for it. Very recently, Rabin's company sold some machines that had been used in making electrical capacitors to a firm that had figured out a way to use them to stamp out aspirin tablets.

Rabin said there possibly are a dozen auction firms in the country that will deal in the kind of specialized machinery and equipment he auctions and also will buy and sell it on their account, thus giving the original owner immediate cash. In the high interest rate climate of recent

years, this was important. Most of the country's auctioneering business, which involves thousands of firms of all size, still is done on commission for the sellers' account, he said, but the trend to an auction firm buying for its own account is growing.

Businessmen in the developing countries often are especially

eager to buy machinery at auction but there are plenty of customers in the United States and other industrialized nations, Rabin added.

He said some people imagine that auction sales of machinery indicate diminished manufacturing capacity in the United States. "More often than not," he said, "Americans buy about ten

sales mean somebody or several somebodies are starting new plants."



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Home siding material combines brick and insulation

Sheathing may be used with new or old homes, but plant site is a factor in the cost

By Peter Tonge

Staff correspondent of The Christian Science Monitor

Toronto

Du Pont Canada thought up the idea more than a dozen years ago as a way to sell more of its quality foam insulation. Pan-Brick Inc. recognized it as a great way to provide a building with the beauty and durability of a brick-finished exterior and high energy-efficiency at one and the same time.

The product, now being manufactured in the Canadian province of Saskatchewan and soon to be produced under license in several other areas of North America, is an easy-to-install brick-faced sheathing with an R value of 8.7 (compared with 1.2 for conventional brick veneer).

It was introduced to the construction industry at the January convention of the National Association of Home Builders in Houston and most recently at the New Neighborhood Forum here in Toronto.

Pan-Brick, as the product is called, is a panel made up of half-inch-thick kiln-fired clay brick slices imbedded in 1½ inches of polyurethane foam insulation and backed by plywood sheathing.

Each panel interlocks at the sides (somewhat like a jigsaw puzzle), has tongue-and-groove edges, top and bottom, and is screwed to the stud wall which may be either wood or metal.

Each panel is 4 feet wide by 16 inches deep and weighs a mere 35 pounds. This calculates out to some 3 tons for an average three-bedroom home compared with 18 tons for one with a full-brick exterior.

When attached to a conventional 4-inch stud wall, filled



Pan-Brick offers an energy-efficient brick exterior

with R-12 batts, with a drywall interior, the R-factor of the wall totals a respectable 22. The fact that the polyurethane sheathing core enfolds the building without any breaks means that heat leaks through the studs are effectively eliminated.

Other pluses for the Pan-Brick panel:

- With minimum training a semiskilled workman can lay out and fasten the panels.
- The panels are put on dry, no sealants being necessary nor are fasteners visible after installation.
- Cold weather is no hindrance to the installation. As a general rule a Pan-Brick wall should come in at 20 percent under the cost of a conventional brick wall while providing vastly more resistance to heat loss.

Between 1969 and 1973 Du Pont Canada researched and developed the panel, eventually applying it to more than 400 buildings in 13 centers in Ontario.

Ken Sexton, owner of Pan-Brick, says he became sold on the product after viewing several hundred buildings. They had a "true-brick look" and had retained their "like-new appearance after 10 years of weathering," so he

bought the patents from Du Pont "right down to the tiling cabinets."

As part of the deal several Du Pont researchers helped in the start-up of the Regina, Saskatchewan, plant.

Some refining of the manufacturing method has since taken place and Pan-Brick is now ready to license other manufacturers. Ultimately, Mr. Sexton sees seven plants in Canada and perhaps 20 in the United States as the ideal. Overseas licensing is also planned.

While only a fraction of the weight of conventional brick, the product is heavy enough to make long-distance

Pan-Brick showed no degradation after 7,000 hours of exposure to ultraviolet light and water.

hauling a significant cost factor, hence the need for regional manufacturing plants.

Because the bricks are set into the polyurethane while it is still in raw form, the chemical reaction is tremendous, providing an iron-tight bond. No adhesives are needed.

Tests show:

- More than 700 pounds of force is needed to tear an individual brick slice from the foam core.
- High freeze-thaw resistance. No effect after 200 cycles from 80 degrees F. to minus 20 degrees F.
- No water penetration after 20 minutes exposure to direct water spray at 70 gallons a minute and a pressure of 70 pounds per square inch.
- No degradation after 7,000 hours of exposure to ultraviolet light and water.
- The mortar joints are puncture resistant to 900 pounds per square inch.

For more information write to Pan-Brick, 610 Henderson Drive, Regina, Saskatchewan S4N 5X3, Canada.

Today's Compensation increasing one-on-one

By LeROY POPE
UPI Business Writer

NEW YORK (UPI) — As economic recovery advances, there will be a scramble to hire good people and that will create business for compensation consultants, says Ed Redling, regional director in New York for the Wyatt Co.

Wyatt is one of half a dozen large compensation consulting firms. It has 23 offices in the United States and 21 abroad and serves around 10,000 clients. It recently bought Executive Compensation Service from the American Management Associations. This firm had a large computerized data base on compensation worldwide and a big staff of experts.

Redling said there also are dozens of small firms in the compensation consulting business, many of them run by single professionals.

As modern service enterprises go, it's not a new business, dating from around the time of World War I. Many of its early practitioners called themselves time study engineers or time and

motion study technicians, and initially they formulated compensation for manufacturing and other industrial workers.

Compensation consulting is only part of Wyatt's business; it's also in risk management and certain other services. In compensation consulting, its business is divided fifty-fifty

Hire youths

Save on taxes

The Summer Targeted Jobs Tax Credit Program (STJTC) will offer certain certified youth the opportunity to work for local private sector employers for the summer. Participating employers will earn a tax credit of 85% of the first \$3000 of wages paid to each eligible youth during that time.

Because guidelines for CETA's Summer Youth Employment Program and STJTC certification are virtually the same, the two agencies will work together to recruit and identify the eligible youth.

According to Medford CETA Director, Gloria Williams, "The CETA program will still serve 14 to 21 year olds in various work experience and training activities. Applications will be available at our office and in guidance and youth offices in our 11 cities and towns beginning April 27."

"We will, however, encourage eligible 16 and 17 year olds to go one step further and let DES certify and match them with these private sector jobs at no risk to their standing in our 'first come, first served' system should no suitable match be found."

According to Linda Rossetti of Medford CETA, the procedure for participating in the Summer Youth Employment Program and STJTC will be as follows:

1. Applications may be picked up at Medford CETA and local guidance and youth offices beginning April 27. Medford

not be able to pay "top dollar" for these people. "Therefore," he said, "they will need good advice and good information about going rates in the marketplace."

Recent changes in the tax laws, the growing popularity of Individual Retirement Accounts and fringe benefits make compensation packages more important than

CETA serves residents of Burlington, Everett, Medford, Melrose, North Reading, Reading, Stoneham, Wakefield, Wilmington, Winchester and Woburn.

2. An attached instruction sheet will detail how to complete the application; how, when and where the application may be returned for processing; and the documentation that is required for processing.

3. When the applications are returned for processing, eligible youth will meet with an Assessment Counselor who will explain available activities including STJTC. They will be asked to choose two or three activities in which they would be interested.

4. Those 16 and 17 year olds interested in STJTC will then be certified for the program by a DES staff person and, if possible, matched with a private sector employer.

5. If no match is made prior to assignment of CETA positions, the youth will still have the option of participating in a CETA activity according to their ranking in the first come, first served system.

The Medford CETA office is located at the Hancock School, 24 Hancock Ave., Medford. For more information, call 395-7600.

Employers interested in hiring youth under STJTC should contact the DES Job Matching Center at 322-8890.

straight salary rates, Redling said. A compensation consulting firm can save a lot of time and prevent a lot of mistakes in creating such packages, he said.

American business has both overcompensation and undercompensation problems in the management field, Redling said, but on balance he is inclined to believe undercompensation is the more widespread problem and creates the more serious consequences.

"If a company that seems to be solid is not doing well in the present difficult economy, its management compensation policies may be about as much to blame as economic

conditions," he said. "A carefully restructured compensation package can help to motivate and retain good people who otherwise will become disillusioned and leave the company with bad consequences for sales and profits."

Redling said often in family-controlled companies, "the head of the company underpays himself because he is getting so much in dividends and his low salary serves to unduly limit the salaries of other top and middle executives, so the business doesn't get enough good leadership."

Although Wyatt gathers detailed data on levels of compensation for management and

other workers in scores of industries and many countries, and seeks to help its clients avoid paying salaries that are out of line with the marketplace, Redling emphasized that in today's business world, compensation tends to become increasingly a "one-on-one" matter.

He said the widely held notion that unions dominate the setting of wage scales and fringe benefits for non-management people either by negotiating scales or influencing the scales in non-unionized areas of an industry, is becoming less and less true.

"There are an awful lot of workers who believe in one-on-one negotiation today," he said.

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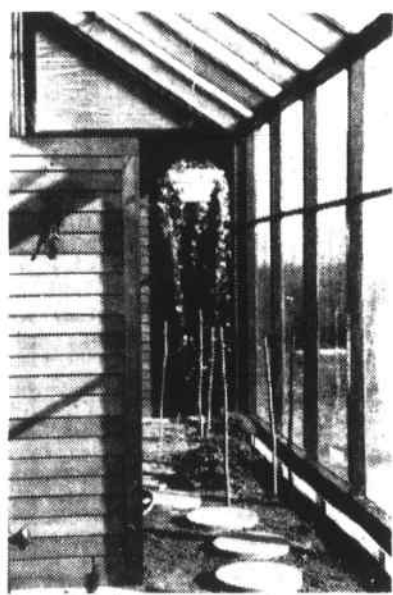
An all-solar home in the north country? It can be done

Careful design turns scant sunlight into year-round heating

By Craig Savoye
Staff writer of
The Christian Science Monitor
Shrewsbury, Mass.

Norman Saunders invents houses — "maximally glazed" houses, if you will. And they are remarkable products.

His ridgetop solar home in the heart of New England cold country remains within plus or minus 5 degrees of 70 degrees F. year-round without a furnace or woodstove. It maintains a constant flow of fresh air, is fully automatic, has annual operating expenses of \$50, and costs slightly more than a conventional home to build — \$90,000 to be exact.



South-facing greenhouse

That's because Mr. Saunders tinkers with his designs the way a race driver fine-tunes a turbocharged engine. So delicate is the balance of systems in Saunders's home that he will change the position of a nail to ensure the proper flow of air.

The Shrewsbury home is a major milestone in solar design because it breaks the golden rule of solar-home building: that is, you can't achieve 100 percent solar heating in a home in the northern tier of the United States while containing costs and preserving looks.

"This is a deliberate flouting of conventional wisdom and a display of what could be done," says Saunders. "You can go to 100 percent solar. It works."

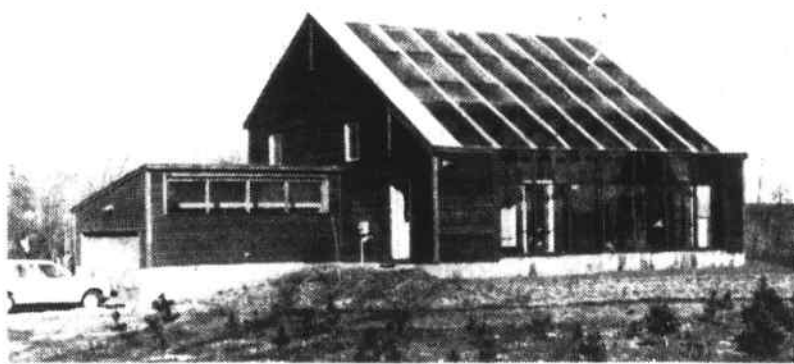
That it does. On a visit to the house on a raw February day with the thermometer dipping to 23 degrees and the wind gusting, the temperature inside the split-level three-bedroom, 2,450-square-foot home stood at a toasty 73 degrees. Built roughly in saltbox style, the house has a greenhouse and glass roof on the south-facing side. There is a two-car garage and a normal complement of windows.

The Shrewsbury house is the eighth in a succession of solar homes Mr. Saunders has designed, and it comes the closest to meeting his rigid goals:

- All rooms at 70 degrees all the time.
- The same temperature throughout the house with no cold bedrooms or warm south-facing rooms.
- No auxiliary heat even during cloudy, week-long, midwinter weather.
- A steady stream of fresh air (often a problem in superinsulated homes).
- Negligible cost for maintenance and operation.

Saunders has achieved virtually all of his goals by integrating most of his half-dozen or so patents in the solar field into the design. They include these trademarked techniques:

Solar staircase. A system of mirrors, parallel to the ground and mounted within



Shrewsbury, Mass.

Norman Saunders's "maximally glazed" design flouts conventional wisdom

the pitched south-facing roof and surrounded by multiple layers of glazing, that let the low winter sun pass through but reflect the summer sun away from the house, keeping it cool.

Heat sandwich. The use of two heat stores, one in the attic and one built into the foundation with the living space "sandwiched" in between. The attic heat store contains 400 six-gallon jugs lined up next to one another. They hold a total of about 18,000 pounds of water. The lower heat store consists of 100 tons of small stones laid directly on the ground.

Heat stores are used to adjust the temperature in the house and save accumulated heat for, quite literally, a rainy day. The water in the attic is generally warmer than the air in the living space. The opposite is true of the basement heat store.

The north window. Most solar homes have north-side windows that are small in both size and number. Saunders's design produces a thermal resistance of R-5, allowing large and numerous windows on the cooler north side of the house.

Dynamic insulation. The use of phys-

ics and convection to achieve a flow of air that avoids the escape of heat.

Because of the integrated nature of the house design, attempts at naming it have proved unsuccessful. William Shurcliff, who has written a number of books about solar design, including "Saunders Shrewsbury House," calls it variously an attic-driven house, top-drive house, sub-and-super solar house, hydro-attic house, solar-store attic house, or solarmatic attic house. But his favorite seems to be trans-sol-attic house.

Mr. Saunders maintains that the design principles are flexible and that a home needn't retain the look of the Shrewsbury home to take advantage of the solar principles it employs. He intends to prove his theory with his next entry, a home he hopes to keep within 2 degrees, plus or minus, of 70 degrees.

Such a home would be more livable than a conventional house, he says, because there would be no need to adjust a thermostat and, because of insulation, every corner of the house would be the same temperature, unlike a traditionally heated home.

Home fashion for winter and spring — "Mellow Yellow"

This year's home fashion colors are like the pastels one would find in a Florentine villa. They are soft and relaxing, not too dusty, but timeless. They are the colors of a da Vinci fresco. Forecasts indicate that colors will be slightly greyed, but on the whole, they will have more life than the colors of the past year says Mary Mulvey Williams, Extension Home Economist with the Middlesex County Extension Service.

If any color will predominate, it will be yellow. Various shades

of yellow — all mellow — are being used in combination with blue, red, pink or peach. The yellow influence has developed because of growing national interest in the country life style of the Middle and Southwest or the western frontier. Earth tones of prairie colors will be con-

siderably yellower. Also seen will be yellows derived from an interest in solar energy.

Certain colors like green will have a yellow influence. Shades of yellow include banana — as a true yellow — and neutrals like butternut and custard.

Other fashionable colors that will appear often are various shades of rose and Chinese cucumber (celadon). Blues will come in a variety of rich tones like mountain blues, teal and cornflower. Lavender blues and the periwinkle reminiscent of Vic-

torian times will also make an impact, especially in the dining room, bedroom and bath. Also in the bedroom will be shades of English rose mingled with cranberry.

Rooms in '83 will have a traditional look, and the kitchen will be no exception. Gone are

bold designs and colors that once were fashionable. The kitchen now will be decorated in muted tones, especially sand, almond, and white. The look will be traditional, functional. Home fashions for this coming year are elegant and classic, and no one color will

overwhelm. Colors will be used in combination for a muted effect that will be easy to live with. Accent colors will include black, silver, red, and rich opulent colors will also be available for those who want them. But the basic trend for the early '80's will continue to be soft pastels.

April 29

Celebrate Arbor Day

The last Friday in tradition dating back April — this year the long before the 29th — is officially proclamation of 1886, designated as Arbor Massachusetts citizens and Bird Day here in have planted trees for Massachusetts. "the public good."

Following an historical Not only is Arbor

Day a time we realize the benefits of shade trees in our daily lives, but also it represents the peak of the spring planting season. Many communities have public tree plantings and ceremonies to recognize the importance of shade trees on the public and private landscape.

To assist communities and individuals with Arbor Day Ceremonies and provide proper tree planting directions, the Cooperative Extension Service has prepared a 10 page, free, "Arbor Day Guide" which is available upon request from the Middlesex County Extension Service, 105 Everett St., Concord, Ma. 01742.

Request a copy today.

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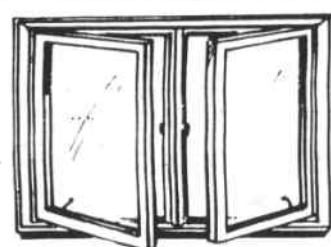
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24 x 24	2-63/8 x 4-9	106.93	119.18
28 x 16	2-103/8 x 3-5	94.86	107.12
28 x 20	2-103/8 x 4-1	103.51	115.74
28 x 22	2-103/8 x 4-5	121.37	119.16
28 x 24	2-103/8 x 4-9	111.65	123.90
32 x 16	3-23/8 x 3-5	98.56	110.89
32 x 20	3-23/8 x 4-1	108.94	121.23
32 x 22	3-23/8 x 4-5	129.45	126.30
32 x 24	3-23/8 x 4-9	117.91	130.14

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CH2925	33 x 29	35 x 31 5/8	90.42	102.75
CH2929	33 x 33	35 x 35 5/8	96.39	108.68
CH3929	45 x 33	47 x 35 5/8	111.33	123.60
CH3931	45 x 37	47 x 39 5/8	132.35	146.24

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Thar she blows!

It is easy to understand why whale watching has become a popular pastime for thousands of people in New England. Whales, which migrate to the Mass. Bay in the Spring, put on stunning performances of jumps, dives, rolls and other aquatic acrobatics for people who are lucky enough to see them.

Humpbacks, finbacks, minke and dolphins migrate to New England waters during the Spring and remain in the Massachusetts Bay until early Fall feeding on fish and plankton in the fertile Stellwagen Bank area.

Whale watching trips are scheduled by the New England Aquarium, which is located in Boston, every day of the week between May 2 and October 15. The trips are 5 1/2 hours long and leave twice a day: at 8:30 AM and 2:30 PM from the Aquarium aboard Ranger IV.

The comfortable, 102-foot motor vessel, Ranger IV, which accommodates 145 passengers each trip, will sail for Stellwagen Bank where the whales feed and is a prime location for easy sightings.

Aquarium naturalists will be on board to provide sighting information on the whales, seabirds and other marine mammals as they are observed.

Prices for the whale watch trips are: \$20 for adults, \$16 for children ages 5-12, senior citizens are \$17.50. Groups of 20 or more people are offered a reduced rate with advance reservations.

Information and advance reservations may be made by calling the New England Aquarium in Boston, 742-8830.

Apple Blossom Festival

The apple trees in the rolling hills of Nashoba Valley will be in full bloom for the thirty-first annual Apple Blossom Festival in Harvard, Mass., Saturday, May 7.

The Town Common, near the junction of Routes 2 and 495, will be the scene of a variety of entertainment and activities from 10 AM to 4 PM.

The Harvard Garrison, a colonial regiment, will march to life and drum, fire muskets and raise the flag to begin the festivities. The Wonderful Schmaltzy German Band, other concert groups, and a bango player will follow.

Traditional crafts and skills, including sheep-shearing, horse-shoeing, wall-stenciling, pottery making, ceramics, silver working, stained glass making, topiary plant arranging, and Shaker carpentry will highlight the Festival.

Johnny Appleseed will distribute apples from local orchards. Bus tours of apple orchards are scheduled throughout the day. Rain date is Sunday, May 8.

THEATER:

Peter Shaffer's Tony award-winning drama "Amadeus" comes to Boston's Shubert Theatre April 28 for a three week run. "Amadeus" introduces us to

AMADEUS



the man, Wolfgang Amadeus Mozart, as differentiated from the composer Mozart. The Austrian composer whose still unmatched music emerged whole from his fertile mind and needed only to be written down, is here in this play. But so is the young boy genius, the emerging musical master, and the rival of the court composer Antonio Salieri. The story is of the battle between genius and mere talent and the jealousy thus roused.

Mark Hamill plays Mozart and noted London stage star John Wood is Salieri.

The performance schedule at the Shubert will be Monday through Saturday at 8 PM, Wednesday and Saturday matinees at 2 PM, with one special Sunday matinee May 1 at 3 PM. For tickets and other information, call or write the Shubert Theatre, 265 Tremont St., Boston 426-4520.

Horse and Pony Show

The New England Pony Owners and Breeders Association will be holding their 5th annual "Spring" Open Horse and Pony Show on Mother's Day - Sunday, May 8th at the Middlesex

Coming Attractions

By William Pacino

County 4-H Fairgrounds, Westford St., South Chelmsford, Mass. (located off Route 110 East). The event is being sponsored by the Dunstable Dusty Dudes 4-H Horse Club and will begin promptly at 8:30 AM, rain or shine.

Entry fees will be \$3 per class, with a \$2 post entry fee per animal for the entire day. Interested persons should contact Show Secretary Mrs. Majorie Page, Box 44-Valley Rd., Southampton 01703 (phone: 413-527-5287) or Mrs. Peggy Lea, Groton, Mass. (phone: 448-6225).

Intensive Workshops

Summer '83 at the Art Institute of Boston introduces six new intensive workshops that will totally immerse you in

one artistic medium, eight hours a day for five straight days. Choose a 5-day Intensive in cubist painting, figure painting, watercolor, monoprism, raku pottery or infrared photography and emerge with a comprehensive understanding of theory, technique and practice.

If you prefer a more traditional approach, Summer '83 offers a wide variety of day and evening classes for students and professionals in fine arts, design, illustration, photography, art history and marketing strategies, including three new courses: "Computers and the Artist", "Creative Art Projects for Children" and "Portfolio Preparation for High School Students".

Five-week summer sessions

begin June 13 and July 19. Most classes meet once a week, earn 1 1/2 credits and cost \$100 plus registration fee. 5-Day Intensives and 10-week courses earn 3 credits and cost \$200 plus registration fee. Materials fees vary. To receive a catalog and registration form contact Continuing Education Director Mary Kaye at the Art Institute of Boston, 700 Beacon St., Boston 02215 (262-1223).

the artisans, to see their work-spaces, and to buy or browse through the many fine pieces which will be displayed. Some of the artisans will also be demonstrating their craft through the weekend.

Maps are available at 429 Washington St., Gloucester or 102 Main St., Rockport. For additional information, call 2130 or 546-3669.



Open Studio Tour

Cape Ann Artisans extend an invitation for their Second Annual Spring Studio Tour. On Saturday April 30th from 10 AM to 5 PM and Sunday, May 1st from noon til 5 PM the members of CAA will open their studios to the public at no charge. The tour offers an unique opportunity to talk with

The North Reading Theatre Workshop, Inc. is sponsoring a Flea Market on Saturday, April 23, from 10 a.m. to 4 p.m., at the Zayre-Nixdorf parking lot, Route 28, North Reading. A White Elephant table and refreshments, among other things, will be handled by Workshop members. Anyone interested in reserving selling space should contact Louise Kursmark at 664-3355.

In Reading

Colonial Chorus presents "Carousel"

There is still time left to reserve a seat to see the Colonial Chorus' delightful production of Rodgers and Hammerstein's lyrical "Carousel". The marvels blossom at 8:15 p.m. on April 23, 29 and 30 at the Reading Memorial High School.

Previous articles have detailed the

quality, particularly vocal, of the show's leads. They will impress even the most critical observers. The leads by themselves, however, could not function without the support of a fine group of singers and actors in support roles, and without imaginative sets and bright colorful costumes.

The directors of "Carousel" tried several tricks to ensure a solid core of supporting performers. Casting understudies retained a number of strong people in the cast who might otherwise have filtered off to shows with other groups. These people also

provide a viable option should one of the leads become ill or prove unsuitable in some other way. This group includes Fred Rice, understudy for the male leads of Billy Bigelow and Jigger, and Madeline Anderson, the substitute Julie and Carrie. Both Fred and Madeline hail from North Reading. Reading understudies include Vicki Crosby for Mrs. Mullin, Anne Oakes as Nettie Fowler, and Larry Piper as Mr. Snow.

A second scheme for developing strong support personnel was to create several identifiable sub-groups within the cast. Examples of these groups include the Reprise girls, the dancing sylphs, and the lusty sailors. The Reprise girls, young nubile beauties who support the romantic themes in the show, deserve special mention. They include Reading's Wendy

Diamond, Madeline Anderson and Sue Chandler of North Reading, Phyllis Cooper and Deborah Fitzgerald of Wakefield, and Burlington's Marylou Desseault.

Once again, the set construction has been guided by Walter Begonis and his crazy group of chemists, Bob Krech, (Mean) Dave Green, and John Crosby. Their piece de resistance for this show, rivaling their famous jail from "Anything Goes", is a carousel complete with horses on which a number of the cast's twenty-five children ride.

As always in a Colonial Chorus show,

the costuming is the personal responsibility of each member of the cast. Providing a pleasing visual effect, however, requires apt overall coordination. The efforts of Reading's Lorraine McCarthy, the show's drama-director, and Wendy Kinler, and of North Reading's ubiquitous Fred Rice ensure a harmonious matching of colors and styles.

Advanced sales have surpassed all previous shows in at least five years. Be a part of this exciting event by calling Phyllis Evensen of Shelby Road in Reading (944-6458) or Barbara Kerrigan of Richard Circle in Woburn (933-7247).

FORESIGHT FOR YOUR EYES

IMPROVED NIGHT VISION HELPS CUT CAR ACCIDENTS

Fatal traffic accidents are three times more likely to occur at night than during the day. And because 90 percent of a driver's ability to react to traffic situations is dependent on vision, knowing how to see better at night could save your life, according to Dr. Martin Shoman, O.D. and northeast regional manager, Pearle Vision Center.

"Obviously, most people see better in daylight than they do in the dark," Dr. Shoman said. "But some people have the added problem of night blindness, the reduced ability to see at night or in dim light."

"Your eyes are the most important equipment in your car and should be cared for," Dr. Shoman said. That is why Pearle Vision Center sponsors its national Safe Driver Crusade every March. "We want to encourage everyone in America to have their eyes examined completely at least once every year," he said.

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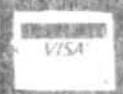
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May 2 Learn to jog at NEMH

"Jogging doesn't have to be a painful experience," explains Randall Jewell, director of health education at New England Memorial Hospital. "In fact, if you learn to jog the right way, you can cut down considerably on injuries and aggravations associated with running."

Beginning May 2 through May 25, Beginners' Jogging will be held Monday and Wednesday evenings from 5:30 to 6:20 p.m. to introduce runners to components of a safe and sensible exercise program of jogging.

Meeting at the Greater Boston Academy gymnasium on the hospital grounds, program participants will

utilize the Perrier Parcourse and exercise trails surrounding the hospital under the supervision of a physical education teacher.

Proper warm-up, monitoring heart rates, training heart rates, and cool-down techniques will be featured as well as pre and post health screenings for participants as they learn to build up gradually to at least a three mile jog.

This course is offered to both men and women. Showers and locker rooms are available. The fee for the program is \$20.

For further information, contact Health Education, NEMH, at 665-1740, ext. 426.

Challenges and rewards of living single

Second of two articles

By Jane Anderson
Staff writer of
The Christian Science Monitor

Living single goes far beyond Campbell's Soup-for-One. How single people approach and manage their life style, from choosing housing to how they use their free time, not only affects their personal lives but the public sector as well.

Because of their growing numbers and reputation for spendable income, singles have become increasingly important in the marketplace.

Manufacturers of cars, appliances, and other products, for example, are targeting the preferences and needs of single Americans. Small-scale appliances and mini-food items continue to appear on store shelves, and new service-oriented businesses are emerging to assist singles living alone.

But more significant has been the singles impact on housing. Cities such as New York are responding to the smaller space needs of one-person households with greater percent-

Singles compose the fastest growing segment of the real-estate industry, with single women the newest growth sector of the market.

ages of studio and one-bedroom units in new residential buildings.

Although single people tend to settle in urban areas, more are beginning to purchase homes in the suburbs. Singles compose the fastest growing segment of the real-estate industry, with single women the newest growth sector of the market. According to a survey by the National Association of Realtors, single women are purchasing more than 10 percent of all houses and one-third of all condominiums and apartments throughout the U.S.

How singles furnish their living quarters often has nothing to do with money, says J. L. Barkas, author of "Single in America" (New York: Atheneum). Single women she interviewed in the same apartment complex, for example, approached identical apartments in totally opposite ways: "Some have a bed and nothing else. Some really make it look like a home."

According to Miss Barkas, ambivalence about whether a situation is temporary or permanent can hold a single person back

from establishing a comfortable home. She says it's often helpful for singles to ask themselves, "Am I making the most of my situation now?"

"The most important thing is not postponing what you would want with someone else, just because you have not found that someone," she says.

Census Bureau figures show that of the approximately 56 million single adults in America today, more than two-thirds do not live alone. For some it is a happy choice; for others it is simply an economic imperative.

In terms of housing, a certain degree of financial security is requisite, especially if the person decides not to pool resources with a roommate.

"Privacy has its costs," says Peter Ogle, who pays \$425 rent for a one-bedroom apartment in Oakland, Calif. "People really have to want to live alone to pay the price."

Mr. Ogle, managing editor of a radiology magazine in San Francisco, has lived by himself for about a year after sharing a flat in England for two years. "When I was first living alone I enjoyed having the privacy," he says. But although he could afford to continue living alone, he is now in the process of looking for a roommate.

"I find myself having things to share on a spontaneous basis — I either have to seek someone out or not share it at all," he says. He considers shared living a "good chance to grow — living with a roommate has obligations along with the pleasures. Both people have to learn to compromise or it simply doesn't work out."

While finances often affect housing decisions, they also enter into other aspects of single living. Although there is a trend toward more home entertainment, younger singles generally spend more than their married counterparts to get together and go out with friends in their free time.

Restaurants reap benefits from singles who spend up to 63 percent of their food dollar eating out. Many exercise and sports clubs play to the unmarried market, and travel agents promote singles tours and resort spots.

Living single also takes energy, some find. "It takes a high activity level to be a single who works and not be a recluse," says J. L. Barkas.

Maintaining close relationships with friends is perhaps the most difficult challenge facing a single person living alone. Without the ready companionship of a roommate or married partner, singles who are content living alone often nurture and garner support from a circle of friends. Some turn to their original family, to pets, to their work, or to their church for companionship and reassurance.

At a recent church symposium on singles



By Barth Falkenberg, staff photographer

Singles spend up to 63% of their food dollar eating out

Miss Barkas attended, the church realized it was gearing its sermons to the family and "turning its back on singles," who need comfort and sustenance as much as, or perhaps more than, marrieds, she says.

Despite the challenges, says Miss Barkas, a person who chooses to live alone can expand on the joys and benefits of the situation, such as taking advantage of opportunities for self-improvement, developing hobbies, and "keeping as crazy a schedule as you want."

But for many singles, living alone is a mixed blessing.

A florist in Portland, Ore., who has lived alone for 14 years, says one of the things she enjoys is "getting to do the things I want to do. I enjoy my music, my art, and my reading, which living alone allows you to do." She admits she has to deal with loneliness at times, which "we all do, whether we are married or not." She finds loneliness particularly challenging during the "little holidays" such as the Fourth of July and Labor Day.

Since most of her friends are married, she cites one of the disadvantages of living single: "Sometimes when you need to do something, no one is available." But she finds her mar-

ried friends to be very inclusive, and she has no problem attending social occasions alone. "Next week I'm going to a party — a get-together of old friends — and I'll be the only single there," she says.

A 28-year-old magazine editor in New York City who has lived alone for four years regards his efficiency apartment as temporary quarters, although he admits, "I may wind up staying there a lot longer than I thought."

He finds one of the challenges of living alone is "keeping order in my apartment. I try to stay out of the rut of leaving clothes around because 'no one is going to see it.' Since he dislikes cooking, he tends to eat a big lunch at noon and just have something light in the evening at home. "It's not fun to cook in the same room you live in," he says.

Despite the inconveniences, he wouldn't trade the independence and privacy of living alone for sharing a larger apartment with a roommate: "As long as I'm single I'd rather have my own apartment — there's no question about that. Just having your own key in the door means a lot."

The first article appeared Jan. 18

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What do you know about rhubarb?

Rhubarb is planted in beds that require careful preparation, but once established, needs minimum care for production for many years. Because rhubarb is a perennial, it should be given an out-of-the-way spot in the garden where it will not interfere or be damaged by work done on annual crops.

Rhubarb plants need well drained fertile soil, and the ground worked quite deeply. Instead of trenches, holes for each crown are dug two feet deep and spaced three feet apart in all directions. The bottom of each hole is filled with a six inch layer of compost or manure. The soil that was removed is mixed with equal amounts of compost or manure and one third cup of 10-10-10 fertilizer. Fill the

hole with this mixture to a depth of one foot.

Place one rhubarb crown in April or May in each hole so that the top, where plant buds are located, sits three to four inches below soil surface. Place soil firmly around the roots and fill each with compost and top soil until level with ground surface.

Fertilize with 10-10-10 fertilizer when growth appears and every spring thereafter. Spread one half a pound of fertilizer around shoots and scratch in with hand cultivator. Maintaining a permanent mulch prevents winter injury around roots and keeps soil moist. Remove mulch before fertilizing and then replace.

Rhubarb stalks grow to eighteen inches or

taller. When plants are of a mature size, harvest a few stalks in spring the second year after planting. The third year harvest about half the stalks

leaving the thinner ones which will grow and help nourish the roots. Harvest rhubarb by holding the stalk near the base and twisting.

For more rhubarb information, contact the Middlesex County Extension Service in Concord at 369-4845 or 862-2380.

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Artificial joints may "Come Loose" and need corrective surgery

By George A. Tyler
Science in New England
at Boston University

Thousands of people with artificial bone joint replacements require additional surgery to repair "failed" joints that have come loose from the bones they were attached to.

Virtually all of the half million joint replacements done each year must be repeated within two decades.

Now, a Boston research team has evidence that the artificial joint comes loose as the body responds to irritation caused by the original implant.

Before replacement surgery was possible, people with joints damaged by injury or diseases like rheumatoid arthritis faced a life of devastating pain and confinement. Now, shoulders, knees, hips and hands can be repaired by surgically removing the damaged bones and cartilage that form the joint and cementing steel or plastic substitutes to the bone stems that remain. Surgeons believed this bond would be strengthened by bone cells penetrating the cement.

A research team in the Arthritis Unit at Massachusetts General Hospital has demonstrated that just the opposite happens. According to Dr. Steven Goldring, the bone cells try but cannot

penetrate the cement. They respond by isolating the implant with a thin membrane which resembles a tissue found in normal, healthy joints called synovium.

Within a normal joint, the synovium maintains a space between the two bones and secretes a lubricating substance that keeps the joint well oiled. If a bone is fractured and not immobilized, the rubbing of the two fragments against each other will cause the formation of a natural, synovial-lined joint.

The Mass. General findings point out the thin membrane forms in all cases soon after surgery. But this does not cause the loosening. However, as the patient starts to move about, the steel and bone move against each other and the membrane continues to grow. Since it can't grow into the cement and steel, it grows by penetrating the bone.

Goldring's group compared synovium from the leg and pelvic bones of total hip replacement patients and patients with rheumatoid arthritis. They were virtually identical. In rheumatoid arthritis, the synovium betrays the body. The once beneficial membrane starts producing a substance (prostaglandin) that triggers the destruction of bone cells and an enzyme that chews up the elastic tissue of the joint.

The spreading synovium in the artificial joint duplicates this destructive process.

According to Goldring, the cement stimulates abnormal growth of the synovial-like membrane. As the patient's activity increases, the cement slowly disintegrates and releases microscopic fragments into the synovium. The fragments accumulate and the irritated tissue responds by becoming inflamed. When too much bone and cartilage around the joint is destroyed, it comes loose.

Although most artificial bone recipients are elderly, many of the loosening problems occur in younger patients. Goldring points out that this is not unusual since

they are the most active group, and older patients may not live long enough to develop a loosening problem.

"Even with its drawbacks, joint replacement is still like a miracle. After surgery people confined to wheelchairs for years can walk and go back to work. But, we need to design a more intrinsically stable joint which will restrict the movement between bone and cement, and we need to put in a material more receptive to bone growth."

Now that the biology of the failure mechanism is understood, improved joint replacements can be designed which will be accepted by the body and still withstand the enormous stress that natural joints must endure.



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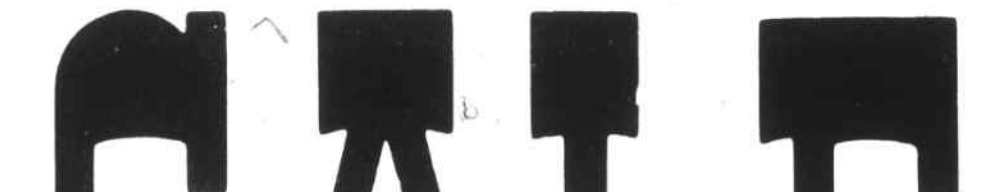
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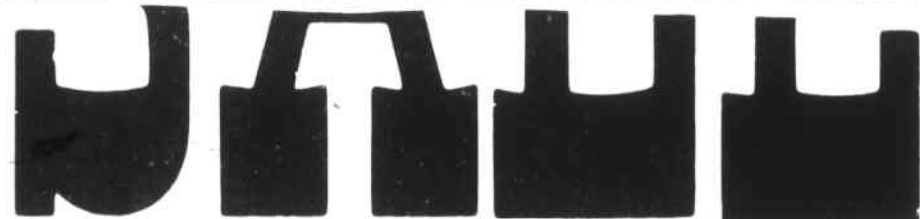
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935-9120

OPPORTUNITY AT AVCO FOR... COMPONENT BURN-IN TECHNICIAN

Our continued growth in the development of strategic and tactical systems has created an excellent opportunity for an Electronics Technician experienced in component burn-in.

Individual must be capable of using various electronic monitoring equipment, component test equipment and component burn-in equipment. In addition, applicant must have a working knowledge of integrated circuit and semiconductor characteristics and ratings. Familiarity with Hi-Rel specifications and screening procedures is a definite plus.

Our candidate must have at least two years of direct applicable experience and an Associate Degree in Electronics.

Avco offers a liberal benefits program including Company paid Dental and Retirement Plans, an education policy of full tuition reimbursement, a liberal Incentive Savings Plan and an excellent salary commensurate with your educational and professional background.

Find out why Avco is a good place to work. Call Mr. Perry Jenkins at 657-3625.

AVCO SYSTEMS DIVISION

201 Lowell Street
Wilmington, MA 01887

An equal opportunity employer M/F

Changing Careers? In-Between Jobs? Re-Entering the Job Market?

We can help! By enrolling for any one of our interesting temporary assignments, you can develop new experiences, become acquainted with different work environments, AND get paid for your time and effort! We have the following openings for you if you have 6 months to 1 years' experience:

- CLERK TYPISTS
- SWITCHBOARD OPERATORS
- SECRETARIES
- WORD PROCESSOR OPERATORS
- DATA ENTRY OPERATORS

Travis offers you assignments which match your present skills and abilities. Call Wendy or Noreen today at

272-6750.

TRAVIS
Temporary Services

Insurance Clerk Typist

Permanent full time position available in our Claims Department for an individual with accurate typing skills. We offer salary commensurate with ability and experience. Excellent benefits program and advancement possibility.

35 hour work week — 8:30 a.m. - 4:30 p.m.

For an appointment please call Mrs. Ansara

272-6410 — Ext. 177

Utica Mutual Insurance Co.

10 New England Executive Park,
Burlington, MA

An equal opportunity employer

Telephone Sales

Interstate Uniform Services Corp. is seeking a self-motivated and responsible telephone sales person to fill our company's growing needs. Experienced people preferred but will train. Selected applicants will receive hourly wage plus commission.

For consideration please call John Papa at 933-0815 between 8AM - 12 Noon and 2PM - 5PM, Monday - Friday.

An equal opportunity employer

INTERSTATE UNIFORM SERVICES CORPORATION

Secretary/ Receptionist

General office duties including light typing and telephone contact.

PLEASE CALL

933-6300

to arrange an interview

Dispatcher

Join a dynamic group of customer support personnel who are involved in dispatching field personnel to customer sites. You will interface via telephone with our customers and Field Engineering personnel to enter data into a computerized tracking system. You should have excellent telephone communication skills and a minimum of 40 wpm typing skills.

Administrative Secretary

We are looking for an Administrative Secretary to join our busy Contracts Department. The individual we seek should possess 3-5 years of secretarial experience, excellent typing and dictaphone skills, and the ability to communicate effectively with customers via telephone, word processing experience preferred.

Order Billing Clerk

We seek a person with at least 1-2 years' experience on an on-line order billing system with good communication skills and a desire to work in a fast-paced environment in our busy Contracts Department. Knowledge of a computer-based order entry system for processing orders and contracts, and invoices and credits preferred. An advanced knowledge of office procedures, basic accounting, data terminals, and the use of a calculator with speed and accuracy would be a plus.

Changing imagination into Reality

We offer an excellent compensation and company-paid benefits program including medical, dental, disability and life insurance, educational reimbursement and retirement, stock purchase and bonus incentive plans.

Please call Gail Baxter at 935-9723, ext. 7319 between 1PM and 5PM, or forward resume to her at Computervision Corporation, 100 Commerce Way, Woburn, MA 01801. An Equal Opportunity Employer.

COMPUTERVISION

Printing Sales

Salesperson with minimum 2 years of selling experience. Knowledge of Graphic Arts helpful, but not necessary. Must be aggressive and have the ability to communicate with people.

For information and appointment, call 935-6190

Bridge Design and Print Corp.

35H Industrial Parkway
Woburn, MA 01888

Auto Sales

North Shores fastest growing Chevrolet dealer has immediate openings for 4 sales people due to increased floor traffic. Take advantage of the best pay plan in the industry.

Call

Trader Chevrolet
Wakefield
John Bruno, Sales Manager

245-2400

Deli Help

PART TIME HELP WANTED

Must be 18 years of age.

Days, evening, weekend shifts available.

Call

MONTVALE DELI

438-8165

Janitorial

Burlington Area

Summer help needed, Saturday and Sundays, part and full time positions.

Call 245-2091

References required.

AVON Sell Desk to Desk

Earn extra money — sell Avon at the office.

Call Judy Grasso at 395-5643 in Wilmington call Dee Vicari at 658-5140

933-3700

JOB MART

933-3700

Woburn, Burlington, Winchester, Lynnfield, Reading, North Reading, Wilmington, Tewksbury, Stoneham and Wakefield

SENIOR SECRETARY

Secretarial position available for an individual with 2-3 years' experience, who has top notch typing, dictaphone, communication and organizational skills, to handle a busy office. Knowledge of word processing a plus/willing to train.

We offer a competitive starting salary and a comprehensive benefit program including dental insurance.

Please send resume to Judith Palumbo, or call 272-8000.

MASSACHUSETTS HOSPITAL ASSOCIATION
5 New England Executive Park
Burlington, MA 01803



Sales Secretary/ Receptionist

Leading New England Industrial distributor has an immediate opening for person with excellent communications and typing skills. Position includes clerical support throughout our sales department. We offer congenial atmosphere and outstanding benefit program. Send resume or call for appointment.

— 933-8920 —

Lincoln Controls Company

P.O. Box 2233
Woburn, MA 01888

An equal opportunity employer

NUTRITION PROGRAM MANAGER

Elder service organization seeks manager for large regional nutrition program serving over 800 meals daily. Applicants must possess strong management, organizational, and supervisory skills. Major responsibilities include long range planning, budgeting, contracting, community relations, and compliance with all applicable governmental regulations. The manager we seek must demonstrate accomplishment in the development of bid specifications, budget development and monitoring, outreach and publicity activities, and the ability to interface with professional staff and community residents. We require a minimum of a Bachelor's degree and three years administrative and supervisory experience. Additional experience may be substituted for academic degree. Experience in food service management is desirable. Salary is in the high teens including excellent fringe benefits. Submit resume by April 27, 1983 to Mystic Valley Elder Services, Inc., 661 Main Street, Malden, MA 02148.

An Affirmative Action/Equal Opportunity Employer
Older Workers, Minorities and Others
Are Encouraged To Apply

Food Service Workers Factory Workers General Laborers

YOU'RE HIRED!

Immediate temporary assignments available. If you have a car, telephone, and a willingness to work you could be working tomorrow.



Personnel Pool

NOTE - CALL TODAY
273-3040
97 Cambridge St.
Burlington, MA
(Near Trolley R.E.)

CLERICAL

Clerical Assistant Needed

10 A.M. - 2 P.M.

Must be able to type.

Call Jane for personal interview
between 9 and 11 a.m.

935-8300

An Equal Opportunity Employer

JOBS

The Medford campus is seeking candidates for the following positions.

• **STAFF ASSISTANT (CHEM. ENG.)** — Requires supervisory and budget monitoring experience and excellent secretarial skills.

• **SECRETARY (DEAN OF STUDENTS)** — Requires strong organizational and secretarial skills.

• **WORD PROCESSORS (9 AM-5 PM or 8:30 PM - MIDNIGHT)** — Requires experience and familiarity with test editor concepts and list processing procedures.

• **CLERK (BURSAR'S OFFICE)** — Requires aptitude for figures, previous office experience and excellent organizational and interpersonal skills.

We offer competitive salaries and excellent benefits.

Come in and fill out an application or send resume to Denna Roberts, Personnel Office, 419 Boston Ave., Medford, MA 02155. Only candidates selected for interview will receive a response. An Affirmative Action/Equal Opportunity Employer.

TUFTS UNIVERSITY



JOIN THE WINNERS BURGER KING OF STONEHAM

Now Accepting Applications
All Shifts, Days and Late Nights

Flexible hours, uniforms provided,
competitive salary of \$3.50

Stop in mornings before 11 am
and

afternoons 2 pm to 5 pm

NO PHONE CALLS PLEASE

BURGER KING

197 Main Street, Stoneham

An equal opportunity employer.



CHANGE FOR THE BETTER

Call Travis Personnel

PERSONNEL SEC. — high tech firm. to \$260
PAYROLL — 2 yrs. exp. req'd. to \$16K
SWITCHBOARD/RECEPT. — congenial firm. to \$240
DATA ENTRY — purchasing dept. to \$205
GENERAL OFFICE — typing, figure work. \$200
CLERK TYPIST — accurate typing req'd. \$175

Several other excellent positions are available.
Please call Linda, 272-6750

Companies pay all fees.
Open 9-5 or evenings by appointment.

Box 57
223C Middlesex Tnpk.
Burlington, MA 01803

TRAVIS
Personnel

'Tis The Season To Work AT Mystic

One of the country's largest suppliers of Christmas decorations is seeking to add more elves to their staff.

Our Manufacturing Facility Has Openings For
• MACHINE OPERATORS
• PACKERS
• ASSEMBLY LINE WORKERS

We are located in Wakefield Center on MBTA and Boston & Maine transportation lines. Openings are full time Mon-Fri. 8 a.m. - 5 p.m. Part time 6 p.m. - 10 p.m. Second shift.

ALL APPLICANTS SHOULD APPLY IN PERSON
MONDAY-FRIDAY BETWEEN THE HOURS OF
9 A.M. AND 4 P.M.

Mystic Industries Corp.

474 Main St., Wakefield, MA

CAD/CAM

Our capabilities in the CAD/CAM (Computer Aided Design/Computer Aided Manufacturing) industry are growing at a phenomenal rate. Because of this growth, we have a need for skilled, experienced administrative and technical personnel to support diverse operations within our Customer Services Organization in Wilmington.

Solderers

These positions require a knowledge of soldering and desoldering printed circuit boards and the ability to use a wax gun. Individuals must be able to identify components and update printed circuit boards. Qualified applicants should have a minimum of 1 year of experience.

Interested candidates should call Diane Williams at 935-9723, or send resumes to Human Resources, Computervision Corporation, 100 Commerce Way, Woburn, MA 01801. An Equal Opportunity Employer.

Changing
Imagination
into Reality



RECEPTIONIST/ SWITCHBOARD OPERATOR

We are seeking an individual who exhibits mature judgement, good communication skills and a professional manner for the lobby of our corporate headquarters in Burlington. You will be greeting and registering visitors in our Burlington facility and operating a Dimension 2000 switchboard. 1 year of experience, exposure to the Dimension 2000 switchboard, and the ability to work in a fast-paced environment required.

Please contact Mary Jane L. Brady at 667-8850 ext. 290. We are interested in your talent, not your age, sex or race.

APPLICON

Schlumberger

EXCELLENT OPPORTUNITY

Large corporation has outstanding sales opening for a Sales Representative. Individual must be local resident with managerial ability, ambition and show progress for age. Business or sales background helpful. In requesting personal interview please submit resume stating personal history, education and business experience to:

P.O. Box 554,
Wakefield, MA 01880
An equal opportunity company M/F

Mechanics Wanted

Modern service center seeking for qualified mechanics. With a minimum of 2 years experience in trucks, light duty cars, vans, and light trucks. Plus computerized diagnostic tools and good customer service. Good benefits and growth opportunity.

Steven's Automotive

— 245-6400 —

You get the best at NEC...Competitive wages... Excellent working environment and company-paid benefits to include educational reimbursement, medical, dental, life and accident insurance, and much, much more.

NEC Information Systems, Inc. is a rapidly expanding subsidiary of a multi-national electronics corporation. Come grow with us! We have an outstanding opportunity and we invite you to apply for the following positions.

Field Service Dispatchers

... IT'S NOT FOR EVERYONE.

It's only for the person who can handle an intense customer contact environment, and a challenging work load and enjoy it.

11AM-8PM or 8:30AM-5:15PM Monday through Friday.

This is the ideal position for you if:

- You have good telephone skills.
- You are well organized with at least 1 year's experience as a dispatcher or similar position.
- You have the kind of mature work skills that handle deadlines and interruptions effectively.
- Typing or computer terminal experience would be a plus.

If you are interested in this position, come to 44 Cummings Park, Woburn, MA and fill out an application, this Tuesday, April 19th through Thursday, April 21st, between the hours of 9AM and 4PM. Or send your resume to Joan Ingrassia at the address below.

NEC

NEC Information Systems, Inc.

5 Militia Drive, Lexington, Massachusetts 02173

A Committed Equal Opportunity Employer M/F/H/V

FIRST SHIFT GOOD OPPORTUNITIES FOR PRODUCTION OPERATORS

Applications are being accepted for Assembly Production Operators to operate small machines and perform bench type processes. Prefer experience. Applicants must have good finger dexterity for these positions which are particularly adaptable to female applicants. These openings are not machine shop type jobs. Good pay scale commensurate to individual production with excellent benefit program.

Please call Mr. Coe, 729-4400

McCord Winn, Inc.

A subsidiary of Ex-cell-O Corporation
620 Washington Street, Winchester, MA 01890

Certified Mechanic Wanted

FULL TIME
Benefits, good pay
good future. Call
between 8 and 5.
944-9665

Laborers, Warehouse Factory Workers

Local short assignments available, some second and third shift work.

Call Claudia Waterhouse

175 Cambridge St.
Burlington
273-1421

WANTED Teachers and College Grads

\$200 a week part time
and \$500 a week full
time.

For appointment call
944-5212
and ask for
Kevin Begley

Permanent Part Time Office Position

Typing, accounting and telephone skills
required. Flexible hours. 5-6 hours daily.

Call: 935-6245

Perfect Pack Corp.

271 Salem Street,
Woburn, MA

ACTION

The First Step To Success

We believe people fail because of a lack of training and poor guidance. We are a growing branch of an established international company that is dedicated to the principles of complete training and continuous support. If you ever harbored thoughts of being in a position offering you complete opportunity in earning potential read on — we are currently looking to fill several positions in our Educational Marketing Division. Experience not a prerequisite — we train — but applicants should be career oriented.

For more information call 729-0476
between 4 and 6

Season's Friendly Eating

Now Taking Applications For
Full Time & Part Time Employment

Wait Persons, Cooks, Hosts,
Hostesses, Kitchen Help

ALL SHIFTS

NO PHONE CALLS PLEASE
APPLY IN PERSON

325 Montvale Ave., Woburn, MA

Full Time or Part Time

Cashiers and Department Clerks

- Good benefit package
- Several positions open

APPLY

Building 19 1/2

154 Cambridge St., Rte. 3A, Burlington

Looking For Work?

Are you one of those people who want to work but don't have the experience to get a job in today's tight job market? If you receive Aid To Families with Dependent Children (AFDC), you may be able to help you. For the past 7 years TEE has assisted people who have had to rely on public assistance to find and keep jobs with private employers. There is no charge for this service. If you are eligible and interested please call.

Ruth Surprenant at
482-7430
or
1-800-882-1427

SECURITY OFFICERS LOCAL AREAS

Immediate openings, full and part time. All shifts. Training and uniforms provided. Must be over 21 with clear record and own transportation. No firearms necessary. We welcome inquiries from retirees.

For interview call

Old Colony Security Inc.

— 944-7145 —

TELEPHONE SECRETARIES

Permanent part
time positions a-
vailable, will train.

Call
933-2828

Opportunity

You can start a new
career at any age. We'll
provide opportunity you
provide initiative and
hard work. \$300 a week
potential advancement
and full benefits.

Call **272-6081**
between 4-5 p.m.
for appointment

Burlington Telephone Answering Service

Answering service oper-
ator. Friday midnight to
8:30, Sat. midnight to
8:30, Monday 8 a.m.-5
p.m. 2 midnights and
one day shift.

Call **272-1750**
for interview appt.

Beauty Care Consultant

FULL OR PART TIME
Artistry cosmetics and skin
care products by Amway. Be-
coming a professional artistry
consultant is an exciting op-
portunity to build your own
business and earn extra money.
Part or full time. Additional
opportunity exists to teach
others and substantially in-
crease your income. No expe-
rience necessary. We will train
you in the highest professional
standards. No high pressure.
No door-to-door. Absolutely no
financial risk.
Call Lee, 272-8052

SALES

Advertising company
looking to hire people to
do telephone work
selling up new accounts in
the North-Southwest
Boston area. Must be
neat and converse in-
telligently. No expe-
rience necessary.

For interview call
Miss Casey at
246-2730

START NOW MEN & WOMEN PART TIME

Expanding solar manu-
facturer has immediate
openings in service, in-
stallation, and sales
department. No expe-
rience necessary. Com-
plete on the job training.
High starting pay plus
benefits. No lay-
offs.

Call: **532-5400**

Janitorial

Burlington Area

Full time positions days
7-4. Part time positions
days any three hours
between 7 and 4. Even-
ing positions part time
6-9 or 5-8. References
required. Excellent pay.
mother's hours also.

Call **245-2091**

Cashiers

Full Time

Part Time

Flexible hours.

Apply in person

M P & G

Tune-up

110 Main St., Reading

Regional Director Office of Volunteers and Blood Service

Recruitment, training, and
placement of volunteers in
Red Cross programs, ongoing
coordination of blood pro-
gram within region. Full time
position. \$12,200 to start plus
benefits. Resumes only.

**Regional Manager
American Red Cross
Eastern Middlesex
Region**
786 Main Street
Melrose, MA 02176

933-3700

"JOB MART"

933-3700

Woburn, Burlington, Winchester, Lynnfield, Reading, North Reading, Wilmington, Tewksbury, Stoneham and Wakefield

Everything seems to grow in the spring... especially at Marshalls! Our continued growth means new opportunities for you... with more jobs springing up every day. If you'd like to join a growing organization, explore one of the following opportunities.

REFUND/AUDITOR SECRETARY — Excellent entry level position for an individual with good typing (45 wpm) and math skills, plus knowledge of word processing or CRT.

PAYROLL CONTROLLER — Successful candidate must be able to take information over the phone with ease and have some knowledge of office procedures and use of a calculator.

MERCHANDISING CLERICALS — Good entry level positions for individuals who are looking for a career in merchandising. Must be good with figures and detail oriented. Retail background helpful.

DATA ENTRY SUPERVISOR — Full time nights. Candidate must have 3-5 years' experience as a data entry operator with supervisory ability and the ability to read and understand complex instructions.

CRT OPERATOR — Candidate must have knowledge of office procedures and CRT.

DATA ENTRY OPERATORS — Part time nights and full time days. CNC experience helpful.

We offer an outstanding benefits program including an excellent medical and dental plan, life insurance, income protection and a liberal employee discount.

Please submit your resume to the Personnel Office, or stop in to complete an application, 83 Commerce Way, Woburn, MA 01888.

An Equal Opportunity Employer M/F

Jobs blossom into careers
at MARSHALLS.
Marshalls
Brand Names for Less!

Spring Specials

Financial Secretary \$15K

Highly motivated individual with strong background in financial services. Excellent opportunity for growth and advancement. Call for appointment.

Fashion Secretary/Typist \$200 wk.

Excellent opportunity for a fashion secretary with strong typing skills. Call for appointment.

Call for appointment
273-4660

6 N.E. Exec. Park, Burlington

circle
employment
consultantsAll Fees Paid by
Client/CandidateInside
Electrical Sales

Manufacturer's representative requires alert sales-oriented person to take charge of office operations. Position includes considerable telephone sales and quotation work plus typing. Knowledge of wire and cable business most beneficial.

Please send resume and salary history to:
P.O. Box 509
c/o The Reading Chronicle
P.O. Box 240
Reading, MA 01867

SECRETARY

Immediate opening in Woburn for a secretary with excellent typing skills and a minimum of 2 years experience. Excellent benefits package. Call for appointment.

Contact Delores Capua
INTRACORP
200 Unicorn Park Drive
Woburn, MA 01801
— 935-7010 —

Homemaker-Health Aides
Needed

North Metropolitan, a non-profit agency, has part time home health aides working in their homes. We are offering a personal work schedule for you. You must be a resident of North Metropolitan.

For more information call
935-3976

North Metropolitan Homemaker-
Health Aide Services



SECRETARIES

TYPISTS

CLERKS

KEYPUNCH OPS.

SWITCHBOARD

BOOKKEEPERS

WORD PROCESSORS

Immediate openings for long or short term jobs in the above areas. Excellent pay. NO fee.



7A Meriam St.
Lexington, MA
861-0707

Class A
Machinist

With knowledge of CNC programming. Benefits include Blue Cross/Blue Shield, dental, paid holidays and vacation. CALL

935-0010

WANTED
EXPERIENCED
Swiss Type
Screw Machine
Operator

Also opening for secondary operation work. Excellent working conditions, with multiple benefits.

Marver Cam Co.
933-5858

Are You
Laid Off?

Used to making \$20,000-\$30,000 annual income? We have openings to fill your needs. National prestigious manufacturers expansion. No layoffs. Business increasing 40%. Can you qualify? Aggressive management. Call for interview

438-5513

An Equal Opportunity Employer

SECRETARY

(37½-Hour Work Week)
Excellent Growth Opportunity
For The Qualified Individual

We have an opening in our Personnel Department for a well-organized, people-oriented individual with good secretarial skills and aptitude for figures and detail work. Requires ability to communicate well with all levels of management and enjoy a busy, varied work atmosphere.

Prefer candidates with 1-2 years of business school beyond high school and a minimum of 2 years secretarial experience.

Excellent starting salary and fringe benefits package. Please submit complete resume giving education, experience and salary requirements to Personnel Department, or call 658-3131.



**Diamond Crystal
Salt Company**
Packet Products Division
10 Burlington Avenue
Wilmington, MA 01887
Equal Opportunity Employer

PROCESS
ENGINEERS

Printed Circuit Corporation, one of the nation's leading manufacturers of double sided and multi layer printed circuit boards, is seeking to expand its process engineering team with the following openings:

- Multilayer Process Engineer
- Solder Mask Process Engineer

Both positions require thorough processing knowledge and experience.

To arrange a confidential interview, call or contact Mr. Robert Corenti.



PRINTED CIRCUIT CORPORATION

1000 Main Street, Woburn, MA 01801

Keypunch
Operator
2nd Shift

We are seeking a keypunch operator to work the 2nd shift at our Executive Offices in Lexington. A minimum of 3 years experience is required.

We offer a competitive starting salary with an exceptional benefits program. Please call Mrs. Gerry Colman, 862-6600, ext. 2711, at the Raytheon Company, 141 Spring Street, Lexington, MA 02173.



RAYTHEON COMPANY

An Equal Opportunity Employer

TIME ELECTRONICS, has full time positions available for the following functions:

Stock Clerk

To pick and ship orders for electronic components. Must be able to read part numbers and count accurately.

Inspection/Order Checker

To inspect outgoing orders consisting of electronic components. Experience preferred, but will train energetic and bright candidate.

To apply, contact Shirley Wells

Time Electronics
150C New Boston St.,
Woburn, MA 01801
— 935-8080 —

An Equal Opportunity Employer

We're Undercover Wear, a leading national distributor of women's lingerie. We've been growing so fast that now the following full and part time positions have become available:

Pullers and
Mail File Clerks

We seek accurate and conscientious people who enjoy putting in a hard day's work for good pay and excellent benefits, including insurance, vacation, 11 paid holidays and a generous 25% discount. Interested individuals apply in person, Monday through Friday, between 8:30 AM and 3:30 PM.



331 New Boston Street, Wilmington, MA 01897
We're located: 91 to 1st St. (Rte. 129, Lowell Street), then left at Woburn Street

An Equal Opportunity Employer

Accounts Payable

Established Electronics Distributor in Woburn is seeking a person with experience in accounts payable and computerized accounting systems with a minimum of 2 years experience. Candidate must possess excellent verbal and written communication skills and be able to maintain an efficient and accurate filing system. We offer an excellent starting salary and comprehensive benefit package.

To arrange an interview please call
Tom Gordon at
— 273-1860 —

Assembly
Technicians
RCA

A Tradition On The Move!

RCA has openings for Assembly Technicians in its Micro-electronics facility. Applicants should have the following qualifications:

- ABILITY TO WORK UNDER A MICROSCOPE
 - EXPERIENCE ON THICK-FILM HYBRID ASSEMBLY
 - FAMILIARITY WITH WIRE BONDING, DIE MOUNTING, EUTECTIC AND EPOXY
- RCA offers excellent working conditions, growth opportunities and employment benefits. Qualified applicants should send resume or letter of qualifications to:

Betty A. Finnell
RCA Automated Systems
P.O. Box 588
Burlington, MA 01803
EQUAL OPPORTUNITY EMPLOYER

ADVERTISING SALES

\$45,000-\$65,000

ANNUAL COMMISSION

Ground floor opportunity. Aggressive direct sales people needed immediately by AAA-rated national firm selling revolutionary new advertising concept now in 48 states and in over 5,000 communities. Day time sales hours 9 AM - 5 PM. Company paid life insurance, hospitalization, and disability income plus other benefits. Opportunity for rapid advancement to management position.

For personal interview call
Regional Manager
Mon., Tues. and Wed. 2-5 P.M. only
617-935-3367

GREGSTROM CORPORATION

Woburn, Mass. 01801

Plastic Thermoforming

We have an immediate need for an experienced custom plastic fabricator. Must be able to work from verbal instructions and close tolerance engineering drawings. Knowledge of vacuum forming techniques helpful. Salary based on experience. Will consider trainee. Complete fringe benefits and profit sharing plan.

Call for appointment at
— 935-6600 —

Vending Host/
Hostess

Permanent part time opening in Burlington area for person interested in part time hours. Job entails filling vending machines, ordering of supplies and light cleaning. Hours 8:30 a.m. to 1:30 p.m. Monday thru Friday. Uniforms provided. Competitive wages.

Please call 986-5253
between 10 a.m. and 2 p.m. for
interview appointment.

Dining Management Services

An Equal Opportunity Employer

SECRETARY

THOMSON GENERAL in Woburn, requires a full time ambitious outgoing individual with excellent shorthand and typing skills. Duties will include performing work for the corporate officers. Word processing and/or legal experience would be helpful. Salary open.

Call Mr. Krasnook at
938-1500

Data Entry
Winchester

Immediate long term temporary assignments. 2nd shift. 6 months experience required, both alpha and numeric. Typing 50 plus WPM. Good hourly rates. Friday pay roll. No fee.

Office
Specialists

Stoneham, 61 Main St.
(near Redstone Plaza)
Call Debby at 438-4901
Burlington, 195 So. Bedford St.
(near Northeastern Campus)
Call Michelle at 273-1470
equal opportunity employer m/f

Spray
Painter

We are seeking an experienced individual familiar with the application of bake enamels and urethanes on electric panels and cabinets. This is a full time permanent position with excellent pay and benefits. Call 935-7266 for appt.

Quality Coatings Inc.
Woburn, MA

Sweetheart
Sweetheart
Sweetheart

PLASTICS DIVISION OF MARYLAND CLIP CORP. WILMINGTON, MASS. 01887

Programmer
Analyst

Sweetheart Plastics, the world's leading manufacturer of plastic disposable dinnerware, cups and food packaging containers, is seeking an individual with a strong background in financial and manufacturing systems and who possesses strong project leadership abilities to fill our Programmer Analyst position.

We're looking for someone with four or more years experience with IBM mainframe, DOS/VSE, COBOL and CICS.

Sweetheart offers the qualified candidate a comprehensive benefits package including a competitive salary, life and health insurance plans and tuition reimbursement programs.

If you are interested in this position, please send your resume and salary history to our Personnel Office, or call Vin LaCorte at 658-9100.

An Equal Opportunity Employer M/F

Secretaries — Typists
Secretaries/Word Processing
Data Entry Typists
Switchboard Operators

REGISTER TODAY!
WORK TOMORROW!

That's right! You can be as busy as you want to be. We have many IMMEDIATE, interesting temporary assignments at top local companies. We offer good hourly rates, an attractive benefits package, and you can pick up your pay check on Friday of the week you work. No fee. 6 months office experience required.

Call for an appointment to register today.
You could be working tomorrow!

Office
Specialists

EQUAL OPPORTUNITY EMPLOYER

Stoneham, 61 Main St.
(near Redstone Plaza)
Call Susan at 438-4901
Burlington
99 So. Bedford St.
(near Northeastern Campus)
Call Sally at 273-1470

CASHIERS
PART TIME HELP WANTED

Cashiers 9-2:30 shift
Weekends a must.
Apply in person, 9-5:30, ask for Sandy

Pinewood Garden

on Rte. 28 at Rte. 125
North Reading/Andover Line
944-3897 664-4472

Sales Administrator

Opening in Sales Office for personable individual. Must have good verbal and written communication skills. Be organized, a self starter, and able to interface with customers.

Call 935-8600 for an interview

EASTERN MICROWAVE CORP.

4 Gill Street
Woburn, MA 01801

IMMEDIATE OPENINGS
Experienced Supervisors

(5:30-9:30 P.M.)

Experienced Spray Buffers

(5:00-9:00 P.M.)

General Cleaners

(5:00-9:00 P.M.)

Day Porter

(6:00 A.M. to 2:30 P.M.)

Call 272-9410

Traffic Coordinator

Responsibilities include day to day clerical activities of the traffic department. Must possess good typing and telephone communication skills. Knowledge of procedure involving claim work, rate work, tracing, scheduling shipments and understanding of tariffs helpful. We offer a competitive salary, and excellent benefit package.

Write to:

P.O. Box 1247

Daily Times

25 Montvale Ave., Woburn, MA 01801

Elder Service Corps
Companion

Human service agency serving the elderly wants kind person, 60 or over, to serve as ESC Companion to make weekly visits to 5-6 homebound older people. Training, supervision, monthly stipend of \$110 provided; car a necessity; travel reimbursement 20¢/mile. Call 862-6200, ask for Mrs. Howe.

Minuteman Home Care Corporation

20 Pelham Rd., Lexington, MA
AN EQUAL OPPORTUNITY EMPLOYER M/F

Clerk/Typist

Permanent, part time position, 9 a.m. to 1 p.m., daily. Good typing skills essential. Office located near Burlington Mall.

Send resume to:

COMMISSION ON PUBLIC SCHOOLS
New England Association
of Schools and Colleges, Inc.
131 Middlesex Turnpike
Burlington, MA 01803
or call 272-6450

Night
Cleaners

Several part time positions available in Woburn area. Monday through Friday 3-4 hours per night. Flexible starting times from 5:30-6 p.m. Excellent starting wage.

**SUBURBAN
SERVICES**
— 245-4030 —

JOB MART

ADMIN. SECRETARY \$20K
Exciting opportunity to become involved in prestigious company. Assist The Chairman Of The Board with administrative projects. Must have excellent secretarial and communication skills and enjoy working independently.

LEGAL SECRETARY \$320
Why commute to Boston? Local International firm seeks experience patent legal secretary. Excellent benefits and opportunity for advancement.

PRESIDENT'S SECRETARY \$300 +
A key position with a high level of responsibility. Diversified and fast paced. Extensive contact with management staff. Gorgeous offices.

MARKETING SECRETARY \$250
PERSONNEL SECRETARY \$270
LEGAL SECRETARY \$300
ACCOUNTS PAYABLE CLERK \$220
TRAINING DEPARTMENT SECRETARY \$225

MANY OTHER LOCAL POSITIONS
Call 273-2144

S&C Permanent Placement Inc.
A SULLIVAN & COGLIANO COMPANY
223B Middlesex Turnpike
Burlington, MA 01803
EMPLOYMENT SPECIALISTS SINCE 1966
EVENING APPOINTMENTS AVAILABLE

INSIDE SALES/ INDUSTRIAL DISTRIBUTION

Leading distributor of pneumatic and hydraulic hardware requires individual for inside sales-customer service. Mechanical aptitude helpful. Willing to train. Good salary & benefits. Send resume to:

Personnel Manager
P.O. Box 2233
Woburn, Mass. 01888

ATTENDANTS WANTED

Immediate Openings For
Full Time or Part-time Full Service
Gas Station Attendants.

— Hours Available —
All Shifts, weekdays, week nights & weekends
Applicants must be 18 years of age or older and dependable.
Full time benefits available — Apply in person
SOUSA'S V.I.P.
Montvale Ave., Woburn
An equal opportunity employer.

PART TIME EVENINGS — 5p.m.-8:30 p.m.

Olan Mills Portrait Studios

the National Portrait Company has immediate openings in our Burlington Studio telephone sales department. Sales experience helpful, complete training program provided. Average earning \$6 plus hourly.
Call collect for John 9 a.m. - 5 p.m.
(518) 783-6323
An equal opportunity employer.

Shop Floor Expediter

Responsibilities will include product serialization, kitting, generating short sheets, internally expediting parts, completing kits based on receiving log and releasing kits to assembly.

A minimum of one years experience as a shop floor expeditor is required. Applicant should have good organizational skills and an ability to interface well with people at all levels. Experience in a job shop environment would be helpful.

For an interview, please call
Gerri Podgorni at 272-5170

KeyTek Instrument Corp.
12 Cambridge Street
Burlington, MA 01803

Business Products and Printing Sales

A fast growing Woburn company needs an aggressive inside and outside Sales Support Representative to manage an existing customer base and to develop new customers in a very competitive market.

Call Dorothy between 1 p.m. - 4 p.m. Mon.-Fri.

Metro Office Supply

— 933-3311 —

Magic of Aloe

Presents an Employment Opportunity Seminar April 23rd at Holiday Inn 19 Commerce Way, Woburn 12 Noon and 7 PM

Come look us over and find out how to start your own business with no investments. Make your own hours, set your own salary, no experience necessary. Complete training & advancement.

Please Call
458-4854

NIGHT PREP COOK

Growing young gourmet food company located in Woburn needs experienced cooks.

CALL
935-7788 or 935-7787
Ask for Sharon

Secretary/ Admin. Asst.

Small company looking for congenial person to handle various duties. Ability to work well under pressure and communicate effectively over the telephone a must. Some knowledge of bookkeeping preferred.

Call 438-6116

KITCHEN HELP WANTED

— Cooks —
Full & Part-time
Mature Dishwasher
Call 664-3106

Nutrition Consultants

— Part-time / Full Time —
Excellent income opportunity. Prior sales experience & knowledge of nutrition preferred. Commission and bonus. We train you.

Write
NUTRILITE
P.O. Box 512
Wilmington, Ma. 01887

EXPERIENCED COOKS

Growing young gourmet food company located in Woburn needs experienced cooks.

CALL
935-7788 or 935-7787
Ask for Sharon

HELP WANTED

on

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PETS

ANIMAL SPAYING. Local hospital. Fem. cat, \$30; male cats, \$20. Small fem. dog, \$38; Small male dog, \$38. 729-6453

DOGS BOARDED heated kennel, large in and out runs. Call Meadow Brook Kennel 729-6453 or between 12-1 and after 6, 933-1237.

BEAT THE FLEAS. Avoid the flea problems of last year get your Pet a flea collar that really works, let us help you pick one that is best suited for your pet. HURRY before the fleas get a bite on you! ALL BREED DOG GROOMING professionally done by appointment by PDGA member. WILMINGTON PET SHOP 658-5041. Don't forget our FREE fish special on Sundays!

4 ADORABLE KITTENS — 4 weeks old, good with children, playful, healthy & very affectionate. Good homes only please. Edie or Laurie, 944-6532 evens.

SIAMESE KITTENS MALE, Choc pt CFA registered, inoculated, litter trained, affectionate, certificate & pedigree. \$150 each. 665-5404 evenings.

FREE BEAUTIFUL half Siamese black & mo. old spayed kitten. Very lovable & clean. Must find good home because of allergies. Call 935-4874.

PLEASE ADOPT FROM Mrs. Brown's Shelter, 373 Russell St., Woburn. Adorable puppies, Samoyed-Husky, Doberman, Collie cross, Terrier. Beautiful spayed cats, Kittens. We place only with responsible people. 933-8539 hrs. 1:30-6:30 pm.

FREE BOX STALL and feed in N. Reading in exchange for taking care of the animals. Call weekdays 324-1000.

LOST

LOST: Vicinity of West Int School, Wilmington. black/gray tiger cat neutered male, 2 yrs old, double paws. Call 658-4516

SMALL BLACK & WHITE long hair cat with black moustache. Vicinity Westcroft Rd., Reading. 944-2732.

LOST 2 yr. old female German Shepherd, tan/black, Mon., April 18, vicinity of Pine St., Tewksbury, Greeting, Reward. Call 851-9584

LOST: Male white & tan angora cat, 2 yrs. old, answers to Fluffy, family pet. Reward. Last seen Dadant Dr. 658-4681

LOST

LOST, ONE BLUE Parakeet. Reward for finder. Also, one blue parakeet FOUND. Please call Sharon at 662-2825 or Lars at 662-0311

MALE MALAMUTE Husky, Lic., tags from Medfield, lost in Burlington area. Reward, call 273-0015.

missing — Gray & black female tiger cat. Vicinity of Park and Main Sts., N.R. Missing since April 4. Call 664-5767.

FOUND

MALE DOG, Black & Brown on April 15, in Garfield Ave. area, Woburn. Call 935-1602

BLACK RABBIT w/brown under ears and white underneath. Little dots of white all over in Woods on Nashua St. Call 933-0842, 933-4857.

INSTRUCTIONS

Guitar-Drum ORGAN LESSONS: Free use of guitar, drum. Private lessons, all ages. Sarrin Studio, 1098 Main St., Wakefield. 245-2200.

GUITAR LESSONS. All levels all styles. Master of Music Degree New England Conservatory. Berklee Alumnus. Mike. 662-6943

PIANO INSTRUCTOR IS NOW accepting students. Received Master of Music from University of Connecticut. Reasonable rates. Call Stephen Glover at 438-5339

BELLY DANCING DOROTHEA STUDIOS — Professional dancer, experienced teacher. Enjoy classes in our studios. Estab. 1977. 245-5301, 438-7663

DRUM LESSONS — Basic course, advanced course. Bill Reynolds Drum Studio. 246-1324, 245-7395.

CERAMIC CLASSES — Wednesday morning & evening; Thursday evening. For more info, call Pat, 944-3230

LITTLE VIRTUOSI PIANO GROUP is now looking for talents. Musically gifted children ages 4-7 are invited to apply at Olga Zlobinsky Studio, 15 Pleasant St., Wakefield or by phone, 245-3025.

BEGINNER PIANO instruction, given in my home. 272-3883.

HORSEBACK riding lessons taught by licensed instructor. Lowest prices for private lessons. Great fun and exercise. 438-8095

CHILD CARE

LIC DAY CARE for children of all ages. Home like atmosphere full or part time openings, meals & snacks provided. Call 658-7368

LITTLE FOLKS Day School, full day and part time nursery school & kindergarten program. Exp. professional staff, conven. loc. in Cummings Pk. at Junction of rte. 128 & 93. Call 935-9697 or 933-5915.

DAY CARE in my home. Former day care teacher. Planned active daily 2 meals 2 snacks lots of TLC. MA Lic 19039 438-2446

PROFESSIONAL COUPLE seeks part time babysitter week days. Own transportation required. Please call eves., 942-0511

I WILL CARE for your child in your home. Ref. included. Transportation needed. Call 658-5328 after 6 p.m.

ANTIQUES

WANTED ANTIQUE furniture, used mahogany din. & bdrm. sets, oriental rugs, oil paintings, toys, clocks & china. One item or complete estates. Diversified buyer. Richard Goddard. 944-4962 or 944-8175

Antique Clocks HIGHEST cash price paid for all antique clocks. Complete repairing & restoration. Call anytime 658-2766

WANTED — Oak, walnut, mahog. & early pine turn. Lamps, wicker, pottery, other antiques. I will pay cash for one piece or estate. Call Tony days, eves. 933-3611

THIS AND THAT AUCTION COMPANY 6A Montvale Ave., Stoneham, Ma. 438-7140, hrs. 10am to 4pm, eves call 233-7351. Buying anything or everything in household goods. Dolls, turn, tables, toys, glassware, china, quilts, jewelry, tools, wicker, etc. Always paying top price. Call Ruby before you sell.

WANTED: Antique turn, oriental rugs, oil paintings, old toys, china, clocks. One item or complete estates purchased. Call Frank, 438-7595 or 662-0595.

The first electric shavers were ready for sale in 1931.

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Big Results!

CLASSIFIED ADS!

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the Daily Chronicle

Town & Crier

transcript

THE LYNNFIELD Villager

The Stoneham Independent



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Call for Rates, 933-3700, 944-2200



SERVICES OFFERED

About Trash & Moving

BE SAFE. Prevent fires and accidents. Will take away rubbish from cellars, attics, etc. Appliances, furniture moved or disposed of. Servicing Woburn area for past 24 years. Call 933-1868 after 3pm. SM23x

ACCOUNTING

BOOKKEEPING, financial statements, taxes, consulting, etc. Over 20 yrs of experience. Call Mr. Sigsbury, 944-5357. SO4 25C

CAN'T THREAD A NEEDLE?

Let me do it for you. Hems, alterations, repairs, etc. Call Pam, 662-6550. SO11S

ALUMINUM

ALUM. Combination windows, alum. storm doors and aluminum 1 piece gutters. Compare our prices and save. Silverio Construction 942-1158. SHC

APPLIANCE REPAIR

VACUUM CLEANER and sewing machine repairs, bags, belts, replacement hoses. Built in vacuum cleaners, sold and serviced. Free estimates. Pickup and delivery. 2 day service. 302 Montvale Ave. 933-2704. SM6x

B&H Appliance Service

CALL ANYTIME for repairs on major brands of washers, dryers, dishwashers, ranges, freezers & refrigerators, reasonable rates. Prompt service. Call 944-7270. SHC

APPLIANCE SERVICE

REPAIRS ON all major brands of washers, dryers, dishwashers, ranges, freezers and refrigerators. At a very honest price. Appliance Service, 933-9401. SM2x

ASPHALT DRIVEWAYS

BY READING ASPHALT CO. Quality paving and sealing at reasonable prices. Free estimates. 944-7072. SO11C

ATARI

ATARI REPAIR, also repairs on all makes of TVs, Stereos & Video recorders. Master Tech. Lic. #8635.

SERRA VIDEO, 272-5115

SM5 7

Automotive Workshop

CERTIFIED MECHANICS lowest prices. General auto repair, foreign and domestic. Automatic transmission specialists. Call evenings 944-5224 for appointment. S O T I C

BUSINESS SERVICE

LITTLE'S BUSINESS Service. Automatic typing, teletype, secretarial, tape transcriptions, resumes, newsletters, copies, large document reductions, rubber stamps, invitations, stationery, mimeographing, report binding. Room 101, 2 Linden St. 944-2669. SHC

CARPENTRY

PORCHES, Gutters, siding & roofing. Kitchens & baths remodeled. Aluminum doors & windows, metal interlock weather stripping installed. Call Art Nelson, 935-0545. SM7x

VOKE SCHOOL GRAD

SEEKS CARPENTRY jobs of all kinds. Quality work always & very reasonable rates. Call Al Bunker at 438-7491. SOHS

CARPENTRY

ALL TYPES. Doors, windows, porches, steps, paneling, sus. ceilings, wind cords, cust. cab. & kitchens. Reasonable rates. Days 648-1133, eves 438-7293. SOHS

CARPENTRY

GREGORY DICTAS New additions, porches, remodeling. Finishers, carpenters. Bathrooms, ceramic tile kitchens, air conditioners installed. Garage doors, large and small jobs accepted. Free estimates. Call 933-0977. SM1x

CARPENTER

ROUGH, FINISH remodelling, Formica, cabinets, Joseph Maksoo, 109 Bancroft Ave., Reading 944-9031. SOHC

CARPENTRY

QUALITY WORK at reasonable rates. Free estimates. Call Barry Patterson, 944-4970. SO11C

CAR POLISHING

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CARPENTRY

QUALITY WORK by experienced carpenters. No job too small. Free estimates. Call Lenny & Sons, Inc., 933-5552. SM5 7

SERVICES OFFERED

CEILING

PROFESSIONALLY SPRAYED, textured. Your choice of gold, silver or clear sparkles. Free estimates. Woburn Carpentry & Remodeling, 935-1873, 935-1489. SM26x

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CERAMIC TILE WORK, all types and general carpentry. Free est. Call Bob at 938-1797. SM5 12

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CHIMNEYS CLEANED and repaired. Old chimneys rebuilt and relined. Woodburning stoves installed. Fully equipped, fully insured. Year round service. Complete line of wood & coal stoves available. For free est. call Northeast Chimney Sweeps, 935-5488. SM8x

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SHORE CHIMNEY Sweep. Chimneys cleaned, repaired, rebuilt and lined. Brick walls, hearths, wood & coal stoves installed. Call Mike 935-1249. SM26x

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TOWNE CLEANING CO. Professional cleaners offering quality cleaning for your home, apt. or office. Reading, 944-0948. SHC

A & M CLEANING & DISPOSAL

CELLARS, ATTICS, yards, tree trimming & removal. No job too large or small. Quality experienced painting. Free estimates. Al & Ken 944-6481. SO11C

CLEANING

TIME FOR SPRING Cleaning. Have Truck, will pick up and clean yards, cellars, attics, etc. and do any odd jobs moving furniture. Let us do the work. Call 933-6143 or Lenny, 933-6330. SM5 29

SPRING CLEAN UP

CARPENTRY and masonry work. Free estimates. Ask for Jack 438-8368. S4 21

Cellars & Attics Cleaned

WE CLEAN CELLARS and attics at reasonable prices. Prevent fires in your home. Call anytime. 938-9130 or 933-0085. SM1x

CLEANING

GENERAL CLEANING. Cellars, yards and attics. Will pick up and dispose. Call 933-8638. SM5 4

CELLAR-GARAGE

CLEANUP. 2 ton dump truck with man for hire. \$20 per hr. \$30 min. John, 729-7609. S4 22

Palazzolo Const. Co.

Concrete floors, patios, pool decks, masonry, waterproofing, surveying & engineering. Free estimates. Call Steve 664-6328. SO11N

DEMOLITION CONTRACTOR

ALL TYPES of wrecking work, interior gutting, fire jobs, garages dismantled, hand labor, residential, commercial. Call after 5pm, 438-9333. SO11S

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CHARLES CONTRACTORS, Int. & ext. painting, sheet rock, carpentry, additions, roofing, landscaping, tree removal, fences inst. Free est. Very reasonable. Call 599-2278 before 5pm; after 6 387-7246. SM5 15

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MARK E. BUTTON, Contractor, siding, roofing, gutters, carpentry and all types of home improvements. Low rates, free estimates. Insured and guaranteed. 933-7626. SM5 20

DUMP TRUCK

MAN WITH dump truck to clean yards, cellars, attics. Free estimates. 470-1957 or 665-7344. Robert. SO11T

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R. COOPER & SON. We pave, you save. Free estimates. Call 851-2919. SO11T

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ADD LIVING space in your cellar. Electrical and plumbing work inc. Specialists in barnboard. Reasonable prices. Also add a full bath for \$2,500 including tub, toilet and vanity. Call 944-9031. Maksoo Carpentry. SOHC

SERVICES OFFERED

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ELECTRICIAN

LICENSED ELECTRICIAN free estimates. No job too big or too small. Lee Janvrin, 942-0243, lic. no. E17239. SO11C

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ELECTRICIAN

KENNETH SABATINO Electrician - commercial, Residential, Industrial and alarms. Free estimates. Call 272-9687. SM24x

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low rates, Lic. No. 10275. call John, 688-0083. SO4 27T

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I'll Split Your Firewood

HAVE SPLITTER will travel. You owe it to your back. It's painless. Call Woody 9 am to 5 pm, 334-3232. SO11L

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MORE THAN 1 rm. \$75 per rm. Floor sanding & refinishing. Steam cleaning. Free estimates. Call Steve, 321-6299 or Bob, 438-5224. SOHS

HANDYMAN

ODD JOBS, YARD work, spring cleanup, cellars, attics, garages. Have truck; will travel. Call Mark, 438-0141 after 4 and weekends. SM5 13

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WE INSTALL beautiful arborvitae hedges up to 10 ft. tall. Dig them yourself and save even more. Call 649-6245 eves for app'l & free est. SM5 18T

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M&J HANDYMAN Service. Complete home repair from the foundation to the roof and all in between. Reasonable rates. Prompt service. For free estimates call Mike, 935-1249. SM26x

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GODDARD'S

HOME MAINTENANCE. Interior, exterior painting, wallpapering, general repairs. Richard Goddard, 944-4962, 944-8175. SO11C

Heating and Piping

GAS, OIL, SOLAR systems. All makes. Blueway, Weil McLain, Texaco, Becell & Interburner. Furnaces installed from \$995. Sheetmetal work & ducting. Call Blue Temp 657-6181. SOHT

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Paul J. Howell & Sons, Inc., Gen'l. Contractors, driveways, backhoe work, loam, tracking, free est. Call 658-2795, anytime. SO11T

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JUNK CARS

JUNK CARS Removed, highest prices paid, immediate service. Day or evening 272-5160 or 657-7389. Call the little guy!!! SHC

JUNK CARS

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GODDARD BROS. Landscaping. Design - maintenance. Free estimates. Fully insured. 944-4962, 664-5836. SO11C

DEE LANDSCAPING

WE OFFER A COMPLETE program for your lawn and surroundings. Spring cleanup, Fertilizer, Weed control, Insect Control. Tree and shrub pruning. Bark Mulch. Free estimates. Call Bill Ross, 658-9287. SO15 6

SERVICES OFFERED

LANDSCAPING

SOIL TESTING, turf care, ornamental spraying & feeding. Free estimates. Village Gardner, 944-1626. SO11C

MARK C. DONOVAN

LANDSCAPE DESIGN - complete landscape service, thatching, liming & fertilizing, mowing, planting & design, sod and seeded lawns installed. Free estimates. 944-3039. SO11C

LANDSCAPING

GARDEN ROTOTILLING. Reasonable rates. Call after 6pm, 861-0689. SM4 21

LANDSCAPING

SPRING CLEANUP. Fallen branches and old leaves removed, first aid for storm damaged trees and shrubs, lawn maintenance, spring planting and seeding arranged to suit your needs. Call Tom after 4, 729-5629. SM4 22

LANDSCAPER

AVAILABLE. Trained & educated in landscaping & turf management. Reasonable rates & free estimates. Services range from general lawn care to complete renovation & upkeep. Please call Greg at 246-1536. SO4 26C

BARK MULCH

\$15 per yd., 6 yd. min., loam \$11.50 per yd., 6 yd. min, fill \$5.50 per yd., 6 yd. min, backhoe, bulldozer, dump truck w/driver for hire. Call 657-4079 before 7am or after 3pm. SO4 27T

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COMPLETE LAWN SERVICE, mulching, trimming, edging, etc. Call John 933-5117. SM5 13

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BE READY for the spring regrowth cycle. Plantings - design. Sod lawns. Yard clean up & maintenance. Rototilling. Lawn thatching, mowing. Expert tree pruning, removal. Fully insured. FREE ESTIMATES. 944-7221. SO11C

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LAWN CARE, grass cut and raked. Painting, Gen. repairs, very reasonable rates. Call for free est. 933-5415. S4 29

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SPRING CLEANUP. Mowing, thatching, fertilizing, seed and sod. Shrubs pruned, landscape. Middlesex Excavating and Maintenance, 273-3355. SM21x

HAND LAWNMOWER

tune up \$29.50. Includes points, plugs, condenser, adj. carburetor, oil change, sharpen blade & labor. Usual 1 week service. 944-0925. SO4 26C

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J&H HOME SERVICE

LAWN & LANDSCAPING. Trees and shrubs, handy man jobs, painting, etc. Reasonable rates. Please call 938-8797. S5 6

RED BARK MULCH

\$16 yard, deliv. extra. Screen loam, \$14.50 yd deliv. extra. New lawns, sod or seed shrubs. Rt. 28, No. Reading. Caswell Landscape 438-0617. SO6 85

MAINTENANCE

A to Z Maintenance and alterations. Call Ted Nalwalk, 944-8373. SHC

MASONRY WORK

STONE WALLS, brick and concrete work, patios. Landscaping and tree work. Call Armando Sinagoga, 438-3465. SO11S

MASON CONTRACTORS

Stairs of brick, stone or blue stone. Walls of field stone, cobblestone & cut stone. Walks & patios of colored concrete, flagstone or fancy finish. Chimney repairing. Call Bill Ross at 658-9387 or 657-6358. SO6 29T

OIL BURNERS

SPRING SPECIAL - Have your oil burner tuned up! \$18.00 per hr. plus parts. We do NOT sell fuel oil. 22 years experience. Call us at 272-8963. SO5 2C

PAINTING

PAINTING, interior and exterior, quality work, reasonable prices. Free estimates. Call Mario 944-1957. SHC

REMODELING

CUSTOM REMODELING. Nix and Son general contractor, 1213 Main St., Reading, Ma. 944-8920. S O T I C

SERVICES OFFERED

PAINTING

Expert Interior and Exterior. No job too small or large. J. Abreu, 935-2793. SM1x

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INTERIOR & EXTERIOR over 15 yrs. experience. Reasonable prices and free estimates. 944-8976 or 944-3388. SO11C

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INTERIOR EXTERIOR work professionally done at reasonable rates. Free estimates. Phone Steve Meuse at 438-5985. SOHS

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FULLY INSURED, over 20 years' experience. Ceilings a specialty. Call Don McLennan, 438-0483. SOHS

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TEACHERS seeking interior and exterior painting. Many years experience. Reasonable rates. Call Kathy, 944-1441 or Dick, 667-6578. SO11C

QUALITY & EXPERIENCE

PAINTING CO. - fully licensed, fully insured, interior, exterior, commercial, residential, waterproofing. All work done by professional painters. Our name says it all. 944-8010. SO11C

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PEELING? CRACKING? etc. Preparation is our commitment. Quality work. References provided. Free estimates. Call now, David, 942-0711. SO11C

WOBURN PAINT & PAPER

PAINTING / Wallpapering. Interior and Exterior. Free estimates. Call 933-2079. SM4 29

PAINTING

UNEMPLOYED teachers looking for painting jobs. Pro! job low prices exp. neat refs. Improve house save money. 438-7360, 438-0611. SOHS

"HELP"

Q.S.I. Painters are ready to supply service to those who are in need of Quality workmanship. Honest Service given to you with the utmost integrity. Also Q.S.I. presents this introductory offer - 10% off any interior work. "Free estimates" (int./ext.) Home evenings. 272-7648, Doug Miller. S4 22

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WALLPAPER stripping, interior painting. Free estimates. Call LOU, 662-8783 or 662-2958. SO4 20S

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A & B Pest Control

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Call for Rates, 933-3700, 944-2200



HELP WANTED

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FEMALE. Full time 9 am-5 pm; part time 9 am-2:30 pm. Please contact Mr. Duffy, 935-0060. Towne Book Fair.

CRUISE SHIP JOBS
GREAT INCOME potential. All occupations. For information call 602-998-0426 ext. 807. **HW4 20T**

WORK FROM HOME
3 HRS PER DAY 5 days per week. Average earnings \$100-\$150. Call Stanley Home Products. Ask for Iris 665-2730. **HW4 20S**

TURN TIME into money as an Avon Rep. selling quality cosmetics, fragrances & gifts. Full or part time. For details call Peg Rastick, 933-6254. **HW4 20S**

OVERSEAS, cruise jobs. \$20,000-\$60,000 per year possible. Call 805-687-6000. Ext. J-3023. **HW4 27S**

Prestigious European Skin Care Co.

Oriflame International, one of Europe's largest cosmetic companies marketing through skin care classes, is now opening its New England sales operation. Positions available for Beauty Advisors and Branch Leaders. No exp. nec. We will train. Part-time or full-time. Earn top commissions and bonuses. For more information call 1-663-2700. **HW4 27N**

GOVERNMENT JOBS
Various information on positions available through local government agencies. \$15,000 to \$50,000 potential. Call (refundable) 1-(619) 569-8304, dept. 825B for your 1983 directory. **HW4 21N**

PRESTIGIOUS EUROPEAN SKIN CARE COMPANY. Oriflame International, one of Europe's largest cosmetic companies marketing through skin care classes, is now opening its New England sales operation. Positions available for Beauty Advisors and Branch Leaders. No experience necessary. We will train. Part-time or full-time. Earn top commissions and bonuses. For more information call 1-663-2700. **HW4 21N**

ASSISTANT (teacher), chairside dental assistant for busy periodontal office, 4 days. 729-9390. **HW4 21**

WORK ANY 2 evenings as a Dutchmaid stylist and earn high commissions, sample wardrobe and much more. Call Fran Bornas anytime at 935-1975. **HW5 2**

POOL INSTALLERS
Wanted, exp. a plus but not necessary. Start immed. Call Glenn 944-1005 or Steve 942-0176. **HW4 21**

FULL TIME, Part time. High paying positions available. Now. Salaries vary. Excel. benefits. No exp. nec. Company will train. Call 9 am to 6 pm. 933-6332. **HW4 25**

WANTED: Part time night manager for small store. For information call days, 8-4, 657-8332. Earl or Gail. **HW4 27T**

HELP WANTED
EXPERIENCED cashier to work Mon thru Friday for self service Amoco station in Stoneham. If interested call 438-9743. **HW4 20S**

TEACHERS: Part-time management opportunity, organizational, develop, training skills. Substantial Inc. Profit sharing. Interview only. Mr. Sylvester, 944-1460. **HW5 4S**

\$250 to \$500 WEEKLY Paychecks (fully guaranteed) working part or full time at home. Weekly paychecks mailed directly to you from Home Office every Wednesday. Start immediately. No experience necessary. National company. Do your work right in the comfort and security of your own home. Details and applications mailed. Send your name and address to: AMFICO, Hiring Dept. 77, 1040 Lone Star Dr., New Braunfels, TX 78130. **HW4 26**

HELP WANTED

STRONG, AMBITIOUS persons with experience. In top physical condition, needed for landscaping & tree work. 944-7221. **HW4 1C**

DUE TO the opening of our newest unit, Bear Hill Nursing Center at Wakefield is pleased to announce the following openings: Accepting applications for Nurses, 3-11, full and part time. Aides, 11-7, full and part time. Nurses' assistants, 7-3 weekends, part time opening. Nurses' assistants, 3-11 part time and full time. Nurses' Assistants. Please call between 9 am and 5 pm, Monday through Friday, or come in to fill out application. 438-8515. **HW4 20**

HOMEMAKER WANTED
Hours arranged. \$4.25 per hr. 5 days per week. Call 862-1368. **HW4 2**

Electricians & Helpers
EXPERIENCED IN commercial & industrial, also jobbing. Benefits include holidays, vacation & insurance. Call 935-1130. **HW4 27S**

Secretary 14-16K
GROWTH POSITION. Exc. typing & good math skills, shorthand a plus. Independent person interested in variety & a challenge. Call or send resume to Double M Placement, 1 Garfield Circle, Burlington, MA 01803, 272-1912. **HW4 21C**

DENTAL HYGIENIST—part time. Health centered preventive, restorative office needs enthusiastic experienced Hygienist for Tues., Thurs. evenings and/or Saturdays. No. Reading 684-3141. **HW4 20C**

CRUISE SHIP JOBS
GREAT INCOME potential. All occupations. For information call 1-602-998-0426 ext. 711. **HW5 18S**

JOB-A-THON
UP TO \$4.00 per hour guaranteed plus bonus plan. Housewives 10:30 to 2, students 3-6, mature adults 6:30 to 9:30 im mediate openings. If you enjoy talking on the telephone, we have a job for you! One of our sales people earned \$9 per hour last week! So can you! Mr. William Rodgers, 933-304 & 229-9064 after 6:30. **HW4 22**

LOCAL HIGH TECH company seeks experienced payroll clerk ASAP. 8 years experience preferred. Computer a plus to \$14.5K. Call Rita at Suburban Skills Personnel, 272-7250. **HW4 21**

SALES REPS
NATIONAL HOME improvement co. now hiring ambitious and enthusiastic sales persons. Exp. not nec. but desire to learn is, will train. Commission plus bonuses. \$400-\$700, wkly. Call 438-8320. **HW4 21**

BABYSITTER wanted, resp. persons to care for my 2 children in my home, 1 afternoon a week for 3 hrs. Horn Pond area. Call 935-6715 for details. **HW4 21**

TELEPHONE WORKERS
EXPANDING NATIONAL home improvement co. now hiring telephone workers. Exp. pref. but not nec. Sal., commission plus bonuses. Call 438-8320. **HW4 21**

WE HAVE LONG & short term assignments for secretaries with or without shorthand. Must be able to work an 8 hr. day. Call Circle Temp. Inc. at 273-5812. **HW4 22**

SPORTING GOODS
SEEKING INDIVIDUAL with interest in hunting and the outdoors for Sales position. Full or part time considered. Reply in writing only to Brian Street, Coleman's Sporting Goods, 107 High St., Danvers, MA 01923. **HW4 22**

WE HAVE LONG & short term assignments for clerks & receptionists. Must be able to work an 8 hr. day. Call Circle Temp. Inc. at 273-5812. **HW4 22**

SPARE TRUCK DRIVERS
CLASS I license required. familiarity with grocery a plus but not required. Apply in person, 45 Holton St., Winchester. **HW4 20**

HELP WANTED

WE HAVE LONG & short term assignments for CRT and other data entry op's. Must be able to work an 8 hr. day. Call Circle Temp. Inc. at 273-5812. **HW4 2**

MATERIAL HANDLERS & Warehouse Workers, temporary assignments, 1st, 2nd & 3rd shifts. Includes production line, building maintenance, packing and some light lifting, 6 mo. work exp. & reliable ref. required. Must have transportation, phone and be avail. up to one full week at a time. Friday payroll. No fee. Register by appointment only. Office Specialists, call 438-4901, 61 Main St., Stoneham or 273-1470, 99 South Bedford St., Burlington. **HW4 20**

WE HAVE LONG & short term assignments for factory workers on all shifts. Call Circle Temp. Inc. at 273-5812. **HW4 20**

CHILD CARE NEEDED. Full time for 2 boys, ages 1 and 3. Our home or yours. Call 729-0537, evenings. **HW4 22**

BAKERS TRAINEE, nights, apply 375 West Cummings Park, Woburn afternoons. **HW4 21**

DENTAL ASSISTANT
OUR OFFICE is looking for one good chairside assistant. To complete a fabulous staff. Call 851-7890. **HW4 25**

dental HYGIENIST at Wakefield orthodontic office, 5 days. Send resume, Box 228, Wakefield, MA 01880. **HW4 25**

TOBIN FOOD Service has immed. openings for food service workers. Hours Mon-Fri. day and early evening. Apply in person to the Digital Plant, 36 Cabot Rd., Woburn, MA, bet. 2-3 pm. Ask for Gloria Martel in the cafeteria. **HW4 21**

HELP WANTED
GOVERNMENT JOBS, federal, state, civil service. Many openings available. Call (refundable) 1-619-569-0241, ext. MA-128 for details. **HW4 21**

MANAGER
LINE CLOTHING con-ignment shop in Reading. Outgoing person. Selection and pricing essential. 942-0980. **HW4 22C**

WANTED: Bartenders, Cruise Directors, Waiters, Maids, Beauticians, etc. to work on Cruise Ships. 602-998-0426, Ext. 807. **HW5 11T**

HOMEMAKER
Male/Female, drivers license req. Live in or out. Ref. req. Salary arranged. Full time. Call 861-0973. **HW4 26**

JEWELRY CONSULTANTS needed. Rebecca Corporation is hiring new representatives in your area. Earn an average of \$50 per night. Full or part time positions available. For information call 603-357-0704. **HW4 28**

DISHWASHERS & kitchen help, part time and full time. Availability for weekends a must. Apply in person, Montvale Plaza, 54 Montvale Ave., Stoneham or call 438-7296. **HW4 26**

PART TIME
LOCAL HARDWARE Store seeking part time salesperson. Flex. hrs. Call 438-6116. **HW4 22**

THOROUGH, RELIABLE woman to clean house once a week. Call 862-8006. **HW4 22**

PART TIME
LOCAL STORE looking for pt time help in wallpaper dept. Eves. and weekends. Exp. helpful but not nec. Call 438-6116. **HW4 22**

EARLY BIRDS
MORNING POSITIONS, marketing company has 3 openings for aggressive individuals during the hours of 10:30 & 2. Must enjoy telephone contact. Mr. Arnold Early, 438-7922 & 933-6804. **HW4 22**

RESPONSIBLE TEEN or adult to care for toddler in my home 2-3 afternoons per wk. 3-5 pm. Choate Hospital area. Call 938-0377. **HW4 20**

HELP WANTED

OFFICE ASSISTANT, part time position in Burlington Mall office of Crimmon Travel Service. Responsible for efficient and courteous service on the phone and in person. 14-22 hours per week, some evenings and Saturday and/or Sunday. Call Personnel Dept. 868-2600, Ext. 227. **HW4 21**

SUMMER JOBS
Matinee Work 3-6 **STUDENTS**
APPLY NOW & you will be eligible for full time summer work. Telephone contact positions available. Call Mrs. Oscar at 438-7922 & 272-2840. **HW4 22**

WAREHOUSE HELP
IMMEDIATE OPENING in Industrial Park in Wilmington. \$3.50 to \$4.00 per hour. Call Doug 658-7682; 9-5, Monday Friday. **HW4 22C**

GENERAL OFFICE
HELP
OPENING FOR full time clerical position in Industrial Park in Wilmington. Starting salary \$140-\$160 per wk. Call Mr. Hallisey, 658-7682; 9-5, Monday Friday. **HW4 22C**

RAPIDLY GROWING chain store needs aggressive full-time Sales Person. Must be able to take charge and work some nights & Sats. Apply in person only to: Wallis 'N' All, Inc., 419 Andover St., No. Andover. **HW4 20N**

NATIONWIDE ASSET management co. expanding in area needs Sales & Exp. Management people earning potential part time 10K-20K full-time 150K plus. We train big business minded people for management positions and others part-time. Call for interviewing appt. 334-6530. **HW4 26N**

WORK ANY 2 evenings as a Dutchmaid stylist and earn high commissions, sample wardrobe & much more. Pref. over 21. Call 664-2727. **HW4 26N**

FOR SALE
MATTRESS WAREHOUSE open to the public. All brand names at discount prices. **THE MATTRESSMAN** 64 Cambridge Street Rte. 3A (Off Rte. 128 at Exit 41N) Burlington, 273-2220. **FSM5x**

HORSEFEED
ALSO Livestock and dog feed. Local representative for Agway, Inc., Reading 944-9161. **FSHC**

USED PIANOS for sale. Good cond. Low prices. Call for appointment. 438-2488. **FSHS**

NEW WATERBEDS, King, Queen, single, complete, 10 year warranty, 12 models, from \$199. The Waterbed Factory, 162 Eastern Ave., Lynn 598-1400. **FSHN**

SEVEN ACRES FARM
STRICTLY FRESH PULLED eggs, capons, broilers, turkeys, pure honey, maple syrup, fowl. Concord St., No. Reading, 664-3530, ext. 13 off 93. **FSH**

TRAILER HITCHES sold and installed: pick up truck bumpers; all types of welding. Elston Welding Service, 180 Park St., North Reading, 664-3498. **FSHN**

OFFICE EQUIPMENT
NEW & USED desks, chairs, typewriters, file cabinets at discount prices. The Office Manager, 134 Park St. Rt. 62, No. Reading, 664-4747. **FSHN**

STUNNING WHITE summer wedding gown and veil. Fink original. Size 6. Asking \$225. 944-6022. **FSHC**

DIAMOND RING
14K yellow gold setting with one oval 3/8 ct., also has six full cut 1/5 ct. have appraised papers worth \$1750; asking \$1250. Call 468-1652. **FSHC**

BURGLAR ALARMS
IN MASS a burglary occurs every 6 minutes! If you are concerned with the security of your home and family call for a free security audit by Gard Security Systems. 438-1635. Specialists in residential security systems. **FSHS**

SCREENED LOAM, 14 yard del. 3 yard minimum, 935-3996 after 5. **FS4 21**

FOR SALE

SUMMER FURNITURE
ORDER NOW for spring delivery. Beautiful colors on Settees, lounges, chairs, tables, weather/roof cushions, lightweight PVC frames. **LEONARD FURNITURE** 485 Main Street Woburn, 933-4894. **FSM4 23**

Wrought Iron Rails
SPIRALS from \$395. Low prices, instant service. New England Metal Products, 90 Main St., No. Reading, 664-5244. MC/Visa **FSHN**

ST. MARK'S THRIFT Shop, 10 St. Mark's Rd., Burl. Open EVERY Wed. 10-3. Open on Sats. thru April 23, 10-noon. New & used clothing. Used: \$3. a shopping bag. **FS4 22**

HUMMELS FOR SALE, please call after 6 pm, 658-9166. **FS5 25T**

HAND BRAIDED RUGS
NEW HAND braided rugs, many sizes available from approximately 2x4 to 10x14. Oval, Example, 6x9 \$189. Home Furnishings Sales. Call 438-3508. **FS4 20S**

1978 35 ft. Yellowstone Country Club Travel Trailer. Top of line 'model, winter package, camp site in N.H. paid until 9/15/83. \$10,000 or BO. Call 935-3129. **FS4 20T**

1976, 29 1/2 ft. Royal International Travel Trailer, one owner, exc. cond., includes camp site in N.H. 7/31/83. \$9500, or BO. 935-3129. **FS4 20T**

1977 25' Bayliner Boat repowered 1982 225 volvo I/O Galley, sleeps 4, has head. Many extras. Exc. cond. \$13,000 or B.O. Call 664-5427 after 5 p.m. **FS4 20N**

RECONDITIONED Refrigerators, washers, dryers, stoves. Guaranteed, delivered. Able Appliance Service, 324-3700. **FSM5 8**

3 CU. FT. SANYO refrigerator, used in college dorm, like new. Excellent condition, \$100. Call after 5 pm. 935-2098. **FS4 22**

SAIL BOAT 16' Compac, sleeps 2, 3 1/2 hp Chrysler outboard, trailer, fixed keel, 3 sails. Exc. cond. \$4200. 944-8794. **FS4 22C**

2 MOUNTED steel belted Aurora radial tires with 4,000 miles. Size 155 SR12 (for mid 70s Honda), \$65 firm. 272-5391. **FS4 29**

WHITE GOWN for sale, size 5, worn once for pageant, asking \$100, paid \$160, exc for prom, call after 3 pm, ask for Donna, slip included. 658-3654. **FS4 20T**

CAR STEREO
INDASH AM/FM stereo cassette with 6" coaxial speaker system & graphic equalizer booster 50 watt w/meter. All brand new still in original box. \$100. 438-3142. **FS4 27S**

CEDAR FURNITURE
discounted prices rugged excellent quality outdoor indoor cedar products picnic tables & benches, chairs, swings, stools, compare! 664-6450. **FS4 20N**

RICH FARM LOAM
Delivered at old fashioned prices, also fill, bark mulch, red crushed stone, sand. Call 233-0348. **FSHN**

AIR COMPRESSORS by Ingersoll-Rand, 5 hp, \$1295; 10 hp, \$2395. Buy where you can get parts and service. Call Randy at 617-345-7761. **FS4 20**

SEARS KENMORE refig. 3 yrs. old, paid \$800 but selling for \$400. Side by side doors, ice maker and cold water hookup. Call after 4:30, 935-2894. **FS4 20**

1 NOVELTY WOOD STOVE. Asking \$275, or BO. Call between 5-8 pm. 667-8764 ask for Dave. **FS4 25**

WESTINGHOUSE DISH WASHER, undercounter, exc. cond. \$99 or BO. Call 273-1413. **FS4 22**

14' SHASTA TRAILER 1974, excel. cond. Sleeps 4-6, gas/elec. frig. 3 burner top, stove & gas oven. Awning & screen rm. TV antenna. Lrg. view mirrors & many other extras. \$3000 firm. Call 438-0196. **FS4 21**

FOR SALE

17' BOSTON WHALER, 90 hp Mercury, 2 1/2 yrs. old. Full cover & trailer \$5500. Call Steve Lannon, 935-2000. **FS4 22**

ONE COUCH & matching love seat. Brown, good condition. \$100 both. Call 729-6419. **FS4 20**

HOT POINT Sensor control, gas dryer. Excel. cond. Moving must sell \$200. Call 935-6596. **FS4 22**

CONN DELUXE Rhapsody Organ. Leslie speaker system, model No. 628 with bench, fine wood cabinet. Excellent cond., 4 yrs. old. Asking \$1000 or B.O. 944-2692. **FS4 25C**

ROSS 10 SPD Professional Gran Tour, pump, water bottle, toe clips. Exc. cond. Asking \$175. Call 272-2417. **FS4 29**

SEARS BEST washer, many cycles, lg. tub, G.E. dryer, lg. tub, garage door opener. 658-3316. **FS4 22C**

98" LIGHT GREEN VELVET sofa (from Paine's). Excellent condition. Asking \$400. 48" octagonal glass top fruitwood coffee table, asking \$200. 438-2670. **FS4 22C**

HOT POINT REFRIGERATOR — 15 cu. ft. frost free, copper tone, \$125. 42" round pine table \$115. 944-9087. **FS4 22C**

MOVING
MUST SELL Baby Grand Piano & solid wood dining room set. Approx 75 yrs old large table & pads, 4 chairs, buffet. BO 665-5854. **FS4 20S**

SOLID PINE twin bed with brand new bedding. In very good condition. \$150 or best offer. Call 438-4173. **FS4 20S**

WALNUT dining set, 6 chairs & china cab, kit table & chrs. round picnic table, gas grill & it fixtures. Call 438-8171. **FS4 20S**

12" B/W SANYO TV new, \$50. 19" B/W TV good cond. \$45. BO — 44 Kilo weight set & bench & bar \$65. Super 8 movie proj B&H \$70.665-7559 aft 5 p.m. **FS4 20S**

BEDROOM SET, full bed, incl. matching headboard, double dresser w/mirror & sgl. dresser. Very gd. cond. \$200. Call 935-0269. **FS4 22**

MOPED good condition. Low mileage asking \$325. Make Yamahopper. Call 664-3324 evenings. **FS4 20N**

KITCHEN SET, ski boots, galvanized stove & furn., pipe 5 to 8", rear door prehung 32"x80, 3 lights & thresh. Call 664-2249. **FS4 20N**

Woburn, garage & apt. sale. 4/23-24th. 30 Leonard St. Woburn, off Green St. 10 am-4 pm. tables, AC, curtains, bedspreads, chairs, & many other items. **FS4 22**

YARD SALE, Burlington. All kinds of good stuff. Fri. & Sat. April 22 and 23. 10-3. 11 Holly St. off Nelson Rd. Off Cambridge St. Rain date: May 6 & 7. **FS4 22**

RUMMAGE SALE, Montvale Congregational Church, Orange & Central sts., Woburn, Sat., April 23, 9 am to 2 pm. **FS4 22**

Yard Sale-Burlington SAT., APRIL 23, 10-3. Rain date Sun., April 24, 1-5. 26 Harrier Ave. Moving. Must sell. Maple bunk beds, love seat, sm. & lrg. buffet, carpet, tires, dishwasher, elec. dryer, typing tble & more. **FS4 22**

WOBURN, 15 Roman Rd. Sat., April 23, 9-3:30. Rain date Sat., April 30, 9-3:30. Household items, baby things, clothing of all sizes, toys, games, tools, everything must go. No reasonable offer refused. **FS4 22**

FRI., APR. 22, 9-12: Sat., Apr. 23, 9-12 Pine Glen, N.R. F.P. Toys, Health, Tex. clothes, baby furniture, household items, dressers, etc. **FS4 20N**

FREE
FREE CLEAN fill ap proximately 6 cubic yards of sand. You cart. Call evenings, 944-2478. **FREE4 21C**

PUBLIC IS WELCOME. Free admission. Free. Rosaries, medals, scapulars, Holy cards. "Our Lady of the Roses Shrine Mary. Help Mothers" is having a free slide presentation of miraculous photographs on April 24, Sunday, 1:30 p.m. at the Burlington Holiday Inn, Wheeler Rd. or call 273-3076. **FREE4 22C**

FLEA MARKET
STONEHAM Jr. High, 101 Central St., Sat. May 14, 9-3 p.m. Rent-A-Table of America over the age 53.53. Benefit Scholarship of three wears glasses. Fund. **FM5 11S**

GARAGE SALE

MULTI FAMILY yard sale. Sat., April 23, Sunday, April 24, 10 am to 4 pm, Sherwood Forest, 5 Longbow Rd., South Lynnfield. Electronic, automotive, marine, household appliances. **GS4 22C**

YARD SALE — Multi family, 108 109 Wakefield St., Reading, 10 am to 2 pm. Sat., April 23, rain date Sun. April 24. Children's clothes, furniture, small bike. **GS4 22C**

YARD SALE — Multi family, Sat., April 23, 9-4 p.m., rain date Sat. April 30. Something for everyone. Toys, tools, furniture, household items. Special free section. 105 Prescott St., Reading. **GS4 22C**

YARD SALE
Super quality items, including appliances. Sat & Sun April 23rd & 24th. 9-5 p.m. 18 Arlene Ave., Wilmington, way down on left

OVER
150,000
READERS

REAL ESTATE

These local Realtors are ready to serve you

OVER
150,000
READERS

WE MAKE HOUSE CALLS

GOLD MARKET ANALYSIS CERTIFICATE

What's happened
to the price of your
house lately?

RELOCATING?

We can help you find a home across the country, while selling your home here in town. Use our special VIP Referral Service!

Find out what your home is worth in today's market with our special MARKET ANALYSIS. Our CENTURY 21 office is offering this service to you at no cost or obligation. Just contact us for details. Call or stop by today!

Century 21
GR ASSOCIATES
270 Main Street
Stoneham
438-1230

Each office is independently owned and operated. ME4 20

READING



Choice West Side Location - 8 room, 2 1/2 baths, C.E. Colonial, brick & shingle exterior, lovely formal dining room & living room, 2 car garage, scr. porch & deck overlook 1/2 acre of privacy - being offered at \$159,900 - MLS - Excl.

NORTH READING



Lovely 8 rm, 3 bedrm. Ranch in a pretty tree shaded setting, fireplace living room, dining room, pretty kitchen, finished familyroom & game room in basement, screened porch, many extras stay with house at \$86,500 - MLS Excl.



Bjorkman & Lann
DIVISION

REALTORS

944-4040 — 665-2850



BELMONT ARMS CONDOMINIUMS

READING

\$39,900

- ★ Fully Appliance
- ★ Wall-To-Wall Carpet
- ★ Tiled Baths
- ★ Large Storage
- ★ Near Route 128
- ★ Low Down Payment

FRANKLIN REALTY CO.

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UNLOAD THAT EXPENSIVE MORTGAGE

Refinance at a lower interest rate through Eastern Savings

Call our mortgage department for further information or an appointment: Lynn area 599-2100; Salem area 745-0006.

Eastern Savings*Anne Mahoney Realty*

944-2175

North Wilmington

WILMINGTON

62' Long! 2 Kitchens; 2 Livingrooms, 4 Bedrooms, 3 Baths, 1 Dining room, 2 Car Garage on 1/2 Acre.

Colonial Charm in this 4 Bedroom Extended Cape Cod!



North Wilmington - \$110,000
Vacuum System - Hardwood Floors, 2 Large Decks - Quiet residential area!



Wilmington - 1 1/2 baths, 2 woodburning flues, large 2 car Garage - \$79,900.

658-2598 ANNE MAHONEY REALTY 944-2175

REAL ESTATE CAREER SEMINAR

FOSTER & FOSTER, INC. offers you an opportunity to learn about Real Estate Business and its career opportunities.

The Seminar Will Answer:

- How much training is required for a State License?
- How are commissions paid?
- What is the learning potential?
- How much time do you need to devote to a Real Estate career?

This Seminar will answer all your questions about a career in Real Estate at no cost or obligation. (Please note correction of date)

The Seminar will be held at 7:00 p.m. at The Holiday Inn - Peabody On Tuesday, April 26th

For Further Information or Personal Interview

Call Transformation **535-5220**

Bjorkman & Lann - Reading 944-4040
Bjorkman & Lann - Melrose 665-2850
Division Offices of Foster & Foster Real Estate ME4 20

FOR RENT

Renters Is No Joke. LANDLORDS: Call "Select Rentals" now, and let our trained, full time staff provide you with a choice list of responsible tenants waiting to rent. 438-4044. FR4HS

HALL FOR RENT—RED MEN, Stoneham. Parties, weddings, dances, meetings, etc. Rent includes bar & bartender. Up to 100 people. 438-9767. FR4HS

WOBURN, Ultra mod. 4 rm. apt. D&D, WW, refrig. AC, off st. pkg. Nr. rtes. 128&93. \$465 mo. Call 729-3300 weekdays. FR4 22

More
FOR RENT
on
Page S-21

FOR RENT

AMERICAN LEGION Hall for rent for dances, meetings, receptions, parties. Rental includes beverage privilege. Members & guests. Call 944-9745. FR4HC

GRANDOVER PARK APTS.

One bdrm \$385, 2 bdrm \$420, includes heat, hot water and cooking gas. Sec dept & lease req. Conv located on Rt 28 & 495, near Rt 93. Open daily 10-5, Sat 10-2. For more information call 683-3801. FR4HT

Apartment Owners! Call us for instant tenants. "FREE". Realty Unlimited. 321-1331. FR4HC

AVAIL. IMMED. 1 and 2 bedrm. mod. clean apt. loc. in S. Lawrence nr. Andover line and 495. Appliances, new cpts., heated, laundry, resid. mgr., lease. \$365 and up. Call 683-7197 after 6 or (603) 893-8114. FR4HS-13

FOR RENT

NEED AN APT?

Come on in. We have hundreds. Realty Unlimited. 321-1331. FR4HC

SPACIOUS SECLUSION

NO. READING condo rental offered for quality living. Two bedroom deluxe with pool, tennis courts, private balcony, central air conditioning, club house. Be the first to enjoy brand new carpeting & appliances. Loads and loads of closets and storage. Two car parking. Heat, hot water and gas cooking included in \$600-\$675, per month. No fee. Call 664-5256 or 664-5516. FR5 2C

MELROSE 2/bdrm apt to sublet 6-9 mos. Furn w/piano, nice quiet sunny. Nr train & rts 93 & 128. \$450/mo incl ht & hw. Sec dep req. Avail May 1st. Call 665-4296 or 665-9573. FR4 20S

NORTH READING - For rent 675 sq. ft. prime office retail location. Ample parking. 24 Main St., Rte 28. Call 664-8601. FR4 27N

NORTH READING: room for rent in lg. house. Professional person over 30 to share expenses. \$225 plus sec. dep. 664-5991 or 664-3249. FR5 4C

north READING: Luxury 1 & 2 bdrm. condominium with priv. balc. New w.w. appliances, tennis, clubhouse. Heat, h.w., gas for cooking. \$480-\$675, per mo. Call 664-5256, Sun-Mon 10 am to 6 pm, ask for Don. FR4 25

WOBURN, 4 1/2 rm. duplex, consists of 4 gd. sized rms. Lvgrm., kit, 1st fl. 2nd fl., 2 bdrms., Off st. pkg. No pets. \$450. 738-0183. FR4 25

WOBURN, 4 rm. apt. comp. renov. in excel. resid. area. Good sized rms. Hdwd fls. Ideal for single person or newly married couple. No pets. \$425. 738-0183. FR4 25

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WOBURN, 4 rm. apt. comp. renov. in excel. resid. area. Good sized rms. Hdwd fls. Ideal for single person or newly married couple. No pets. \$425. 738-0183. FR4 25

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FOR RENT

Prof Office Space

NEAR STONEHAM Town Hall. Gracious suites, convenient parking, low rent inc. utilities. Call 438-4548 or 777-0232. FR5 4S

STONEHAM 2 bdrm lux apt all new kitchen appl. w/w, a/c, no pets, near 128 & 93, incl ht & hw at \$625/mo. Owner. 924-7511. FR4 20S

WOBURN, 4 rm. newly renov. apt. In excel. resid. nghbd. No pets. \$425. 933-0925. FR4 20

STONEHAM, 5 rm., 2 bdrm. apt. 2nd floor, no util., \$375 mo. Call 438-3885. FR4 20

WOBURN, Mod. spacious 3 rm. apt. in private home. \$390 per mo. incl. util. Mature adults & non smokers pref. Call 933-4283. FR4 20

PROFESSIONAL MALE, 36 yrs. of age wishes to share his beautiful 2 bdrm., 2 bth penthouse condo in Stoneham w/other professional person. Either male or female. \$350 mo. all util. Call Dick 438-9230 after 3 pm. FR4 25

WOBURN, LG. furn. rm. Quiet resid. loc. close to 128&93. Pkg \$50 wk. Ref. 1st & last 2 wks. rent req. Gentleman pref. Please call 935-4030, leave message. FR4 20

READING: 2nd flr. apt. in 2 family house, 2 bdr., mod. kitchen, dining room, living room with wood burning stove. Exc. loc., walking distance to trains & stores. Off st. parking. \$500, not incl. utilities. Call 944-7947 anytime. FR4 22C

WOBURN, near ctr. large lux. unheated (elec. heat), ww, AC, disposal, dishwasher, no pets avail. May 1, 1 bdrm. \$390, 2 bdrm., balcony \$460. 935-1248, 935-8887. FR4 22

WOBURN, furn. rm. for gentleman only. Apply 34 Campbell St., Woburn, Side door. FR4 20

STONEHAM: New Monterosa complex 1 bedroom condominium, 5th floor, pool & clubhouse. \$550, per mo. Dagnese & Strout R.E. 664-3434. FR4 21C

READING: 1 & 2 bdr. apts. available in gracious elevated mid rise located in the heart of Reading Sq. General Washington Apartments features balcony, 2 story lobby & sound proof const. Bus stops at front door. Train to Boston within 2 blocks. No pets please. Rents from \$495, heat & h.w. incl. 944-3870. FR4 21C

NORTH READING, 2 bdrm. house. Lg. yard. Recently renov. \$550, per mo. No util. No pets. 438-5785. FR4 25

WOBURN, Mod. duplex townhouse condo. 5 rms., 2 1/2 baths, ww, cent. vac. Cable, pool, balc. A cond. \$660 plus util. 664-6669 or 327-6673. FR4 25

READING, Mod. 1 bdrm. with util. Loc. on Main St. in sm. brick bldg. Pkg. Cable, WW. No fees. \$400 per mo. 245-9355. FR4 25

WOBURN, Brand new ranch, just under construction features 2 spacious bedrooms, dining rooms, eat-in kitchen, full basement. Only \$695 per month unheated. Wilson Kurker Assoc. 395-9444. FR4 25

STONEHAM: HEATED 3 room apt. in quiet neighborhood. Conv. to 93. Parking. \$375, month. Avail. 5/1/83. 944-4500. FR4 22C

TEWKSBURY, cozy 5 room, 3 bdrm ranch with full bsmt, 2 car garage. One year lease, \$550, per month, sec. dep. req. Avail. April 30th, call 692-2117. FR4 20T

TEWKSBURY CENTER, furnished rooms, includes all util., community rm., w. cable, TV, laundry, microwave, telephone, pkg., other conv. Adult male preferred. Call 851-6452. FR4 22T

STONEHAM 4 room apt newly renovated, parking, no pets, \$465/mo no utilities. Refs & sec deposit 438-0617. FR4 20S

STONEHAM lux studio, \$390, 1 bdrm, \$475, 2 bdrm, \$575. All heated, d/d, pkg, no fee. 438-6921 or 876-2899. FR4 27S

MELROSE 3 sunny rms 1st fl on T. Avail May 1 no pets sec dep req \$295. Also Wakefield 6 lg rms w/3 bdr rms 1st fl \$475, no util 246-2775. FR4 20S

MELROSE: Avail. 6/15 2 bdrm apt. Lge kit, Hdwd fls, winding stc, quiet area nr T. Pkg avail, no pets, no util, \$475 mo. 665-0463. FR4 20S

STONEHAM 2 bdrm 2nd flr all mod d/d, sundeck, private yard, garage. \$600/mo ht & ht water. 438-0035, 665-2123. FR4 20S

WOBURN, ROOMMATE needed. Modern 2 bedroom apt. Pool, parking, disposal. Male or female. Over 24. Smoking OK, \$250 heat included. Call Nelson. 935-0884. FR4 22

BILLERICA CENTER, 2 bedroom, coifdo. All appliances & util. except elec. WW carp. AC, storage & pkg. \$595 mo. Call 933-6122. FR4 22

READING, 2 bdrm. condo. Wall to wall, tile bath, D&D, AC, heat, hot water. Cable, pkg. No pets. \$600 per month. Call 944-4668. FR4 22

FOR RENT

WAKEFIELD 4 rm apt 1 br 2nd fl wall to wall, pkg, htd, all util incl, newly renov. Adults pref, no pets, sec dep. 245-6528 or 245-2347. \$475. FR4 20S

STONEHAM 4 room apt newly renovated, parking, no pets, \$465/mo no utilities. Refs & sec deposit 438-0617. FR4 20S

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STONEHAM 4 room apt newly renovated, parking, no pets, \$465/mo no utilities. Refs & sec deposit 438-0617. FR4 20S

FOR RENT

STONEHAM Spot Pond area. Clean quiet non-smoker preferred. First 2 weeks and last 2 weeks required. Call 438-3423. FR4 20C

WOBURN, 1 bdrm. apt. Newly renov. WW cpl., refrig. incl. Off st. pkg. Walk to transp. No pets. No util. \$325 mo. Call for appt. days. 933-3900; eves. after 5:30. 272-4653. F R 4 2 0

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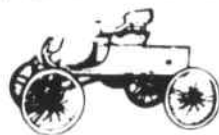
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Middlesex East

AUTO MART



1981 Pontiac Gran Prix Sport Coupe Midnight black with maroon vinyl interior, economical V-6 engine, auto. transmission, pwr. steering, electric rear defogger, accent paint stripes. Stk. No. 3 6593A. \$6,575	1978 Dodge Diplomat Sport Coupe Sable Brown Metallic with Tan Landau Vinyl Roof and matching Split Bench Seat, V8 engine, automatic transmission, power steering, electric rear defogger, am-fm radio, Stk. No. 3-6148A. \$3,895	1977 Ford E250 Window Van V-8 auto trans., p.s., p.b., A/C. Two tone paint. Additional seating. Stk. No. 8321A. \$3,495	1980 Olds. Cutlass Supreme Coupe Only 26,325 miles, white finish with camel tan Landau vinyl roof and matching cloth interior, am fm stereo radio, air conditioning, economical 5.7 litre diesel engine, power seat, electric rear defogger. Immaculate condition. 1 year 20,000 mile warranty. Stk. No. 36041A. \$5,895
1981 Mercury Cougar XR7 Coupe 6 cyl. A.C., am/fm radio, designer package, 2 tone dk. blue & fawn gold, divided front seat, wire wheel covers, landau vinyl roof, tilt steering wheel. Stk. No. 8329. \$7,295	1979 Oldsmobile 98 Regency Sedan Only 42,025 mi. 5.7 liter diesel engine, A.C., am/fm stereo, p. seat, power door locks, silver metallic with black vinyl roof & black leather interior. Stk. No. 3-6620A. \$5,395	1979 Chevrolet Monte Carlo Sport Cpe. Air conditioning, am/fm stereo radio, pwr. windows, bucket seats, with sport console, tilt steering wheel, V-8 engine, auto. trans., electric rear defogger, light blue with dark blue landau vinyl roof. Stk. No. 8318. \$5,795	1979 Chevrolet Chevette Scooter Coupe Only 38,000 miles, economical 4 cyl. engine with 4 speed manual transmission, am-fm radio, Silver Metallic, Stk. No. 3-0512. \$2,995
1981 Pontiac Firebird Sport Coupe Dark blue metallic with matching bucket seats. V-8 engine, auto trans., pwr. steering, air conditioning, am fm stereo tilt steering wheel, electric rear defogger, rear spoiler, road wheels. 25,000 miles. Stk. No. 8312. \$7,295	1978 Camaro LT Coupe 37,000 mi. 5.0 litre V8, auto trans., p.s.p.b., a/c, am/fm stereo, 8 track, tilt wheel, cruise, delay wiper, p. window & door locks, sport wheels. Lt. blue with sport cloth interior. Stk. No. 8325. \$4,995	1980 Oldsmobile 98 Regency Coupe Bronze metallic w/matching landau roof & velour interior, a/c, p. windows, seats & locks, am/fm stereo, rear defogger, wire wheels, rustproofing & much more. Stk. No. 8329. \$9,000	1972 Oldsmobile Cutlass Supreme Convertible This is the last year this car was manufactured and is already considered to be a classic, will only appreciate in value. Like New Condition. Kelly Green with White Top and matching Vinyl Interior. Stk. No. 8136B. \$3,495
1981 Pontiac Firebird Sport Coupe Silver metallic with dark blue cloth bucket seats, economical V-6 engine, air conditioning, am fm stereo radio, Chapman lock system, road wheels. Stk. No. 36052A. \$7,295	Over 250 NEW and USED CARS For you to select from		
	1980 Chevrolet Camaro Sport Coupe Economical V6 A/C, auto trans., p.s.p.b., rear spoiler, rally wheels, electric rear defogger, midnight black. Stk. No. 3-6147A. \$6,195		



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1981 FORD ESCORT L 3 dr. HB, auto trans., AM Radio, Elec RW Defogger, etc.	\$3,995
1981 BUICK SKYLARK 2 dr & 4 dr, Auto Trans, 4 cyl. A/C, P.S.P.B. etc.	\$5,195
1981 OLDS CUTLASS LS 4 dr. Auto Trans, 6 cyl. A/C, PS & PB, etc.	\$5,995
1981 FORD THUNDERBIRD Auto Trans, 6 cyl. A/C, PS & PB, AM/FM Radio, etc.	\$5,995
1981 CHEVROLET CAPRICE 4 dr. Auto Trans, 6 cyl. A/C, PS & PB, AM/FM Radio, etc.	\$6,295
1982 PLYMOUTH RELIANT Custom 4 dr, auto. trans., 4 cyl. A/C, PS & PB, am/fm stereo.	\$6,295

Complete Service and Maintenance Record Available
LIMITED WARRANTY - 12 months or 12,000 miles
OPEN WEEKDAYS TIL 8 P.M.

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68 Middlesex Turnpike
(At Rte. 128 - Opposite the Mall)
Burlington, Mass. 273-1650

AUTOMOTIVE

1980 JEEP RENEGADE CJ-7, 6 cyl., 4 spd., 4 wd. New paint job. Black w/orange stripes. Brand new soft top, new clutch, exc. cond. Must sell \$4,950. 935-2528 after 4 pm.

1971 VW Fastback. AUTO., runs super, a nice little car. \$350. drives it home. Call 935-5462 eves.

1975 CHEVY MALIBU Classic, 4 dr. auto., PS, PB, AC, Pioneer, AM/FM auto. rev. cassette, \$1900. Call 729-0993.

1969 BUICK SKYLARK, \$300. Call 933-7741 after 5:30 pm.

1973 FORD MAVERICK, good running condition. Is used every day AM/FM 8 track, mounted snow tires. \$500. Call Sharon 935-1941 between 5-7 pm.

76 OLDS REGENCY, Excel. cond. Air, tinted glass, AM-FM stereo, 6 way power seats. Power wind. auto. trans. \$2495 or BO. 933-1868.

1973 FORD MAVERICK, \$300 as is. Call 438-8145.

1983 CHEVY VAN auto ps/pb, only 800 mi. Rusty Jones rustproofing. Must sell immed. BO over \$8000. Save \$1400 new. 246-1524 or 246-1353.

FEDELE AUTO SALES
438-7474 263 Main Street Stoneham, Mass. 8:30 a.m.-8 p.m. Sat. 8:30 a.m.-4 p.m.

SERIOUS CAR BUYERS RECOGNIZE OUR PRICES ARE THE LOWEST AROUND FOR DEPENDABLE, QUALITY, USED CARS.

'77 FORD GRANADA This 4dr Sedan is a one owner 65,000 mi. 6 cyl. auto, p.s.p.b., a/c, vinyl roof, radials, auto that we will guarantee 100% for 60 days. \$2495	'78 SCIROCCO SPORT COUPE 5 spd, am/fm, alloy wheels, new paint, high mileage, new engine. \$2295	'78 CHEV MALIBU 305 V-8 Auto, p.s.p.b., 2dr. Hardtop, just turned 80K. Requires very minor cosmetic attention. Nice safe dependable trans. For the student or wife. \$1895	'78 FORD FAIRMONT STATION WAGON 6 cyl. auto, p.s., am-fm, 70,000 miles, Lt. Blue/Blue int., runs excellent. \$2695
'77 VW DASHER 4 cyl., 4 dr., auto, am/fm/cassette, Maroon/Tan, runs super. \$2295	'78 MUSTANGS (2) Fastback & Hatchback. Both these cars have low mileage. 4 cyl., 4 spd, p.s., wire wheels and are guaranteed 100%. \$2850	'77 PEUGEOT 604 Luxury Gran Touring Sedan V-6, auto, p.s. p.b., P.W., A/C, Sun roof, leather int., 90K highway mi. Sacrifice. \$3295	'76 OLDS. OMEGA BROUGHAM 6 cyl. 4 dr. 3 spd, new clutch, 45,000 mi., p.s., runs excellent. \$1995
'80 FIAT 131 Brava, 4 dr. Sedan 5 spd, A/C. This car has a NADA Retail Price of \$4350. Our car has 63K and a very minor dent. Sacrifice. \$2495	'80 FORD MUSTANG TURBO Loaded, sunroof, a/c stereo, etc., etc., 31,000 mi., needs some work \$2995	'78 VOLKSWAGON SCIROCCO 66,000 miles, 4 spd. white/black interior Riccaro Seats, alloy wheels. \$3495	'79 AUDI 5000 4 dr. rare 5 spd stick and the 5 Option Pack. Mags, sunroof velour int., stereo/cass. \$5995
'79 OLDS CUTLASS 2 dr. Supreme Black/Tan, 8 cyl. air, f.m. with The Calais Option NADA. Retail in excess of \$5300. Car has 78,000 highway miles so price reduced to \$4295	'78 CADILLAC 4 dr. Sedan, Blue on Blue Leather int. Full power plus Astro Roof. A nice original local trade, 59K. \$5495	'78 BMW 530i Luxury Gran Touring Barvarian 4dr Sedan Striking Red/Black one owner car that requires transmission work. NADA Price \$6300, our Price. \$4650	'80 THUNDERBIRD Just traded on a new Mercedes, auto, p.s. p.b., a/c, am-fm, pop-up sunroof. A nice car with plenty of eye appeal. NADA Price \$5600. Our price \$4895

AUTOMOTIVE

LOOKING FOR a used car? Always a good selection. Save big. Hagen Auto Sales, 4 West St., Reading (rear of Mobil station) 944-7904 or 944-0229

MUST SELL 1980 Plymouth Horizon TC3, 4 spd., 4-cyl., am-fm stereo rear defrost. 12,700 miles. \$4400.00. Call 663-3199

USED CARS for parts and salvage. Highest prices paid for late wrecks. Used parts for sale. Woburn Auto Parts, 240 Mishawum Rd., Woburn, 933-7250. Mass. Dealer's License No. 827. AM13x

DO YOU WANT an economical car needing minor body repair? 1977 Fiat 128 w/40,000 mi. \$1200. as is. 658-6275. Steve. A1H

USED CARS WANTED - We also sell quality used auto parts. Tested and guaranteed. Aberjona Auto Parts Inc. 278-280 Salem St., Woburn 933-4440. Mass. Lic. No. 2605. Quality Our Goal. Satisfaction Our Reward. AM10x

TRUCK FOR SALE
1972 FORD F500 dump truck, low mileage on rebuilt engine, Hi-Low rear axle. Excel. cond. inside & out. \$5,000. FIRM. Call Glenn 944-1005, Steve 942-0176, anytime.

'72 CHEV. CAPRICE, 4 door, hardtop, only 72,000 mi., 2nd owner, 8 cyl., PS, PB, good tires, good running cond., \$700. Call 933-6037 after 6:30. A4-20

Cars \$100! Trucks \$75! AVAILABLE AT LOCAL gov't. sales. Call (refundable) 312-931-5337 Ext. 1067B for your directory on how to purchase. A4-22

1979 DATSUN 280ZX, black, 5 spd., air, all options, reg. gas. \$7500. Call Dean at 935-1927. A4-30

1979 SUBARU DL, 4 wd, 33,000 miles, AM-FM cassette syst., roof rack, takes regular gas. \$4500 firm. Call Steve 273-4639. A4-22

'71 DODGE CHALLENGER white decr. blue stripe, needs little work. Firm \$600. 938-0908 or 334-3404. A4-20C

50 USED CARS for sale or lease. Chevettes, Citations, Plymouth Reliants, Chevy Cavaliers, Malibus, & one 15 passenger Van. Call Mr. Rent-A-Car. 935-7768. AM5-13

VOLVO Sta wagon 1976. \$4450. Also 1970 Mercedes 250, 4 door, sunroof, exc. condition. \$7400. 438-0617. A5-12

WANTED location with used car license. Call 774-7489. A4-20N

1974 LEMANS sport 350, 4 bbl., new dual exhaust, 90K mi. runs exc., bucket seats, auto. on floor, AM-FM stereo cassette, new susp., rally wheels w/radials \$1200 or BO. 935-0059. A4-20

1975 DODGE CHARGER, Good mechanical cond. Needs some body work. \$1200 or BO. Call 862-3006 days: 935-5282 eves. A4-22

74 PONTIAC VENTURA, 8 cyl., 350 cu. Nds. work. \$700 or BO. 933-1084. A4-20

1973 MALIBU am-fm stereo, air, cond. \$500. or B.O. Call after 6. 438-4473. A4-22C

AUTOMOTIVE

VOLKSWAGON RABBIT
1974 4 dr. hatchback, 4 speed, am fm radio, radial tires. \$1695. 942-0068; 9-5, 944-4750 ext. 48. A4-22C

1974 PEUGEOT 504, gas, 4 dr., auto., exc. cond. \$1600. 944-6994. A4-20C

1975 PINTO wagon Squire, 4 spd, 4 cyl. Call 935-3560, Chuck. A4-21

1973 DUSTER, 6 cyl. Auto., disc brakes. Dents all over; but runs great. \$675. Call 935-6558. A4-21

IS IT TRUE you can buy jeeps for \$44 through the U.S. Government? Get the facts today! Call (312) 742-1142, Ext. 5864. A4-30

1973 CHEVY Monte Carlo, new brakes, runs, needs some work. \$400 or BO. Call 933-3816. A5-12

1975 MONTE CARLO, good cond., factory sport rims, must see. \$2300. Call 933-4013 or 864-4443. A4-22

78 HONDA WAGON Blue, very dependable. Brand new engine. 4 dr. semi-auto. One owner. Excel. cond. Asking \$3450. 729-6268, Roanne. A4-22C

1980 CAPRICE CLASSIC, 4 dr., gold, V-8, elec. seats and windows, AM/FM, air cond., radials, 40K mi. Gd. cond. \$6,100 or BO. Bryan 933-9236. A4-20

1972 TRIUMPH SPIT-FIRE, Completely restored, 45K orig. mi., new top and paint, \$2500. or BO. 667-8036. A4-20

1978 BUICK OPEL \$1800 or B.O. Call evenings. 944-2478. A4-21C

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